


# Public Health, Nutrition Option

<b>1</b>		
<b>FIRST YEAR</b>		
<b>FALL</b> <b>PH 101 Health &amp; Wellness</b> <b>INPH 175 Essentials of Nutrition Science</b> <b>INCHEM 103 Fundamentals of Chemistry</b> ITW*	<b>SPRING</b> <b>BIO 230 Human Anatomy &amp; Physiology I</b> <b>IHCOMM 171 Public Speaking</b> <b>ISPH 285 Health in Society</b> <b>PH 225 Nutrition Profession (2 cr.)</b> <b>PH 245 Introduction to Research Methods</b>	<b>SUMMER 1 (online)</b> <b>IMATH 141 Introductory Statistics (meets QL* requirement)</b> ISP* ISP
<b>2</b>		
<b>SECOND YEAR</b>		
<b>FALL</b> <b>BIO 332 Human Anatomy &amp; Physiology II</b> <b>PH 216 Food Culture and Community Nutrition</b> <b>PH 240 Microbiology for Health Professionals</b> <b>PH 310 Food Science**</b>	<b>SPRING</b> <b>CHEM 220 Fundamentals of Organic Chemistry</b> <b>PH 215 Nutrition Science and Application</b> <b>PH 360 Physical Activity and Health</b> <b>PH 385 Behavior Change**</b>	<b>SUMMER 2</b> <b>PH 380 Addiction: Theory, Practice and Research</b> ISP 300 or 400 level ISP 300 or 400 level
<b>3</b>		
<b>THIRD YEAR</b>		
<b>FALL</b> <b>PH 318 Nutrition throughout the Lifespan</b> <b>PH 414 Medical Nutrition Therapy I (2 cr.)**</b> <b>PH 415 Nutritional Biochemistry</b> <b>PH 473 Practicum: Nutrition**</b>	<b>SPRING</b> <b>PH 416 Medical Nutrition Therapy II</b> <b>PH 313 Food Service Management</b> <b>PH 485 Health Promotion Practice</b> <b>PH 494 Public Health Capstone</b>	

\*\*Course will need to be taken out of sequence or concurrently with prerequisite; instructor signature required to register.

- Visit the website for information on admission to the major: <https://www.keene.edu/catalog/programs/detail/public-health-bs/>
- Courses required for the major are in **bold type**
- Courses in bold type starting with "I" may satisfy both ISP (see below) and major requirements
- Courses are 4 credits unless otherwise noted
- 120 credits required for degree, 40 credits at the 300 or 400 level

**\*ISP = Integrative Studies Program**

- 40 credits of ISP courses are required.
- 2 ISP courses must be at the 300 or 400 level.
- In order for courses to count for ISP requirements, all Perspectives courses (IH, IN, IA, IS) must be taken in different departments.

**Take one course in each of the following areas:**

ITW (Integrative Thinking and Writing)  
 IQL (Integrative Quantitative Literacy – IQL or approved other)  
 IH (Humanities)  
 IN (Natural Science)  
 IA (Fine and Performing Arts)  
 IS (Social Science)  
 II (Interdisciplinary)

**Students must also take:**

1 additional IH or IA  
 1 additional IN or IS  
 1 additional ISP (IH, IN, IA, IS, or II)