# Public Health, Nutrition Option

## FIRST YEAR

**FALL**
- PH 101 Health & Wellness
- INPH 175 Essentials of Nutrition Science
- INCHEM 103 Fundamentals of Chemistry
- ITW*

**SPRING**
- BIO 230 Human Anatomy & Physiology I
- IHCOMM 171 Public Speaking
- ISPH 285 Health in Society
- PH 225 Nutrition Profession (2 cr.)
- PH 245 Introduction to Research Methods

**SUMMER 1 (online)**
- IMATH 141 Introductory Statistics (meets QL* requirement)
- ISP*
- ISP

## SECOND YEAR

**FALL**
- BIO 332 Human Anatomy & Physiology II
- PH 216 Food Culture and Community Nutrition
- PH 240 Microbiology for Health Professionals
- PH 310 Food Science**

**SPRING**
- CHEM 220 Fundamentals of Organic Chemistry
- PH 215 Nutrition Science and Application
- PH 360 Physical Activity and Health
- PH 385 Behavior Change**

**SUMMER 2**
- PH 380 Addiction: Theory, Practice and Research
- ISP 300 or 400 level
- ISP 300 or 400 level

## THIRD YEAR

**FALL**
- PH 318 Nutrition throughout the Lifespan
- PH 414 Medical Nutrition Therapy I (2 cr.)**
- PH 415 Nutritional Biochemistry
- PH 473 Practicum: Nutrition**

**SPRING**
- PH 416 Medical Nutrition Therapy II
- PH 313 Food Service Management
- PH 485 Health Promotion Practice
- PH 494 Public Health Capstone

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**Course will need to be taken out of sequence or concurrently with prerequisite; instructor signature required to register.**

- Visit the website for information on admission to the major: [https://www.keene.edu/catalog/programs/detail/public-health-bs/](https://www.keene.edu/catalog/programs/detail/public-health-bs/)
- Courses required for the major are in **bold type**
- Courses in bold type starting with “I” may satisfy both ISP (see below) and major requirements
- Courses are 4 credits unless otherwise noted
- 120 credits required for degree, 40 credits at the 300 or 400 level

**ISP = Integrative Studies Program**

- 40 credits of ISP courses are required.
- 2 ISP courses must be at the 300 or 400 level.
- In order for courses to count for ISP requirements, all Perspectives courses (IH, IN, IA, IS) must be taken in different departments.

**Take one course in each of the following areas:**
- ITW (Integrative Thinking and Writing)
- IQL (Integrative Quantitative Literacy – IQL or approved other)
- IH (Humanities)
- IN (Natural Science)
- IA (Fine and Performing Arts)
- IS (Social Science)
- II (Interdisciplinary)

**Students must also take:**
- 1 additional IH or IA
- 1 additional IN or IS
- 1 additional ISP (IH, IN, IA, IS, or II)