DEGREE IN THREE

Public Health, Nutrition Option

FIRST YEAR

1

FALL
PH 101 Health & Wellness
INPH 175 Essentials of Nutrition Science
INCHEM 103 Fundamentals of Chemistry
ITW*

SPRING
BIO 230 Human Anatomy & Physiology I
PH 245 Introduction to Research Methods
PH 216 Food Culture and Community Nutrition
PH 225 Nutrition Profession (2 cr.)
MATH 141 Introductory Statistics (meets QL* requirement)

SUMMER 1 (online)
ISPH 285 Health in Society
ISP*
ISP

SECOND YEAR

2

FALL
BIO 332 Human Anatomy & Physiology II
PH 240 Microbiology
PH 310 Food Science
IHCOMM 171 Public Speaking

SPRING
CHEM 220 Fundamentals of Organic Chemistry
PH 215 Nutrition Science and Application
PH 360 Physical Activity and Health
PH 313 Food Service Management

SUMMER 2
PH 380 Addiction: Theory, Practice and Research
ISP 300 or 400 level
ISP 300 or 400 level

THIRD YEAR

3

FALL
PH 414 Medical Nutrition Therapy I (2 cr.)
PH 385 Behavior Change
PH 415 Nutritional Biochemistry
PH 318 Nutrition throughout the Lifespan

SPRING
PH 473 Practicum: Nutrition
PH 485 Health Promotion Practice
PH 494 or PH 495 Public Health Capstone
PH 416 Medical Nutrition Therapy II

- Visit the website for information on admission to the major: keene.edu/catalog/programs/detail/public-health-bs/
- Courses required for the major are in **bold type**
- Courses in bold type starting with "I" may satisfy both ISP (see below) and major requirements
- Courses are 4 credits unless otherwise noted
- 120 credits required for degree, 40 credits at the 300 or 400 level

*ISP = Integrative Studies Program
- 40 credits of ISP courses are required.
- 2 ISP courses must be at the 300 or 400 level.
- In order for courses to count for ISP requirements, all Perspectives courses (IH, IN, IA, IS) must be taken in different subjects.

Take one course in each of the following areas:
ITW (Integrative Thinking and Writing)
QL (Quantitative Literacy – IQL or approved other)
IH (Humanities)
IN (Natural Science)
IA (Fine and Performing Arts)
IS (Social Science)
II (Interdisciplinary)

Students must also take:
1 additional IH or IA
1 additional IN or IS
1 additional ISP (IH, IN, IA, IS, or II)

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