## Degree in Three: Public Health, Addiction and Pre-Professional Mental Health Specialization

### First Year

**Fall**
- INCHEM 103 Chemistry
- ITW*
- PH 101 Health and Wellness
- ISPSYC 101 General Psychology

**Spring**
- MATH 141 Statistics (Meets QL* requirement)
- IHCOMM 171 Public Speaking
- PH 245 Introduction to Research Methods
- PH 185 Introduction to Addiction and Mental Health (2 credits)

**Summer 1 (online)**
- INPH 175 Essentials of Nutrition Science
- ISP*
- ISPH 285 Health in Society

### Second Year

**Fall**
- BIO 230 Human Anatomy & Physiology I
- PH 200 AOD: Fundamentals
- ISP
- PSYC 242 Personality

**Spring**
- PH 382 Introduction to Counseling
- PSYC 253 Brain & Behavior
- BIO 332 Human Anatomy & Physiology II
- ISPSYC 312 Lifespan Psychology

**Summer 2**
- Elective
- PH 380 Addiction: Theory, Practice and Research
- ISP 300 or 400 level

### Third Year

**Fall**
- PH 385 Behavior Change
- PH 360 Physical Activity & Health
- PH 491 Addiction Treatment Issues
- PSYC 345 Abnormal Psychology
- Elective (2 credits)

**Spring**
- PH 492 Internship: Addiction & Pre-Prof Mental Health
- PH 485 Health Promotion Practice
- PH 494 Capstone or PH 495
- PH 493 Co-Occurring Disorders

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*Visit the website for information on admission to the major: keene.edu/catalog/programs/detail/public-health-bs/
*Courses required for the major are in **bold type**
*Courses in bold type starting with “I” may satisfy both ISP (see below) and major requirements
*Courses are 4 credits unless otherwise noted
*120 credits required for degree, 40 credits at the 300 or 400 level

**ISP = Integrative Studies Program**
- 40 credits of ISP courses are required.
- 2 ISP courses must be at the 300 or 400 level.
- In order for courses to count for ISP requirements, all Perspectives courses (IH, IN, IA, IS) must be taken in different subjects.

**Take one course in each of the following areas:**
- ITW (Integrative Thinking and Writing)
- QL (Quantitative Literacy – IQL or approved other)
- IH (Humanities)
- IN (Natural Science)
- IA (Fine and Performing Arts)
- IS (Social Science)
- II (Interdisciplinary)

**Students must also take:**
- 1 additional IH or IA
- 1 additional IN or IS
- 1 additional ISP (IH, IN, IA, IS, or II)