**THE WORK ISSUE:**
Singer-songwriter Charlie King is known for a folk song with the refrain “Our life is more than our work, and our work is more than our job.” That’s a great nutshell description of what many people who pursue liberal arts education are seeking: careers that are rich in meaning interwoven with family and other pursuits. This issue of *Keene State Today* takes a look at the concept of work and features KSC students who are preparing for careers, alumni and their varied work lives, faculty and staff who do research or advise students on the topic, and more.

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*Alumni News; In Memoriam*

**On the Cover:** Cultivating work. Design by Tim Thrasher

**Inside Cover:** At work in the SPDI lab: Jay Borden ’14 operates a lathe. Photo by Will Wrobel ’11

**Online Only:** Visit keene.edu/mag for special online-only content, including job fair photos, alumni snapshots, and links to further reading.
The Keene State College community gathered April 4, 2014, for the inauguration of the College’s 10th president, Dr. Anne E. Huot. Students, faculty, staff, University System of New Hampshire trustees, representatives of colleges and universities as far away as Hawaii, dignitaries including KSC’s ninth president, Helen Giles-Gee, and eighth president, Stanley Yarosewick, and members of Dr. Huot’s family enjoyed a robed processional, greetings from the various College constituencies, receptions – one featuring a flash mob of dancing students in the L. P. Young Student Center – and a dinner.

The event was scheduled to coincide with the weekend of the annual Academic Excellence Conference, which highlights student research and creative work – a fitting juxtaposition for a president who continually reminds us that “it’s all about the students.”

To members of the community, the faculty and staff, the alumni, and the friends of KSC, thank you for being here today and your support going forward. Your engagement is vital to our success. And to the many students in the audience, it really is all about you and our collective role in providing you with a transformational educational environment that prepares you for a lifetime of professional opportunities and engaged citizenship.

– Anne E. Huot

Above, from left, Todd Leach, USNH chancellor, and Helen Giles-Gee, Keene State’s ninth president; a flash mob of dancing students; Johanna DeBari and Anne E. Huot.
An Opportunity for Service

From Dr. Anne E. Huot, President, Keene State College

Work, as the focus of this magazine, has given me pause to reflect not only on my own journey that led to the role as president of Keene State College, but also to consider the concept of service and the many ways it defines and deepens the connection that we make to our work.

As a first generation college student, the role that faculty mentors played for me was critical to the success that I have had throughout my college experience and my career. In my recent inaugural address, I described at length one of these mentors, Dr. René C. Lachapelle, and the profound impact that his dedication to his profession played on the trajectory of his students. And while I knew I could never repay him for his gift to me, through my work and my service to higher education, I can pay it forward, confident that the lives of so many students will be positively touched by the work that is before my colleagues and me.

“Qualities such as compassion and humanity – service by any other name – provide a dimension to our work that is personally rewarding and beneficial to the whole of society.”

Alumni are excellent examples of how they have incorporated service into their careers.

Also in my inaugural address, I discussed the concept of shared stewardship as a pursuit that is worthy of all those associated with Keene State College. Simply defined, shared stewardship requires us to manage and preserve something that is entrusted to us but not owned by us. It calls upon us to demonstrate deeper levels of collaboration, responsibility, and trust. There is no question, this is work, but it is work that pays the highest return on our investment in our students, offers the greatest rewards for an educated and motivated workforce, ensures the continuation of a robust society, and delivers personal satisfaction that cannot be measured.

A subtlety of shared stewardship that is important to mention is that it presupposes that the entity being governed is worth caring for. I cannot imagine anything more worthy of our care than Keene State College and the students who have chosen to share their aspirations with us. Whether it is the pride that is demonstrated by our alumni and parents, the excellence of our faculty and staff, or the collaboration of our community and business partners, Keene State College is deserving of the work that each of us contributes to this shared vision. As I said to our community in my inaugural address, “I am all in.” And I invite you to join me in this work.

Warmest regards,

Anne E. Huot

(For the full text of President Huot’s inaugural remarks, please visit www.keene.edu/mag.)
All in a Life’s Work

How do we define “work”? Pretty broadly, it turns out. Many of us, particularly college graduates, see our jobs as fluid components of our lives rather than as something separate from what we do at home and in the community. The word “work” refers to what we do “for a living” but also what we do to keep other aspects of living running smoothly — in other words, it encompasses housework, childrearing, avocations, community involvement, and more.

“I don’t tie work to compensation,” says Rich Grogan, regional manager for the New Hampshire Small Business Development Center, which is housed on the KSC campus. “I see it as a suite of tasks that we do over the days and over our lives that accumulates into something.”

Work, says Grogan, produces a favorable outcome. The upshot of housework is a tidy and welcoming home. The work that goes into relationships fosters functioning, engaged partnerships and friendships. The work that we do for money produces, well, money — a means of financial support for ourselves and our families. It may also produce a product of some kind, or a service, or a sense of having accomplished something meaningful.

For those lucky enough to have jobs that fulfill a personal ambition, are prestigious, high profile, or contribute greatly to society, paid work is increasingly tied to identity. “I think an extended definition of work is definitely called for today,” says Emily Porschitz, assistant professor of management at Keene State. “It’s not just what we’re getting paid for. We’re expected to embody our work and our careers in a way that we’ve never been asked to before.”

That’s partly because social systems have shifted, she says. Porschitz, whose research interests include early careers, young professionals, and public/private partnerships, defines work this way: “Work consists of the activities we do in order to get paid, as well as what we do to contribute to the well-being of our society and our families. We live in a time of migration, when many people settle in places distant from where they were born. Our work, rather than our family history, is now the primary lens through which society judges us. This opens extraordinary doors for those of us who get to choose their work — but many are not so lucky.”

And then there are those whose passions are seldom lucrative but who choose to pursue them, either in their spare time or by scaling back on creature comforts. When artists talk about their work, they mean both the process of creating a painting or sculpture and the painting or sculpture itself. Whether they support themselves through an academic or other job, or even through selling their creations, may be irrelevant.

“Your job is something you do to get paid because you need the money to do something else,” says Maureen Ahern, director of Keene State’s Thorne-Sagendorph Art Gallery and a visual artist. “Your passion is something you do because it’s how you want to live.”

Mixing the two, Ahern notes, may be good for the artist but not so good for the art: artists dependent on the marketplace can be tempted to create work they know will sell rather than take risks.

Her definition of work? “It’s what I do with my life, what consumes my life, how I share things with others.”
Lee Germeroth’s last semester at Keene State has been a busy one, but he’s been spared the anxiety of searching for work. He has a full-time social media marketing job awaiting him after graduation. “It’s really great to be in that position right now,” says Germeroth ’14, who was offered the job at Paragon Digital Marketing in Keene six weeks after beginning an internship there in January.

In the workplace experience category, Germeroth already has his own part-time business doing wedding, engagement, and portrait photography – and has promoted that work through social media. He sought out an internship for his final semester to add to that experience. Germeroth’s photography website falls into the Internet category, as does the fact that he learned about the internship at Paragon through an email compilation of opportunities available for Keene State students. In the networking category, the management major has worked hard in his classes, impressing his professors – three of whom supplied references for the internship, and one of whom has worked with Paragon’s owner through various local business organizations.

It’s the kind of approach advocated by job search professionals. “We’re always working with students on skill development,” says Pat Halloran, director of Academic and Career Advising at the College. “With everything you do, you’re building skills that will add to your marketability. It doesn’t stop in college.” Halloran and the career advisors on her staff highlight the importance of networking for today’s job seekers. They recommend joining professional organizations for making in-person connections, and using social media – specifically those like LinkedIn that focus on professional opportunities – for online connections.

Anthony Munoz ’14, a student who found himself still looking for a job halfway through the spring semester of his senior year, has taken advantage of the offerings at the Academic and Career Advising Office. Before attending an on-campus job fair, he went to a workshop led by Keene State career advisor Beverly Behrmann, who introduced him to the job-searching resources available on the College website.

Munoz, with a major in communication and minors in writing and film, hopes to land an entry-level editorial job. His go-to website is Indeed.com, a search engine that aggregates job postings. By late March, he’d applied for about a dozen jobs located within an hour’s drive of his hometown of Plaistow, New Hampshire.

Like Germeroth, Munoz has been building his skills and his resume during his college career, with jobs at Keene State’s Writing Center and student newspaper The Equinox along with an internship in the Marketing and Communications Office.

“‘Our work, rather than our family history, is now the primary lens through which society judges us.’”

– Emily Porschitz
On the surface it sounds like a dumb question. Work matters because we need money to pay the mortgage. We need something to do to fill our days. We need to feel that we’re doing something useful, or valiant, or important. Not to mention that stuff just plain needs to get done. The trash needs to be collected, the students taught, the patients cured, the next generation iPhone developed.

But even that list of tasks suggests the complexity of the question.

“The work – or multiple works – we each perform is meaningful for the collective well-being of the society in which we live,” notes sociologist Joanne Cepelak, the partner of KSC President Anne E. Huot and faculty emerita, State University of New York. “As the saying goes, ‘Somebody’s got to do it,’ and, depending on whether the work is desirable or undesirable, society will find a way to attract people to or distract people from the work.”

And while people in jobs that are low in prestige and low in personal investment may find satisfaction in providing for themselves and their families, they don’t acquire a sense of meaning from what they do, she notes. That sense can come from jobs that are skilled and require a high degree of personal investment. “There are certain fields where you say: This is what I love to do. I’m good at it, it makes me feel good about myself, and other people recognize that what I do is good,” says Cepelak.

Anthony Scioli, professor of psychology at Keene State, offers some insight into work from the perspective of hope – which is defined in a book he co-wrote, Hope in the Age of Anxiety, as “not merely a process by which you arrive at a destination” but “a way of being in the world.” We all want our basic needs met, we want connection with other people, and we want a sense of mastery – which many of us can gain through our work. Striving to fulfill these hopes can bring individuals a more meaningful way of being in the world.

Dividing workers into the two poles of those who work to live and those who live to work sets up a false dichotomy, Scioli notes.

“In reality,” he says, “most people lie somewhere along a continuum where, at one end, we find workers at a job that provides a ‘living wage’ and not much more, and at the other end career professionals who are living their dream.”

Even low-prestige work can meet hopes for mastery and spiritual fulfillment, though the hopes stem from the individual and not the nature of the work, or from the fact that a paying job frees one up to pursue larger goals. “The challenge is to link work with higher goals that may out of necessity be far removed from the actual job environment,” says Scioli, who quotes Martin Luther King Jr.: “If a man is called to be a street sweeper, he should sweep streets even as Michelangelo painted, or Beethoven played music, or Shakespeare wrote poetry.”

Work matters in a variety of ways and on a variety of levels, both in terms of people finding meaning in their lives and in terms of the functioning of individuals, family units, communities, and societies. Most people who go to college do so, at least in part, because they want careers – and lives – that are engaging, challenging, and ultimately worthwhile.

Cepelak, whose career in education has included teaching and counseling at primary, secondary, and higher education levels, encourages students to follow their passion rather than aim just for the money. “Do you really want to get up every day and hate what you’re going to do?”

People with professional careers, those on the “live to work” end of the continuum, may find many of their hopes for mastery fulfilled via the challenges, rewards, and empowerment gained through their work life. They can find spiritual assurance if they feel their work or the work of their employer will be long lasting, or if they feel deeply connected to the values and mission of the organization that employs them.

“Do you really want to get up every day and hate what you’re going to do?”

– Joanne Cepelak

Gathering Stories

A quick bit of job-search advice from Emily Porschitz of the Management Department: collect stories and learn to tell them well. The course project in which you led your group to the only A in the class. The restaurant job that taught you to pick up subtle signals from customers. The story behind the story should say: I am hard working. I am capable. I am curious. I like to learn. The stories don’t have to be big and grand, Porschitz told sophomores at an on-campus career seminar. “But they have to be true and they have to be good.”
It's not your grandfather's work world. It's not your father's, either, and it certainly isn't your mother's. Gone are the days when workers joined a company when they graduated from college and left when it was time to collect a gold watch. Gone are the days when worker loyalty was rewarded with retirement pensions.

Professional middle-class families can no longer count on getting by on one salary. Women are no longer automatically shuffled into so-called "feminine" occupations, though the distinctions between men's work and women's work still linger. Men are now expected to take on at least some of the household chores, if rarely an equal 50 percent. Many professionals are expected to maintain an online connection to the office during their off hours and vacations.

What's the upshot for workers?

"In some ways, tasks for living and planning have been pushed more and more onto individuals," says the Small Business Development Center's Rich Grogan, who has a PhD in organizational sustainability. "We used to have a robust pension system for people. Your retirement was all taken care of. In the same way, your work boundaries used to be taken care of for you. If you left the office at 5:30 at night, that was it. There was no way to communicate after hours. We have to self-describe these boundaries now, and that's very difficult for people, because there are blurred expectations."

Emily Porschitz of the Management Department concurs. "We have a lot more expectations on people in general but also young people to do it on their own, to figure it out for themselves, to self-manage. The culture, the discourse, is you've got to do this on your own. You have to take charge of it. And if people aren't doing well, we tend to find fault with them as a person." While companies and corporations once routinely provided career development and mentorships, workers now have to do that themselves, often through professional organizations and networks that they join outside of their work organization.

Meg Henning, assistant professor of Health Science, recently led a seminar on campus, along with two colleagues, on the topic of work-life balance. Things aren't necessarily more unbalanced now than they were a decade or two ago, she says, but there's been a shift, with work life spilling more into home life. It's not all bad news, she notes: checking in with the office via email in the evening may be the trade-off for leaving early to catch your child's basketball game.

What's a good balance?

"That's a personal question," she says – and the answer can change throughout a person's working life. A young, single person may not only be willing to work extra-long hours, he or she may seek out a collegial environment with co-workers who hang out together after work. Someone with a new family is likely to want more "home" time, whether that means some telecommuting or just fewer work hours in general.

Baby Boomers have changed jobs about 10 times during their work lives, while Millennials are expected to change jobs 20 times.

What's important, she notes, is self-management. Be in charge of the technology, and not vice-versa. "Increased demands in technology, increased demands in how quickly work needs to happen – that's been a big shift," she says. "It means becoming captain of your own ship. You can't expect other people to steer you, so really learn how to effectively use the spaces in your life – the virtual spaces, the resources, your time."
When you leave here, you’re going to be prepared for a myriad of professional careers that you haven’t even imagined yet.”

Keene State President Anne E. Huot, in a January address to faculty and staff, effectively summed up what a liberal arts education does for students: gets them ready not just for their first and second post-college jobs but for their second, third, and fourth careers.

Higher education has been under a microscope lately, with its value increasingly correlated to job-placement and salaries of recent graduates. Given the weak job market and soaring amounts of student debt, it’s no surprise that young people are being urged to prepare for careers that often offer higher starting salaries – the kind Keene State’s School of Professional and Graduate Studies qualifies students for in fields like nursing, education, and safety – rather than major in the social sciences or humanities.

But a recent study by the Association of American Colleges and Universities, based on United States Census data, indicates that salary discrepancies between these two groups even out over the course of a career.

The best news for Keene State students and alumni is that, while some jobs obviously require specific skillsets and training, almost all employers are looking for the kinds of skills acquired through the broad range of courses required of KSC students, whether they’re planning to be architects or social workers.

Call them soft skills or call them essential skills, as the staff at the College’s Academic and Career Advising Office does, the ability to think critically, to communicate well, and to assess a situation will stand individuals in good stead regardless of their particular career paths.

“What are the skills that our students have the opportunity to build at Keene State,” says Pat Halloran of Academic and Career Advising. “Talk about transferrable!”

All those essential skills add up to something larger, notes the Small Business Development Center’s Rich Grogan. “I went to a liberal arts college, and the greatest thing I got from that experience was the knowledge and ability to educate myself going forward. I know how to dive into a topic, learn something on my own, summarize it, and connect it into whatever else I’m doing. And I’m able to see intersections between different topics and find innovation at those nexus points,” he says.

What Grogan hears from employers with job openings is “We will train you, but we need people who are competent, who know how to work, who are motivated and driven’ – all those kinds of things that you get from a liberal arts background, where you’re forced to work hard and you’re forced to think in different ways.”

Finding Work-Life Balance

Studies have shown that a healthy work/life balance is key to long-term happiness – and to productivity. How do we achieve it? Here are a few ideas from Meg Henning:

Take an audit of how you spend your time and how you would like to spend your time, then consider how to re-align the wants and needs.

Determine which hours of the day are most productive for you, and schedule tasks that require the most concentration for those hours.

Don’t multi-task. It usually increases stress rather than output.

Set aside a time of day to answer emails rather than dealing with them as they come in, and use your mail server’s options to prioritize them.

Block out time on your schedule for exercise.

That should bring hope for today’s young people, who face both the excitement and the uncertainty of a future that could hold any number of careers – including, as President Huot noted, ones they haven’t even imagined.

– Rich Grogan

– Jane Eklund
You need skilled workers to attract business, but it takes more than just fulfilling jobs to attract – and keep – skilled workers.

Research has been plentiful on the early careers of today’s young adults, but most of it has focused on that generation’s passions, wants, and expectations when graduating from college to career. “There wasn’t a lot that was looking at what the social structures are surrounding that transition,” notes Emily Porschitz, an assistant professor of management who studies early careers, young professionals, and public/private institutional partnerships.

So Porschitz was happy for the opportunity to document, from its inception, the 55% Initiative, a project of the University System of New Hampshire established in 2007 to market New Hampshire to college students and young professionals as a state that offers not just leading-edge jobs but a lifestyle that appeals to single 20-somethings. The initiative’s name came from its goal: to increase from 50 percent to 55 percent the number of New Hampshire college graduates, including those who came here from other places, who stay in the state.

Porschitz is interested in the ways businesses, the university system, and state government work to keep young people in New Hampshire. “New Hampshire really is very supportive of entrepreneurship and new business generation, but that requires having potential employees here for business owners to hire, and young professionals, people who are just out of college, is a great pool of potential employees,” she says.

The 55% Initiative was aimed not just at promoting the kinds of jobs that might draw young professionals, but also at touting the state’s many social, recreational, and cultural offerings.

Did it work?

“It’s a hard thing to collect data on,” says Porschitz, but, she adds, “I know the discussion has changed. There’s a lot more interest in young professionals; there’s a lot more talk about it.”

In 2009, the work of the 55% Initiative was taken up by Stay Work Play NH, an independent nonprofit that connects young people across the state through social media, networking, professional organizations, and a website that offers a blog, job listings, and an events calendar. The organization has an active Facebook page, sponsors the annual Rising Stars Awards that honor young professionals and the companies where they work, and encourages employers to sign on to the Stay Work Play Challenge Grant, which offsets $8,000 in student loan payments for recent hires who are New Hampshire graduates.

Stay Work Play, says Porschitz, is designed to “promote the lifestyle here and promote interesting businesses that young people are going to be interested in working for, where there are jobs – and hopefully interesting jobs, at that. There’s just a lot more discourse about the issue now in the state.”

Learn more online: For links to StayWorkPlayNH, visit keene.edu/mag.

Stay Work Play and Keene State

“We’re trying to promote what makes New Hampshire great,” says Kate Luczko, executive director of Stay Work Play.

The organization’s staff connects with the College in various ways, including attending job and internship fairs on campus, networking with the Academic and Career Advising Office, and bringing together career advisors from Keene State and other New Hampshire colleges to share information.

Stay Work Play’s plans include hosting an internship seminar to bring together staff from colleges and universities with employers to break down barriers and address concerns, Luczko says, and a newly hired program coordinator is tasked with focusing on higher education.

The idea of Stay Work Play isn’t to keep everyone in New Hampshire, says Luczko – some young people will want a different experience. But, she notes, the organization’s job is to make recent grads aware that if they do stay in the state after college, they’ll be able to find good jobs, other young people to connect with, and plenty of recreational, cultural, and civic opportunities.
Helping Make a Business of Writing Letters

The Small Business Institute (SBI), a seminar course in the Management Department, provides a field-based opportunity for students to work in teams as consultants to local small businesses. Senior management students assist companies with specific needs, including business planning and development, market research, competition analysis, financial management, production, and human resources management. Addie Howard writes about an SBI project that earned her team a national award:

During the spring semester of 2013, I was part of a team with two other young women working with FromABirdie (fromabirdie.com), an Amherst, Massachusetts-based online service that facilitates letter writing. We evaluated FromABirdie from a marketing perspective, analyzing the business and the opportunities to increase awareness of the website, and also came up with a pricing strategy because FromABirdie was a free service at the time.

FromABirdie was an interesting company for us to work with, as it merges the low-tech art of thoughtful letter writing with the convenience of an online platform. We spent considerable time analyzing competitors who offered a similar service and got ideas for creating revenue for FromABirdie. Not only did we conduct an analysis of the current website and come up with recommendations to make it more successful, but we also gained the experience of putting together a potential marketing plan to reach new customers.

We began the project by analyzing the external environment; in other words, we researched potential opportunities and threats for FromABirdie in the contexts of technology, demand, and competition. Next, we looked into these opportunities and threats and created recommendations for FromABirdie to improve its business – including a pricing strategy based on a free try-out and a virtual “coin” system, and a promotion strategy that suggests advertising in the national PTA journal.

SBI is part of a national program that features annual conferences and awards. In 2013, Keene State entered two competitions and won both. In 2014, my team finished second in the Specialized Case competition.

I have enjoyed the experience that SBI has provided for me and have learned much from this program. It has helped me understand the way small businesses operate and create new opportunities for revenue. I have also learned about marketing and research methods, as well as how to think beyond the horizon in helping a business. I’ve especially enjoyed my SBI work with start-ups – it’s terrific seeing how they actually take our recommendations and use them to make their companies grow.

– Addie Howard ’14

Learn more online about the team’s national award.
Career Advising for Life

Career in flux? Got the unemployment blues?

Want to change course professionally, but don’t know which direction to take?

Your alma mater can help.

“One of our mottos is that we offer career advising for life,” says Pat Halloran, director of Academic and Career Advising at Keene State. In other words, alumni of the College are welcome to avail themselves of the services offered by Halloran and her able staff.

Often, alumni start with a one-hour, one-on-one appointment, in person or by phone, with a career advisor at the Career Resource Center. “There’s a conversation,” says Halloran. “There’s a discussion about the job the graduate has been doing, and his or her ideas for where they want to go.” The counselor can help explore career and job options, look at transferrable skills, and share various strategies for successful job hunting.

Others may begin at keene.edu, where Career Advising offers a number of resources for job-seekers as well as for people who are considering returning to school for an advanced degree. Check out the website for job listings, resume and cover-letter advice and samples, a guide to doing job and informational interviews, career exploration tools, job search strategies, and links to resources in individual fields. (If you come for a one-on-one appointment, you’ll get a run-down on how to make the most of the website’s offerings.)

Alumni are also welcome to attend many of the on-campus events that Academic and Career Advising hosts, including a twice-yearly job and internship fair that brings dozens of employers to campus. Campus career-related events are posted on the website, as are events happening in the region. The department is working to bring new job-posting software online; one of its components is a mentoring platform that will pair current students, young alumni, and any graduates interested in changing jobs or careers with alumni who are established in a field.

Contact the Academic and Career Advising Office at 603-358-2500 or ACA@keene.edu.

Access career resources online at keene.edu/mag.

Alumni Helping Alumni

Keene State’s Alumni Association Board Career Committee also offers career support to students and alumni. The committee works very closely with the Academic and Career Advising Office to offer additional resources throughout the school year. They are instrumental in offering resume reviews, mock interviews, and assistance at job fairs, as well as the KSC eMentoring Network.

To help or to get help, contact alumni@keene.edu.

To take part in Academic and Career Advising job fairs or to advertise a job on the JobWISE website, contact ACA@keene.edu.

What’s Your Ideal Job?

How do you identify the kind of work that will be enriching and meaningful for you? The folks at Keene State’s Academic and Career Advising Center suggest that you start by asking yourself a few questions:

- What do you value? What is important to you? What are you interested in?
- What were your favorite classes in school?
- What are you passionate about?
- If money were not an object, what would your dream job be?
- What are you good at?
- What do you enjoy doing? What do you like to do when you’re not at work?
- What gives you a sense of accomplishment?

The next steps: Go online to research careers that will satisfy your passions and interests and make use of your skills, then learn more about them through job shadowing, informational interviews, or volunteering.

Beverly Behrmann of Academic and Career Advising talks jobs with first-year student Caitlyn Bandy.
The state’s businesses and industries are growing. That’s terrific news. The workforce, however, is aging, and the skillset changing.

Those, say Daniel Henderson, are great problems for a New Hampshire college to help solve. As Keene State’s corporate relations officer, a position created in 2012, Henderson spends a lot of time talking with business leaders. The conversations, he says, almost invariably revolve around one question: Where are they going to hire the talent to keep their business thriving?

“We have a lot of students from New Hampshire,” Henderson notes, “and a lot of students who stay in New Hampshire after they finish college” – and will be looking for jobs. The College is fortunate to count many companies in the state as partners on specific projects and capital campaigns, and some faculty members regularly network with individual businesses. But Keene State hasn’t had formal and ongoing relationships with the companies that have jobs to offer.

Henderson, who came to KSC after a long career in the corporate world, is working to change that – one business at a time. He’s been bringing faculty members from various disciplines to visit businesses in fields ranging from technology to banking to biotech to filmmaking to automobile sales and more. The idea is to learn about what they do, find out what their needs are, and talk with them about KSC’s programs and curriculum.

Some of the positions these companies offer require specific skills acquired through a science or technology major, while others are open to graduates with degrees in the arts and humanities. But all of the business leaders put an emphasis on the so-called “soft skills” that form the basis of a liberal arts background, Henderson notes. “Basic skills like showing up for work on time. Drive, individual initiative. Ability to work in teams. Resourcefulness, problem solving, analytical skills, good oral and written communication skills, presentation skills – those are all really important things to have. And I think that’s one of the strengths of a liberal arts college – critical thinking.”

The connections that are being forged could lead to internship and co-op opportunities for students, curriculum developed in response to specific industry needs, more visibility for the College in the business and industry community, more workers for New Hampshire companies, and more jobs for Keene State graduates.

One recent success story: Henderson reached out last June to Hitchiner Manufacturing, a foundry that makes precision metal castings for automotive and aerospace applications. Since then, he’s brought faculty members to Hitchiner’s Milford, New Hampshire, plant, and senior managers from Hitchiner have come to the Keene State Campus to tour the Technology, Design, and Safety Center, learn about SPDI, the College’s Sustainable Product Design and Innovation program, and talk with students.

This winter, one of those students, senior Will Ferguson, accepted a position with the firm. After a year of training at Hitchiner’s research and development center, Ferguson will step into an engineering job at the company. And that, says Henderson, “is a home run” for everyone – Hitchiner, Keene State, and Ferguson.

Daniel Henderson can be reached at dhenderson@keene.edu or 603-358-2121.
Think of them as trial runs for a particular job or career. Internship opportunities abound for Keene State students, offering them a feel for a particular career path along with real-world experience for their resumes.

**Hayley Kenyon ’14:**

‘Building’ on Classroom Experience

After taking two construction management courses, architecture major Hayley Kenyon wanted to connect what she’d learned in the classroom to what happens on a job site. A faculty member lined her up with an internship with MacMillan Co., a Keene-based construction company that was building a new Cheshire County district courthouse near downtown Keene. Through the fall semester, Kenyon spent two mornings a week at the site, working alongside Rick Bushway, MacMillan’s project superintendent.

What did she learn? “There are often disconnects between what is shown on the architectural drawings and what needs to be built,” she says. “For example, there are Americans with Disabilities Act requirements for the toilet partitions that were identified in the subcontractor’s shop drawings, but they didn’t appear in the construction documents. Rick and I had to make sure the requirements were actually built and were reflected in the ‘as-built’ drawings.”

The internship was valuable, Kenyon adds: “Being on site twice a week greatly enhanced my classroom experience and really helped piece together a lot of my textbook learning.”

**Elizabeth Pockl ’14:**

Settling Refugees in a New Land

Elizabeth Pockl spent the summer interning at the International Institute of New England, a nonprofit that provides support to refugees and asylum seekers settling in Manchester and Nashua. She writes about her experiences.

There are people in your life who have a profound impact on your view of the world. Working with a family of newly arrived refugees from Kenya had this impact on my understanding of life.

I remember visiting them. The moment I would knock on the door, sounds of laughter and joy would pour out. Stepping into their house, I felt as if I had been transported to their home country. Smells of coconut, curry, and unknown spices filled the air.

As we went through the formalities of the home visit, conversations of new experiences and gratitude were expressed. Native foods were always present during these visits – I particularly remember a root vegetable dish called fufu – and the tastes and sounds of a happy family were more than enough for me to realize that no matter how unfortunate our lives may be, there is happiness in store for the future.

Being able to help the new arrivals build their new homes on a base of care and stability is one of the greatest experiences I have had. My internship helped me realize that I am passionate about other cultures, and I am passionate about helping people. My goal is to seek a career based on helping and providing for others.

– Elizabeth Pockl ’14

**Kian Stewart ’14:** Learning By Design

Kian Stewart hopes to find a job doing in-house graphic design. This spring, he interned with Keene State’s Marketing and Communications Office, an experience he writes about here.

This internship was my first experience with graphic design outside of the classroom, so I approached the opportunity with an open mind and excitement.

At Marketing and Communications, I worked with designers, writers, editors, photographers, faculty, and clients. Working with a team at this level has been eye opening. I am learning how many people are involved in the design practice, and to interact with people of different backgrounds. For example, I was assigned to design a poster for Diverse Voices, a speaker series on campus. I got content from a staff writer, communicated with a client through a file-sharing program, bounced ideas off a staff designer, and came up with a poster that met the College’s style guidelines.

The internship was a positive experience for me as a design undergrad. I look forward to taking the knowledge I have gathered and using it to pursue a career in graphic design.

– Kian Stewart ’14
Donations to Keene State College assist students in a variety of ways – including helping to provide them with on-the-job training they can access without leaving campus. The College’s new nursing lab, which offers a simulated hospital setting with mannequin “patients” that realistically “bleed,” “give birth,” and more, is a good example.

Step over the threshold into the area of Rhodes Hall that once held a computer lab and you’ll find yourself with one foot in a classroom building and the other in a hospital unit – a fitting metaphor for Keene State’s new nursing lab, which replicates a cutting-edge medical setting, right down to the people in need of health care.

Don’t worry – the “patients,” high-fidelity mannequins that talk, bleed, and perform a number of other human-like functions, are all likely to recover, but in the meantime they help students in Keene State’s new baccalaureate nursing program experience and respond to medical issues and emergencies in a way that’s safe and up-to-date and will prepare them to move on to practicums and real-world jobs.

In fact, job opportunities and chances for advancement for nurses with four-year degrees are in great abundance right now in New Hampshire and beyond – a workforce need Keene State stepped up to address with the inception of its Nursing Program in 2012. Through the on-campus lab, nursing students can learn to use the latest technology and build their confidence quickly.

With support from Smiths Medical, Cheshire Medical Center/Dartmouth-Hitchcock Keene, Keene Medical Products, Guldmann Inc., New England Medical Supply, and generous individuals, Keene State College officially opened the doors to the nursing lab in January. It’s now fully in use by faculty and students.

The nursing lab, which features intensive care rooms, medical-surgical areas, an exam area, and a nurses’ station, provides faculty the opportunity to record the practice of techniques on video and follow up with individualized student review and evaluation. Clinical simulations follow the newest technologies, allowing students to be fully engaged in providing care, as they would be in a hospital.

“I am thrilled that this lab is now in use. There is enormous career opportunity for well-trained nurses in our state and throughout New England,” says Mary Ellen Fleeger, director of Nursing at Keene State College. She notes the lab’s potential for bridging disciplines: It has the capacity to provide learning opportunities for students in physiology, dietetics, and other health science courses – and the intention is to also make the lab available for continuing education opportunities for health care practitioners and first-responders in the community.

Students are thrilled with the lab, too, because of all that it offers for their training, which helps to build their confidence before caring for patients in a hospital. Jessica Morissette, a Keene State junior and nursing student, says “I am really excited to work in the new lab, because it provides me and other nursing students with our own dedicated space containing the latest technologies. This will give all of us an edge as we continue with our nursing educations and then go out in the real world to apply all we’ve learned.”

– Kelly Ricaurte

KSC Giving is a regular feature that looks at the variety of ways that donor dollars benefit students and the Keene State community.
WHAT DO YOU DO?

We put that question to a variety of Keene State College graduates and got a variety of responses – and pretty interesting ones, at that! Here’s a sampling of alumni who report for work at places including a greenhouse, a circus, a church, a soccer field, and Walt Disney World.

Eve Diamond ’08
KSC Major: English – Secondary Education; Minor: French
Job: Circus Performer
Employer: Freelance, San Francisco Bay area
“I am incredibly fortunate that my passion and my work are one and the same. I get to constantly challenge myself creatively, and performing lets me share the love of my art with others.”

Marilyn Gugliucci ’76
KSC Major: Physical Education
MA, Higher Education Administration; PhD, Gerontology; post-doc research fellowship, geriatrics – Montclair (NJ) State University
Job: Professor and Director of Geriatrics Education and Research
Employer: University of New England College of Osteopathic Medicine, Department of Geriatric Medicine, Biddeford, Maine
I applied my Keene State exercise and teaching background to create two nationally recognized programs – (1) Learning by Living: Life Altering Medical Education Research in which I “admit” medical students into nursing homes to live the life of an older adult resident for two weeks and (2) Balancing Act: Individualized Balance Training Program that is currently funded by the National Institute of Aging to test the program’s success with reducing falls in older adults with vision impairments. My goal in life is to change the world regarding negative attitudes toward aging. I am quite convinced that I am attaining my goal!

Alison Foley ’92
KSC Major: Psychology; AS: Alcohol and Chemical Dependency
MS, Kinesiology, James Madison University
Job: Head Women’s Soccer Coach
Employer: Boston College, Boston, Massachusetts
“I have been blessed to find employment in the field of my passion. KSC had a phenomenal soccer program with great coaches; after Coach David Lombardo left Keene State for James Madison University, he asked me to come down and be his graduate assistant coach, which led me to a full-time position and eventually to a job at Boston College, where I’ve been coaching for 17 years.”
**Maxwell Cudney ’11**  
KSC Major: Environmental Studies; Minor: Geography  
Job: Section Grower  
Employer: Pleasant View Gardens, Loudon, New Hampshire  

“While studying at Keene State I did not envision myself getting into the horticultural industry, but through previous employment experiences and intense job searching I found myself at Pleasant View Gardens – and am very happy I did.”

— Maxwell Cudney ’11

**Todd Pinsonneault ’01**  
KSC Major: Biology  
MA in School Leadership, Teachers College, Columbia University, New York City  
Job: Dean of Students  
Employer: The Putney School, Putney, Vermont  

“My passion for progressive education was sparked by the classes I took at Keene State, and I’ve spent the bulk of my career as a teacher and administrator in some amazing progressive schools that value community, sustainability, hard work, and arts in addition to strong academics. Working with high school students is incredibly rewarding and occasionally challenging; I love the fact that every day presents new and different situations, and in my job I’m never bored!”

— Todd Pinsonneault ’01

**Mary Alice Taylor ’78**  
KSC Major: Home Economics  
Job: Costume Buyer  
Employer: Walt Disney Parks and Resorts Worldwide, Orlando, Florida  

“I help costume the World! It’s something different every day. I get to see the expressions on kids’ faces when they go into the park for the first time. Did I envision myself in this job when I was a student at Keene State? Heck, no!”

— Mary Alice Taylor ’78
Yoko Mikami ’13
KSC Major: Health Science – Nutrition
Job: Nutrition and Health Education Intern
Employer: Morris Heights Health Center, Bronx, New York

“I loved the opportunity to interact with children and educate them. They are actually the population that is more susceptible to various health problems and conditions such as childhood obesity, so seeing kids learn about nutrition and related topics makes me feel hopeful. I enjoy working in this field because it allows me to see what the real issues in the community are and to assist people in whatever way they need. It is always the best feeling to know what you are doing is helping someone.”

The Rev. Jennifer Dee ’96
KSC Major: English
MDiv, Lutheran Theological Seminary, Philadelphia
Job: Associate Pastor
Employer: Trinity Lutheran Church, Robesonia, Pennsylvania

“Through my job, I’m able to be with people at joyful celebrations and walk with them during struggles and challenges and to see God at work in their lives and in the world around us.”

Ruth Doan MacDougall ’61
Major: English
Job: Writer of fiction and nonfiction, including the novel The Cheerleader and regular updates of 50 Hikes in the White Mountains (with Daniel Doan)
Employer: Self-employed, works from home in Center Sandwich, New Hampshire

“Ever since I was a child, I knew I would be a writer like my father, and at Keene I continued learning to write.”

Yann Jules ’09
KSC Major: Journalism
Job: Classic Car Broker
Employer: Self-employed, works in Paris, France

“I’ve always been a ‘gearhead,’ really passionate about cars, and it was in a way what had brought me to study journalism in the first place. I never thought that I would take the career path I took. Believe it or not, I use the skills I learned at KSC every day in my job. I will probably never go back to being a ‘conventional’ journalist, nor do I have any desire to do so, and I’m OK with it.”
The Jazzman

Music performance students who want a glimpse into the life of a working musician can find some great examples among the Music Department faculty.

Scott Mullett, a tenor saxophonist who performs with the Scott Mullett Quartet, the White Heat Swing Orchestra, and the C-Jammers in addition to doing studio work and directing the Keene Jazz Orchestra, is one of them.

Mullett’s experience includes playing major venues around the world, touring with big-name big bands like those of Artie Shaw and Woody Herman, performing with legends like Tony Bennett and Aretha Franklin, and serving as music director for the Royal Caribbean Cruise Lines. These days he can frequently be found in the music studios of Keene State College, working as an adjunct instructor.

The transition from stage to classroom is an easy one for Mullett. “I honestly love it. I love to see the ‘cats’ achieve,” he says of his students, sounding like a true hipster.

His approach to teaching is philosophical and no-nonsense: “I look at my students and say, ‘If this is what you want to do, show me this is what you want to do.’ It’s pretty simple.”

Mullett strongly encourages his students to see live performances. “You might be a drummer or you may be a saxophone player, but you can see the timing and the precision that they play with. It’s live and in person.”

His best advice about work comes from his father, Francis, who told him, “Find a job you love doing.”

Mullett saw the Glenn Miller band perform in Keene when he was eight. Hearing the musicians play “Moonlight Serenade” as the curtain opened, he knew he’d found a job he’d love to do.

The Chemist

An adjunct in the Keene State Chemistry Department since 2008, alumnus Richard Woudenberg ’92 returned to the College with a beaker-full of knowledge to pass on to students.

Woudenberg has worked at Markem-Imaje, a world-wide company with a plant in Keene that produces printing equipment for industry, for over 20 years and currently serves as manager of Chemical Research and Development. He began teaching an intro-level chemistry class at KSC before moving up to a higher-level course in polymers and plastics.

“That allowed me the opportunity to not only bring my education into the classroom, but also relate some of my experiences from the workplace and just life in general,” says Woudenberg, who received a PhD in polymer science and engineering from UMass-Amherst in 2007.

In his class, which he calls “Plastic World,” Woudenberg enjoys sparking the kinetic energy in the room, discussing issues of the day like recycling and the challenges of sustainability. “We were able to cover a lot of aspects of the subject,” he says.

Woudenberg also brings the business perspective to the class, teaching his students what plastics are all about and what drives the industry. “Everyone loves to say they want to do the right thing and be environmentally responsible, but nobody is going to take action unless it’s going to be beneficial to them from a profitability standpoint. That’s the reality we live in today,” he says.

Woudenberg invites guest speakers to talk to his students, as he feels that tapping into the knowledge and expertise of professionals in the area to teach high-level courses is a very good idea for Keene State. “That’s where the benefit of the adjunct is – because you can bring in professionals with different experiences than those living in just the academic world,” he says.

– Stuart Kaufman
Jim Craig ’73 settled into a new job last summer after his appointment by Governor Maggie Hassan as the state’s commissioner of labor. Keene State Today caught up with him at his Concord office.

Q: What was your major at Keene State?
A: History. At one time I thought I was going to be a teacher, but it didn’t work out. I didn’t try it. Life takes you where it takes you.

Q: And where did it take you?
A: When I got out of college I worked as a house painter for a couple of years. Then I enlisted in the Army and did a four-year tour in Germany, working as a legal clerk. I was discharged in 1980 and enrolled at Franklin Pierce Law Center [now UNH Law School].

Q: Why law?
A: My father and grandfather were lawyers, so I had it in my head I was going to be a lawyer. I took a bit of a curvy path, but I got there. After law school, I practiced in Manchester for 30 years, until last summer, when I decided to try something different. The governor asked me if I was interested in heading up the New Hampshire Department of Labor. I thought about it long and hard, and said I would.

Q: You’ve had a side career in politics, too, yes?
A: I served five terms as a state representative, including a couple of years, 2005-2006, as minority leader. I ran for Congress, which probably wasn’t the smartest thing I ever did, and lost in the Democratic primary [to current District 1 US Rep. Carol Shea-Porter].

Q: What’s the work of the Department of Labor?
A: We enforce the state’s labor laws, we monitor Worker’s Compensation, and we inspect elevators and industrial boilers. So we hold appeal hearings for workers who’ve been denied Worker’s Comp claims. We have inspectors who visit workplaces to ensure that labor laws are being followed. We educate businesses on the laws, and when employers are not in compliance, we issue fines. Most comply, and when they don’t it’s often because they don’t understand the rules. But there are also big construction companies that try to dodge the rules by misclassifying their workers as independent contractors. We go aggressively after those companies, as well as those that try to bypass laws regarding undocumented immigrants.

Q: What does labor law cover?
A: It is a very important area of law and not every law applies to every business. Laws regulate working hours, rates of pay, breaks, teenage workers, and more.

Q: Is it all about looking out for workers?
A: Yes, but for small business, too. I consider that small business people are workers. Everybody’s a worker in some sense. Everybody’s entitled to some kind of grievance and redress. We try to be mindful that we’re trying to attract business to the state, not chase it away. But basically, this is the place where small businesses can get information, and where workers can have a say against the insurance companies or their employers when they get hurt on the job.

Q: How’s your new job going?
A: I enjoy what I’m doing, and I’m challenged by the job, so I consider myself a lucky guy. I never thought, back when I was at Keene State, that I would end up here, but it’s great. You can prepare all you want for your life to follow a certain path, but it just goes where it’s going to go.
So you want to be a teacher? Great! But here’s a little piece of advice. Your first year on the job? Be prepared for it to be, well, a little less than fabulous. But stick with it, because your second year will be much, much better.

That’s the word from two recent Keene State alumni and one current KSC education graduate student, all of whom teach at the elementary level. Allison Mangan ’11, Ashlee Carr ’11, and Laura Bradley were on campus March 8 for Inspiring Conversations in Education, a conference that brings back education grads to share their experience with students. Mangan, Carr, and Bradley led a session entitled “Surviving the First Years of Teaching,” which offered tips for getting through that often difficult entry into a rewarding career.

Here are some of the suggestions they had for soon-to-be teachers:

- Ask for help.
- Be a team player.
- Be a good communicator.
- Overplan – lessons rarely take as long as you think they will.
- Be flexible – you may need to come up with a new activity on the spot.
- If a teachable moment comes up, run with it.
- Admitting that you don’t know what you’re talking about is a great tool – you and your students can learn together. If your classroom has a Smart Board or a wall monitor, hop on the Internet and check out Google and YouTube.
- Be organized.
- Document everything/save everything.
- Focus on students’ positive behavior rather than negative.
- Teach outside the box. If the curriculum isn’t working, find another way to teach the standards and meet the goals you’ve set for students. If you focus on things you and your students are excited about, they’ll learn quickly.
- Be confident!
- Expect to be tired.
- Expect to be overwhelmed.
- Know that you’ll survive. It’s not the end of the world if you have a lousy day.
- Having doubts about teaching? Push through them. In the first year, pretty much every teacher says, “This is not what I want to do.” Your second year will be much better.
- Check out these websites for ideas: teacherspayteachers.com, pinterest.com, teachertipster.com

Educator’s Estate Gift To Benefit Students in the Arts

Bartlett C. Swett ’56 began his post-college life as an elementary school teacher and a musical comedy actor, turning down a role on Broadway to accept a place in Penn State’s doctoral program in education. Now, his estate gift of $450,000 will endow a scholarship for Keene State juniors and seniors in the visual and performing arts.

“I made the right decision,” he says of his choice to pursue a career in education. In his first job, he broke a gender barrier – he was the first male in the state of Connecticut allowed to teach below the fourth grade. After earning his EdD, he taught at the college level, preparing future educators to teach reading and language arts skills. His career also included serving as an administrator in both higher education and public school education.

He retired from education at 57, but he now owns an antique shop, Doc’s Place of Antiques, in St. Petersburg, Florida, where he lives.

“My parents were teachers, and they both graduated from Keene,” Swett says. “Of course, they didn’t want me to be a teacher.”

Instead, his father sent him to UNH to study business administration. He lasted one semester, then found his way to KSC. “Keene was the right choice for me,” he says. “I loved it.”

He insists that his life has been ordinary, though agrees that he’s been fortunate to “have good jobs and do things that were particularly interesting to me.”

And he’s planning to stick around for a while, noting that he’s in good health. And he’s happy knowing that future KSC students will benefit from his donation.

“I know the population of New Hampshire,” he says. “I know there aren’t very many wealthy people, and I know it’s difficult for a lot of students to get through college, and I just thought, I won’t be able to do a lot, but I can help some students, anyway.”

For information about naming Keene State in your estate plans, please call Ken Goebel at 603-358-2378 or go to www.ksclegacy.org.
Walk into any of Keene’s retail or dining establishments and there’s a good chance you’ll find a Keene State student staffing the cash register, stocking shelves, serving up meals, or washing dishes. Emily Porschitz, assistant professor of management, was curious about the ways students contribute to the local economy through off-campus part-time jobs, so she had students in two of her spring semester classes do a little preliminary research.

“I think we forget what a huge part of the labor force Keene State students are in this town,” she says, “and they’re doing some of the lowest-paid jobs, so it’s a really positive thing that the students are doing for our community.”

The students in Porschitz’s Quantitative Decision Making course surveyed 121 students, 64 of whom hold down off-campus jobs. The students in her Introduction to Management course did qualitative research by conducting interviews with working students and managers of businesses that employ Keene State students. Because they undertook a small pilot study, their findings are preliminary – but they do provide direction for further study in the future.

What did they learn? Here are a few of the results:

Most of the students with jobs in town work either in restaurants or retail establishments – both on Main Street and in “big-box” stores.

The surveyed students who work off campus maintain higher grade-point averages than those who don’t work or have on-campus jobs. “It’s a responsible group that works off campus,” says Porschitz. “And maybe because they’re using the money they earn to pay for their education, they are more motivated to do well in class. These are issues we’d want to study in the future.”

The flip side is that surveyed students who work off campus spend fewer hours doing extra-curricular activities. “That’s something that could be worrisome,” Porschitz notes – it could indicate they’re not getting the full college experience, or they’re missing out on opportunities that could enhance their resumes. Further research could determine how many work out of necessity.

Most of the surveyed students indicated being either satisfied or somewhat satisfied with their off-campus jobs. Not surprisingly, the ones who earned more than minimum wage were more satisfied.

One student said, “My supervisor treats me fairly. He is a great guy and is understanding of what it’s like being a college kid and the other priorities we have. He’s enjoyable to work for.”

Others noted that their employers were unhappy when they took sick days or left town to visit their families during spring break.

The 20 surveyed business managers all reported being either somewhat satisfied, satisfied, or very satisfied with their student employees. The survey data showed that they were, on the whole, satisfied with the students’ work ethic, though some indicated in interviews that they’d had both good and bad experiences with Keene State students.

One employer suggested that students should learn leadership skills and develop more confidence during their time at the College so they will be prepared to take on more responsibility at their jobs.

One struggle on the sides of both business managers and student workers involved negotiating work schedules.

“Students have complicated schedules,” says Porschitz, “and businesses want something steady.”

What does all this tell us?

That there’s a lot more research to be done, Porschitz says. “I think it’d be really interesting to find out more about the employers’ specific needs. What are they looking for from student workers in terms of hours, in terms of skill sets?”

For instance, one business owner commented that professors can help prepare students for off-campus jobs by helping them to be open to criticism so they’ll be able to benefit from feedback.

Further study, Porschitz says, could delineate such issues so that institutions like the Chamber of Commerce and the College can help facilitate the relationship between businesses and student workers. “If we could train students in ways that would help the businesses, so that the businesses can afford to pay the students more, I think that would be great,” she says.
I am a writer and a teacher. Not a writer who teaches. Not a teacher who writes. These two parts of my life are connected in a way, but they are also separate and equally important pursuits.

As a working adjunct, I would not necessarily recommend that young artists and writers emulate me or follow my trajectory. The life of an adjunct college teacher is economically marginal. But putting that aside, let’s focus on the functional acts of teaching and writing. It’s a question of time and energy. Each profession demands lots of both, and the vectors of energy are, in some ways, opposite: teaching can be energizing, but most often the energy flows from teacher to class. In the act of writing, though, the flow goes the other way, like an alternating current.

So, yes, it is difficult to find a balance between writing and teaching, yet I wouldn’t do anything else. I have been in the wrong profession several times in my life, so I can say with the confidence that comes from having been a square peg in a round hole that the combination of teaching and writing is what I am “supposed” to be doing. The life of an adjunct is difficult, and my students need and deserve more from me – more time in preparation, more office hours, more emails, more guidance, just the unilateral more – than I can give when I am spread between two schools in two cities, in two different disciplines, and am pursuing two careers, teaching and writing, the rewards and gains of which are intertwined but the demands of which are less complementary. Nevertheless, this is work I am glad to be doing.

And what of the ways in which teaching and writing are complementary pursuits? There are many. As a writing teacher, I ask students to think about their own processes. I present writing to them as a practice that will evolve as they develop their craft. This constant discussion of the process of other writers helps me to continue to work on my own practice. I have found that my obligation to model that practice, even when life is busy and there are legitimate distractions, is helpful to my students and to me.

I have learned to do my writing in small increments of time. Writer Michael Cunningham, in a reading and talk I attended in grad school, said something to the effect of, “A day in which you write, no matter how little, is always better than a day in which you don’t.” That stuck with me. I rarely have blocks of many hours at my disposal. I have work and grading and other things that I need to do. But I always have at least 20 minutes a day to write. I set small, achievable goals for myself such as “at least 200 words” or “at least 20 minutes.” I wrote the first draft of a novel this way. “Inspiration is for amateurs,” as some writers like to say. In other words, writing professionally is a matter of sitting down and getting it done, whether you feel like it or not, as if writing were the same as scrubbing a bathtub or doing your taxes. To a large extent, it is. I would add to this, though, and say that inspiration often arrives after you’ve started writing – or at least it does for me. Once I’ve done the difficult work of getting started without inspiration – like starting in first gear from a dead stop – I have momentum, and then inspiration or movement of idea or whatever you want to call it, starts to happen.

Theresa Benaquist is an adjunct professor of writing and literature at SUNY Purchase College. She has published articles and essays in online and print publications. She has written several children’s books as a ghostwriter for Media Blasters, founded and edits Anthem Journal, was a fiction editor for Storyscape Journal, and holds a master’s in nonfiction writing from Sarah Lawrence College.

Theresa Benaquist ’01 writes about balancing – or perhaps “juggling” is a better word – two careers and finding inspiration in both.
Julio DelSesto '07, Journalism, Rich Grogan, Small Business Development Center

Selected for the 2014 Trendsetter Award, given to 20 up-and-coming business leaders in the greater Keene and Peterborough areas. The award is given by Business Monadnock, The Keene Sentinel, and the Keene Young Professionals Network.

Mary Ellen Fleeger, Nursing

Received one of four 2014 Outstanding Women of New Hampshire Awards. The awards are given annually by Keene State’s Campus Commission for Diversity, Equity, and Inclusiveness to a KSC faculty or staff member, a KSC student, a resident of the Monadnock Region, and a resident of the state of New Hampshire. The theme for this year’s celebration of National Women’s History Month was Women of Character, Courage, and Commitment.

Jeff Friedman, English

Published his sixth book, Pretenders, with Carnegie Mellon University Press. Pretenders combines poems and prose pieces.

Stuart Kaufman, Marketing and Communications

Honored for his 20-plus years as KSC’s sports information director with a center-court ceremony between men’s and women’s basketball games February 28. After more than two decades as the voice of Owls sports, Kaufman has moved on to a position as writer/editor in the College’s Marketing and Communications Office.

José Lezcano, Music

Performed as soloist in the world premiere of his guitar concerto “Concierto Cubano” in New York City, with the Grammy-nominated North-South Consonance Orchestra directed by Max Lifchitz. Also, Lezcano’s suite for solo guitar, “Tres Apuntes Cubanos,” was recorded on Panamerica, a new CD by guitarist William Feasley.

Weilu, Computer Science

Recognized along with alumnus Dan Garant ‘13 by the IEEE Computer Society – a branch of the Institute of Electrical and Electronics Engineers – for their research on botnets, otherwise known as Internet security threats. The two presented their research at the 27th IEEE International Conference on Advanced Information Networking and Applications in Barcelona, Spain.

Murray Mast and Christopher Swist, Music


Rodney Obien, Mason Library

Appointed by Governor Maggie Hassan to a two-year term on the NH State Historical Records Advisory Board, which coordinates efforts to develop and implement programs that address priorities for access, preservation, and digitization of the state’s historical records.

Forrest Seymour ’90, a counselor in the College Counseling Center, was awarded the New Hampshire Visionary Voice Award for his extraordinary work in sexual violence prevention at Keene State College. The award is given by the National Sexual Violence Resource Center to one person in each state in conjunction with Sexual Assault Awareness Month each April. He was nominated by the Monadnock Center for Violence Prevention.

John Ratliff, Athletics

Appointed to the board of directors of the Fisher Cats Foundation, the charitable arm of the New Hampshire Fisher Cats.

Gina Velasco, Women’s and Gender Studies


Read more online at keene.edu/mag.
1927
On a cold January morning, Norma Wright Walker ’51 made a phone call to Margaret Grover Colburn, who lives in Weare, NH. She is keeping warm in her home where she lives by herself. Margaret gets her own breakfast and lunch but her family brings her dinner.

1929
Viola Davis Horton is almost 105 years old and living in a home where she is well cared for. Health-wise, Viola is doing well. Her family visits twice a week.

1934
80TH REUNION
June 6-8, 2014
The family of Barbara Auderer Goodridge sent the sad news that Barbara passed away on January 4 at 100 years of age. Norma Wright Walker ’51 met Barbara in 1996 when she, Natalie Tisdale ’33, David Staples ’55 M ’60, and Freda Sprio ’57 joined alumni who were residents at Havenwood in Concord, NH, for punch and cookies. Norma writes: “We went back in the spring of ’97 and Barbara suggested we go for lunch at the Cat ‘N’ Fiddle, which we did on June 14 when 18 of us had our first Golden Circle luncheon. Barbara attended regularly in Concord and even joined the group up in Meredith. I feel she is the one who really got the luncheons started.”

1936
We received word that Ferne Coffin Fogg died on January 17 at 98. A resident of Lewiston, ME, Ferne was a retired teacher.

1939
75TH REUNION
June 6-8, 2014
1940
Dorothy Young Carruthers PO Box 344 Contoocook, NH 03229-0344

1941
Virginia Rollins Flint
799 Milan Rd.
Milan, NH 03588
Barbara Jeffery Stimson
678 Pettyboro Rd.
Bath, NH 03740
From Class Secretary Barbara Stimson: “Writing this I can’t help but think of about 30 elementary graduates of ’41 who went out to rural schools at an average salary of $850-$900 a year. It was a wonderful experience.” She also notes that she and Emelyn Ayer Krause are “real products of Keene Normal as both attended Wheelock School and Central Junior High when they were staffed by practice teachers from the College.”

Chet Brach lives in Manchester, and still goes to California a couple of times a year to visit his son. He also enjoys taking in events in the area, such as visiting tall ships. He has visited the Grand Canyon, the Ronald Reagan Presidential Library, and Alcatraz.

Ginny Rollins Flint resumed driving at age 94 after recovering from arm surgery.

Emelyn Ayer Kraus, who transferred from Keene as a freshman, still keeps in touch with friends from the College and has attended several reunions. She lives alone in Center Barnstead, NH, with family close by.

Barb Stimson likes to write letters, having written several asking for news. She wishes more of you would answer or at least let her know where you are!

1942
Peggy Smith Campbell
143 Walton Rd.
East Palatka, FL 32131
flyingnonnie@bellsouth.net

1943
Caroline Nichols Pregent
30 Giffin St.
Keene, NH 03431
cpregent@ne.rr.com
Caroline Nichols Pregent writes:

“Our 2013 Golden Circle luncheons are over for this year. We thank Norma Walker ’51 and the Keene State alumni office for organizing these luncheons. In August we journeyed to Hart’s Turkey Farm in Meredith, NH. We visited with several members who made the luncheon and boat ride at Squam Lake. We also had a nice chat with Louise Perkins. My daughter Nora and I then visited with Marge Howe Herlin. She has an attractive apartment at the Meredith Bay Colony Club.”

“In September, the group traveled to Portsmouth for a luncheon and meeting. In October a small group drove to Heritage Heights in Concord, NH, to visit alumni there. I was disappointed that I couldn’t go. Our last Golden Circle was held in Rindge in November. A lot of members were present and we all showed a jolly mood.”

“In January I had several telephone calls from classmates. Barbara Brown Charbonneau has moved from Florida to Christiana, TN. She will be living with her daughter and family.”

“Barbara Adams is healthy and active. Together we hope we can locate Lois Moore Querim, who has not returned our calls, which is unusual for her.”

“I have chatted with Marjorie Howe Herlin. She enjoyed a visit from her son, Brian, and his family at Christmas. She is eagerly waiting for the time when the osprey tower will be built close to her apartment. A family of ospreys comes there every summer.”

“I called Louise Whitten Perkins in Concord. She is starting physical therapy. She was very proud to tell me that her son, David, became a four-star general in February. He is commander of Fort Eustis, VA.”

“We still volunteer at the Alumni Center. Norma Walker is our leader. Christine Sweeney has joined our group.”

“Helen Crocker Burnett of Nashville, TN, and I have been corresponding. She makes beautiful dolls. In December she had a doll showing.”

“Sad news comes last. Rita Shughrie died in December. We had kept in touch for years. She was only at KTC for one year but she will be remembered as one who enjoyed our College.”

Grace (Mudgett) Dayton is a retired teacher living in Urbana, IL, who is planning a move to Florida. She writes that she was sorry not to be able to attend Reunion, and was thinking of you all.

1944
70TH REUNION
June 6-8, 2014
This class is preparing to celebrate 70 years since graduating from Keene Teachers College. We are looking forward to welcoming them back to campus.

Alice Smith Harris of Oregon recently moved to an apartment from her home, which she misses. Church friends are watching over her. Alice wrote that Reunion ’14 sounds very nice but she will be unable to attend.

Priscilla Chick Sargent hopes to attend Reunion if she has a ride. She has been dealing with some health problems. We wish her a speedy recovery.

The class sends its sympathy to the family of Harriette Chandler Streeter, who died recently. She and her husband, Hal ’42, attended many Golden Circle luncheons.

1945
Nancy Scripture Ashford lives in Weare, NH. She enjoyed a luncheon with Norma Wright Walker ’51 in Henniker at the end of August. Nancy has a new great-granddaughter, born August 19: Evelyn Rose Morris. Evelyn’s dad is also a KSC grad.

1946
Thelma Partridge Mitchell
PO Box 52
70 Cedar St.
Contoocook, NH 03229
Shirley Ring Green lives in Montana. She wrote in the fall that the wildfires were over and there was snow in the mountains. Shirley taught Norma Wright Walker ’51 at Hancock High School. She sent a copy of an article from the “Birthday Times” for 1924, the year of her birth. Can you believe bread was 9 cents and gas 11 cents? Prices sure have changed.

Beautiful holiday cards arrived from Breeze Saladin Mosley and Lorraine Dow Gates. It’s so nice to hear from dear friends.

1947
Ruth Washburn
75 Pleasant St. A207
East Longmeadow, MA 01028
w.f.br@charter.net

1948
Ellie Smith Butler
9 Muster Ct.
Lexington, MA 02420-2001
ellierb@aol.com

1949
Ellie Hugh Gill Muldoon
3D Melville Ct.
Lexington, MA 02420-2001
emuldoon28@comcast.net

1950
Priscilla Holmes Roberts writes: “I never dreamed I’d see myself on Facebook on my son-in-law’s new Harley. The ride was a great way to celebrate my 85th birthday. Classmate Arlene Parker Tatro and I have attended suppers, band concerts, and KSC events including our 63rd reunion, joined by Vincent Russell representing the class of ’50.

“Norma Walker’s ’51 famous Golden Circle lunch beckoned us to dinner at Hart’s Turkey Farm and to greet our new KSC president, Anne Huot. Priscilla Partington Sargent ’53 and my roommate Marjorie Partington Soucy also joined us.

“Recently I visited my friend Joan Greeley Simpson ’51 at Genesis HealthCare in Lebanon, NH, and trust her health will improve.

“Jane Hall Gifford from Concord, NH, came to visit her roommate, Arlene Parker. Their Huntress Hall sign read “Parker Hall.” Fond memories of KTC were discussed as we ate at a quaint restaurant in downtown Claremont.”

1951
Norma Wright Walker
19 Eaton Rd.
Swanzey, NH 03446
walker.norma@gmail.com

From Norma Wright Walker: “Our class sends its sympathy to the family of George McKeage. He lived in Concord and taught in local schools.

“Winnie Schoolcraft mailed me an article about finally accomplishing a dream of visiting all the state capitol buildings. She had some wonderful experiences. Good for you, Winnie.

“It’s always nice to see Pauline Bullard Brown and her sister Peggy Bullard McEntee ’53 at the Golden Circle luncheons.

“A very cheerful holiday message arrived from Ruth Bickford Peck, who lives in Maine. Other greetings arrived from Rita Hayes Evans (my college roommate) and many other classmates, which I enjoyed. I would enjoy any and all phone calls, emails, and notes from everyone. It is important we keep in contact. As several mentioned on their cards, ‘Each year seems to slip by more quickly than the one before.’"

1952
Winifred Woodbury Langtry
50 Evergreen Lane
Contoocook, NH 03229
langtry@mcttelecom.com

Irene DiMeco Parent
27 Lashua Rd.
Ashburnham, MA 01430
bepp27iap@comcast.net

Claire Waterhouse Simensen
17 Sullivan Ct.
Salem, NH 03079
cws803@comcast.net

Winnie Langtry writes: “Anita Rawchuck Nestor called me and asked me to visit her cousin in Concord. What a delightful person Marion is at almost 91 years old. We had a wonderful visit.

“Bruce and Irene Parent lost his sister Carol December 3. She had been in declining health and in a nursing home, but it was sudden and sad for the family. We send our condolences.

“We hope you have all stayed well and that you will send us any news you have to share.”

1953
Donald J. Johnson
695 Clement Hill Rd.
Deering, NH 03244
dj1@nyu.edu

1954
60TH REUNION
June 6-8, 2014

Ellie Hugh Gill Muldoon
3D Melville Ct.
Lexington, MA 02420-2001
emuldoon28@comcast.net

1955
Alfreda Crosby Gallo
3406 S. Palm Ave.
Palatka, FL 32177-6342
alfredagallo100@msn.com

1956
Minot Parker
PO Box 370540
Montara, CA 94037-0540
Tgpubinc@att.net

Louette Danner Bartol writes, “I attended KTC for two years (’52-’54), then went to Augustine and earned an MA. Keene remains tops in my memory!”

Joyce (Copp) Howie is living in New Smyrna Beach, FL. She writes that she is retired after a wonderful 24 years as a librarian for Volusia County, FL.

IN THE NEWS: On March 10, Sen. Jeanne Shaheen read an appreciation of the “extraordinary life” of Bob McQuillen ’59 into the Congressional Record. “Mac,” as he was known, died in February at 90 after a long life filled with music. A national figure in contra dance music whose compositions and musicianship earned him a National Heritage Fellowship, Mac was also a longtime teacher at ConVal High School in Peterborough. Read more online at keene.edu/mag.
and school board rep. Firefighting and EMS training have always been part of his life.

Gail writes, “Please mark your calendar for the first Saturday in June 2015 for our 55th!”

1961

Dorothy Bean Simpson
PO Box 1373
Center Harbor, NH 03226
drsimpson2@yahoo.com

Dorothy Simpson writes: “I enjoyed seeing classmates at the Golden Circle meetings. I hope I can remember some of the stories.

“June O’Neil, who lives in Salem, NH, has three grandchildren; one of her daughters is an attorney in Washington, DC.

“Betty Bennett Schofield lives in Kennebunk, ME. Marilyn Woodward Twombly lives in Kingston, NH. Betty and Marilyn are quilters and have fun shopping for materials. They meet frequently for lunch and to visit quilting places.

“Priscilla and Joe Dutile have enjoyed their homes in Manchester and Hampton Beach, NH. As do Ronnie and Diana Wyman, going from their home in Sunapee to their home in Maine. Bob Saulnier and Grace go from Kingston, NH, to their Maine cottage, and then travel to Florida for a few winter months. George and Nancy Cote live at their lake home in Dover. Nancy (Andrews) and Chet Fessenden live by the bay in New Castle. I think many of our classmates like water sites.

“Jeanne Lachance Erickson and husband, Dennis, have traveled to Freeport, Bahamas, Florida, Puerto Rico, cruised in the southern Caribbean and through the Panama Canal, and camped in Minnesota. Jeanne went solo to Las Vegas to visit her sister. They went to New Hampshire and to Canada to do genealogy research.

“Ray Clarke and wife, Pat, rented a condo in Siesta Key, FL. They visited the Ringling Art Museum, went to the circus, attended an Orioles/Yankees preseason game, and went to the Elks Lodge several times. In June they attended Pat’s 50th from Boston College. Last September, they toured Missouri, Arkansas, Oklahoma, and Kansas. Ray works out at the Kent Athletic Center five days a week, belongs to the Historical Society, and transports food from some churches to the Food Pantry.

“Bob Saulnier and his wife, Grace, celebrated their 50th anniversary with their immediate family at their Maine cottage. After food, games, and reminiscing, they were picked up by a seaplane for a sunset flight over the Lakes Region. In October they took an anniversary trip to the Italian Riviera, Dolomites, Cinque Terra, Austria, and Venice. Bob and Grace have nine grandchildren.

“Please remember to contribute to the Class of 1961 Scholarship Fund and designate that on your contribution. We all appreciate any donation possible. Sarah Hoag, the recipient last June, wrote us a lovely thank you note. To quote part of her note: ‘As a non-traditional student, your endowed scholarship is helping me achieve my dream of becoming a teacher.’”

1962

Stephanie Heselton Baute
515 E. Surry Rd.
Surry, NH 03431
sbaute515@gmail.com

Martha Crowley Morse
131 Case St.
North Canton, CT 06019
morsesports@comcast.net

1963

Elizabeth Butterfly Gilman
277 Coolidge Dr.
Portsmouth, NH 03801-5740
betty277@comcast.net

Bruce Cambigue writes, “I had a kidney transplant December 17, 2012. I am doing wonderfully! My wife, Claudia, gets to Keene yearly. Next August is my 55th high school reunion in Keene. We live in Clearwater, FL.”

Paul Bonneville and his wife, Marjorie, live in Lochmere, NH. He writes: “My wife and I have enjoyed the meetings of the Golden Circle. Looking forward to seeing you in 2014.”

Becky Abbott reflects back: “KTC was a small school then, making it easy to get to know people and develop closer friendships.” Becky organizes a luncheon each summer for ‘63 grads and encourages all to join in the fun.

Helen (Jamrog) Barnhart shares a few thoughts: “Just like our families have grown and encountered many changes, so has KTC. As KTC added more curriculum choices, students, and campus growth, KTC became KSC. This faculty is making great strides in the field of higher education in New Hampshire. I am a grateful and proud 1963 graduate of Keene Teachers College.”

Well said, Helen, and we will continue to celebrate our heritage as the last graduates of Keene Teachers College.

1964

50TH REUNION
June 6-8, 2014

Helen I. Jette
37100 Neukom Ave.
Zephyrhills, FL 33541
helenjette@aol.com

Bill Doolan
9189 William Cody Dr.
Evergreen, CO 80439
billdoolan@q.com

Walt Ryan writes, “I retired from the (then) NH Community-Technical College in Claremont in 2000 after teaching there for 30 years, and from Sturm-Ruger in 2005. Currently I am a volunteer instructor with New Hampshire Fish & Game’s Let’s Go Fishing program and a volunteer land monitor with the Upper Valley Land Trust, and I work with the Kearsarge-Sunapee Habitat for Humanity chapter. My wife, Laura, and I married in 1999 and live in Newport, NH. I have two sons, an adopted daughter, a bunch of grandchildren, and one great-granddaughter.”

Maggie McGettigan McAuliffe writes: “We are living in a very small town. Middleton does not have a grocery store, convenience store, post office, etc. But there is a lot of spirit and enthusiasm. We plan to relocate to Portsmouth in a downtown rental condo when the building is complete. We will also keep our place at the lake. Will think about the reunion. I will try to...”
get Merilyn Meeker Markham, Patty Chaffee, and Connie Jones Griffin on board.”

Virginia D. Brackett lives in Rindge, NH. She writes, “My husband died in 2004. Since then I have done a fair amount of traveling with my sister or my daughter. This year’s trips were to Utah and the Canadian Rockies. My hobbies include reading, genealogy projects, and knitting. Hard to believe we have hit our 70s!”

In the Summer 2013 issue, KST erroneously ran an item about Donna Twiss, attributing husband Roderick’s (’65) career to Donna. Apologies to both.

Elaine Brandon writes, “I am still on the advisory board of the Connecticut Education Association. Retired, the Derby Historical Society, and St. Augustine’s Sacred Heart League. I am a member of the Sons and Daughters of Italy and the Red Hatters. I travel when I can and have traveled to Vermont; Montreal; a 14-day cruise to Norway, Sweden, Finland, Denmark, Estonia, Russia and Belgium; and the Berkshires. A year ago I visited Keene State. Our library is now Keene’s Historical Society! I have been visiting historical places and museums in Connecticut. Can’t forget – I attended the Connecticut reunion of Keene State alumni this year. They, with my daughters, Michelle and Danielle, gave me a surprise 70th birthday on August 17 but I became that on August 20. I still golf, dance, play bridge, and exercise as much as I can. I am looking forward to seeing everyone at our 50th Class Reunion. Anyone who would like to help can contact me.”

1965

Richard E. Doyle
561 Ocean Blvd. #4
Hampton, NH 03842
rdoyle561@aol.com

Roderick Twiss retired in June 2009 after 28 years with Travelers Insurance and Citigroup as a claims adjuster and commercial underwriter and 16 years with the NH Insurance Department as a commercial insurance examiner. (Apologies to Roderick and wife Donna ’64; we ran this item in the Summer 2013 issue, erroneously attributing his career to her!)

1966

Nancy Coutts
175 South Main St.
Brattleboro, VT 05301

Class secretary Nancy Jane Coutts writes, “I have been doing missionary work by way of the Agape Christian Fellowship Church in Brattleboro – indigenous villages down the Amazon in Brazil and up in the Appalachian Mountains of Wheelwright, KY. I have also done scenes of Biblical improvisation there and with Keepers of the Faith – a girls’ group – via Agape.

“Write to me and tell me what is happening in your life – the ’66 crew as well as my students at KSC from ’73 to 2003. I would love to hear from you and include your life after KSC (if you wish) for the next Keene State Today.”

Elaine Georgina Landry, who lives in Keene, retired in 2001. She enjoys working with Prospect Place Assisted Living, Keene State, Keene High’s Academy Fund Board, and Keene RISE for Children and Families. She is currently NH president of Delta Kappa Gamma-Beta Alpha State.

1967

Patricia Nutbrown lives in St. Johnsbury, VT. She retired in 2012 after teaching English at Danville (VT) High School for 34 years (for a total of 39 teaching years). She writes that retirement is wonderful and busy.

Betsy Richardson Coll and husband, Robert Coll ’68, write: “We are still living in Bedford, NH, and spend the winters in Naples, FL. We enjoy our time with our grandchildren, who are 7, 8, and 9, and keep busy with family and friends.”

1968

Jan Temple Metoxen
330 Maple Rd.
Longmeadow, MA 01106
jantemplemetoxen68@yahoo.com

1969

45TH REUNION
June 6-8, 2014

Barbara A. Hamilton
112 Avondale Rd.
Manchester, CT 06040
barbara.hamilton@att.net

Eugene Preston and his wife, Judy, live in Brandon, SD. Eugene writes: “I am still working as a soil scientist with NRCS. I enjoy bicycling, canoeing, cross-country skiing, and teaching Sunday school. We enjoy visiting and working with our children and grandchildren.”

1970

Susan Campbell
15 New Acres Rd.
Keene, NH 03431

Richard and Ellen Dumont are
now both retired: “Enjoying life with our children and precious grandchildren. How sweet it is!”

1971

Maureen Sheehan Hall
69 Crescent St.
Hooksett, NH 03106
halfsofly2@msn.com

Barbara Bessey writes, “I attended college later in life – 1967 to 1971, ages 38-42. It was a wonderful thing for me to do. Now we are in our mid 80s and retired, both of us a few years ago, from our music work. Thanks to Keene State.” She and her husband, Burton, live in Sunapee, NH.

1972

Debra Davis Butterworth
21 McAuley Rd.
Cape Elizabeth, ME 04107
dbutterw@maine.rr.com

Roger Hartwell
17 Meadow Ln.
Enfield, NH 03748

1973

Kathleen Pickford Stacy
190 Old Hancock Rd.
Antrim, NH 03440
gstacy@conknet.com

1974

40TH REUNION
June 6-8, 2014

Jane Cappuccio Stauffer
28 Beckford St.
Salem, MA 01970-3239
jcsrcs@verizon.net

Jane Cappuccio Stauffer writes: “Hope to see you all there at our 40th reunion.”

Stephen Cushing writes from Fairhaven, VT, where he lives with his wife, Lyudmila. Stephen is semi-retired, works part time at Shaw’s supermarket, and studies pre-historic civilizations. He is planning a retirement overseas in the Ukraine or Bulgaria.

Susan Ashworth lives in Swanzey, NH. For the last 36 years she has been director of community relations for Home Healthcare, Hospice and Community Services. She also volunteers as a member of the board of directors for the Monadnock Food Coop.

Susan Enright Barney retired in August and is living in Melbourne, FL, with her husband, Michael: “I am living a life of leisure now!” Her interests are sky diving, bicycling, golf, swimming, and exercising. She has three grandchildren.

Toni Barrett spent the last 40 years in Florida, and worked as a health care administrator. She just retired, sold her home, and moved back to Keene. She “wanted to be closer to family and really did miss Keene.” She does volunteer work now with the church and community, and is a member of Rotary. She walks, plays golf, and loves concerts. She is proud of her great-nephew, who is the head of the Music Department at Gardner High. She has fond memories of singing and playing the guitar at the Student Union.

John Dulac lives on Mascoma Lake in Enfield, NH. He is retired after teaching seventh- and eighth-grade science for 25 years, and now owns and runs Dulac’s Pool Service. John spends the winter months in Mesquite, NV.

Nancy and Rick Paré ’73 celebrated their 39th wedding anniversary and Rick’s retirement from teaching after 36 years. This picture was taken in front of the world’s tallest building in Dubai UAE.

Phil Shaw and his wife, Holly, live in Charlestown, NH. He worked in the electroplating industry for 11 years and as a master painter and wallpaper installer for the last 31. He reports he is “hopelessly addicted to turkey hunting.” He has three children, Phil, Rebecca, and Maggie. Remembered from his time at KSC: “Appian Way lined with students one evening to cheer on the ‘streakers,’ and shaking hands with George McGovern.”

Jane Davenport Sciucco lives in Enfield, NH. She retired from teaching in 2007. “We have both embraced retirement with gusto. What’s not to like?” They golf and are active in Kiwanis. They work athletic events at their local high school, where Paul was the varsity football coach. They have a condo in Ocean City, MD, and spend March on Hilton Head Island, SC.

Robert MacMartin and his wife, Kyong, write from Midway, FL. Robert spent 10 years working in the Leon County schools, then took a job with the Postal Service, retiring in 2003. He has started a second career as an instructional paraprofessional. He is also the Florida Education Association labor representative at his school. He and his wife have two children, Cara and Tim, and two grandchildren, Kayla and Leo. Robert remembers conducting an experiment in a KSC psychology class: “I made my participants drink multiple cups of grape Kool Aid, at various concentrations, and received an A.”

Karen Bennett Schmidt lives in Guilford, CT. She taught middle and high school home economics in East Haven, CT, until 2001, when she became an elementary school principal. She retired in 2012. Currently, she works part time in the same school system as director of homebound instruction. She also volunteers as a mentor for two students. Karen has two daughters, Corey and Cassie. In October, she and her KCS roommate, Marie Driscoll Frash, went on a cruise.

Ann Marie Brodeur Gilmartin lives with her husband, Patrick ’73, in Concord, NH. She is a nanny to two young girls. Her husband is a public guardian with the Leon County Community Action Program (CAPS). They have three grown children they are very proud of: daughter Erin and sons
Sean and Bryon, who have both served in the Army. Three years ago Ann Marie and Patrick traveled to Soto Cano Air Base in Honduras to visit Sean. They spent two weeks there and visited the Mayan ruins in Copan. On August 11, Ann Marie and Patrick celebrated 40 years of marriage. She would love to hear from Cora Moul, Erika Greenwald, and Melissa Finkel.

Jane adds: “I will continue with others in the next issue – it is not too late to send back your questionnaire.”

1975
Anne Dunwoody Hunter
20 Highland Dr.
Henniker, NH 03242

Margo Merrow Karamanoogian
27 Sandstone Dr.
Bedford, NH 03110
mmk1953@comcast.net

1976
Philip Bellingham
20 Transit Ln.
East Hartford, CT 06118

Patrick F. McDermott has joined Hinckley Allen, a Boston legal services firm, as director of external affairs in New Hampshire.

Janet Lovering of Newmarket, NH, writes, “Fellow 76-er Robert Lister was sworn in as mayor of Portsmouth, NH, in January 2014.”

Class Secretary Philip Bellingham writes, “Hello, ’76-ers. How are you all doing out there? Just a short note to let you know I’m still in the game. How about KSC now? Seems like they are doing OK. Keep the good times rolling.”

1977
Sabrina Brown Maloby
13 Main St.
Raymond, NH 03077

Larry Colby has his first grandchild, Sienna Rose Colby, thanks to son and daughter-in-law Travis and Michelle.

1978
Dianne Glaser-Gilrein
P.O. Box 1391
East Dennis, MA 02641
tgilrein@aol.com

1979
35TH REUNION
June 6-8, 2014

Bill Reed
3 Mayfair Ln., Apt. 206
Nashua, NH 03063-7645
billreedjr@myfairpoint.net

Martha Petrowski Laflamme
474 Second Ave.
Berlin, NH 03570-2334
mlaflamme@ccsnh.edu

Betsy Foss, a financial advisor with Morgan Stanley, lives in Rochester, NY. She writes: “My son, Tucker Foss-Stodewell, left the Navy after nine years and lives in Denver, CO.”

1980
Allison Ashley-Bergstrom
212 S. Leandro St.
Anaheim Hills, CA 92807
abergstrom@sbcglobal.net

Cathy Stuart Zurek
78 Morse Ln.
Boxborough, MA 01719
zurek@comcast.net

1981
Nancy Colciaghi Pallas
6153 W. Fallen Leaf Ln.
Glendale, AZ 85310
tomman@hotmail.com

1982
Catherine Gewanter
600 Willis Ave., Apt. 2L
Williston Park, NY 11596-1217
cfgo21@aol.com

Janet Carsten Shaffer
13004 Gleneagles Pl.
Riverview, FL 33569
janetshaffer@verizon.net

1983
Patricia K. Hodgeman Bush
Berkshire School
245 N. Undermountain Rd.
Sheffield, MA 01257
pbush@berkshireschool.org

Jacqueline Haight DeFreze
502 Portsmouth Ave.
Greenland, NH 03840
jdefreze@yahoo.com

Valerie Belanger McKenney
31 Westwood Cir.
Dover, NH 03820
mikevalmckenney@comcast.net

1984
30TH REUNION
June 6-8, 2014

Mary Beth Lucas Connors
295 Megan Dr.
Manchester, NH 03109-5924
blarney7@comcast.net

Louise Perron Tetreault
4 Avon Ave.
Cumberland, RI 02864
lee4t@yahoo.com

1985
Alison Ahmed-Regen
1194 Lees Meadow Ct.
Great Falls, VA 22066
ahmedregen@aol.com

Lisa A. Gagnon
12 Tack Ct.
Edgewater, MD 21037
lisa_gagnon@roberts.senate.gov

1986
Tori Berube
35 Andrew St. #4
Manchester, NH 03104
toriberube@aol.com

Michael Trabucco
361 Park Ave.

KSC roommates Stephanie (Moravick) Carter ‘81, Lisa (Hudgik) Smiegl ‘81, Peggy Rydberg ‘81, Joyce (Smith) Snow, Donna (Mayhew) Watterson, and Diane (Tate) Regan had a great time holding a mini reunion in Keene in August of 2013.
**IN THE NEWS:** Phillip Rumrill ’89 has published *The Sandwich Generation’s Guide to Eldercare: Concrete Advice to Simultaneously Care for Your Kids and Your Parents.* Read more online at keene.edu/mag.

Arlington, MA 02476
mptrabucco@hotmail.com

Happy spring, everyone! Michael Trabucco sending out the quarterly “Send me an update on your life” plea. I know life is hectic, but the fact that you just flipped through this magazine to see if anyone you know wrote in to the Class Notes means something. So write a quick something! And if you do it now, the next time you see something from me on these pages, you can skip right over it. Thanks!

From Nadia Kuczinski Bieber: “I haven’t been to Keene since pre-children. I am looking forward to returning and introducing them to this wonderful town soon! I do miss those fun-filled days – so many great people we went to school with! I am a K-sixth grade art teacher in Cortland, NY, and living in Homer, NY, with my husband, John Bieber, and sons Sam (9) and Owen (6 1/2). Life is good, hectic with two very energetic boys. I love my community in the Finger Lakes region. Lisa De-Santo Zaccaro and I stay in touch through holiday cards, but I have lost contact with so many wonderful people! I miss many of our alumni friends, especially Wayno Smyth, Melissa and Steve Cox, John and Jodi Lines, and so many others. I’d love to meet up with some of those folks at a homecoming and reconnect!”

1988
Jeffrey LaValley
260 Connecticut Ave.
Springfield, MA 01104
jeff_lavally1966@yahoo.com

Susan Lundgren Regan
79 Wintrop Rd.
Guilford, CT 06437

1989
Maribeth Marsico Gesler
463 Juniper Ln.
Cheshire, CT 06410
mmbmars@cox.net

1990
Lauren Aborajily Griffin
17 Monhege Path
Marlborough, CT 06447

Shelly Brodeur Masson
173 Raven Cir.
Williston, VT 05495
shelly_m627@comcast.net

Maureen Cicchesu Musseau
75 Pinehaven Dr.
Whitman, MA 02382
mmusseau@comcast.net

1991
Karen Dicey
PO Box 88
Exeter, NH 03833
kidcey@yahoo.com

Amy Eshelman
102 Newberry Rd.
East Haddam, CT 06423
aleshelman@hotmail.com

Kathleen Kerr St. Germaine
19 Great Woods Rd.
Plymouth, MA 02360-1826
kathst@adelphia.net

1992
Joan Crosby Anderson
General Delivery
Wilmot Flat, NH 03287-9999

Kate Shepard Dugan
42 Middlefield Dr.
West Hartford, CT 06107
patedugan@snet.net

Daniel Miele ’92, an investment adviser with Centinel Financial Group, was named a 2014 Five Star Wealth Manager.

1993
Shelli Bienvenue Cook
18 Heathrow Ave.
Manchester, NH 03204
shellcook@yahoo.com

Seth M. Klaiman
2 Sweet Fern Trail
Saundersboro, RI 02874

Matt Tardif writes, “Greetings from Seattle, WA. I have spent nearly 25 years bouncing, skipping, and sliding around the planet. I think this may be the place for a few years! I hope to make a reunion one of these summers. Since you last saw me, I have travelled the US, spent time living in southern Africa, the Middle East, and even a year in northern Iraq. My current occupation is as a Grade 1 teacher at a private school in Bellevue. If any alumni are interested in travel/tourism I have a small hotel in Johannesburg. It is a great starting-off point for tours of Soweto and in proximity to wildlife viewing and safaris.”

1994
Melissa Sawyer Bowler
158 Shaker Rd.
Canterbury, NH 03224
melissa@slgl.com

Dawn Deurell
17 Chestnut Cir.

IN THE NEWS: Scott Gladstone ’92 and Neil Ryan ’92 received a glowing write-up in the Connecticut newspaper *The Day*. The two own 11 Wireless Zone franchise locations. Read more online at keene.edu/mag.

1995
Cara H. Staus
2180 Stanley St.
New Britain, CT 06053
arac95@yahoo.com

Erin Delude George
9 Bigelow Hill Rd.
Troy, NY 12345-2016
egeorge@aol.com

1996
Karen Holmes Reinhold
132 Overland St.
Manchester, NH 03103
dccxi@yahoo.com

Aaron Kay Sales Parker
5832 Wodden Acres Dr.
Knoxville, TN 37921
rkpper924@comcast.net

1997
Danielle Dearborn Gagne
1587 Waterwells Rd.
Alfred Station, NY 14803
gagne@alfred.edu

Denise Dudley Sandler ’90 writes, “My husband and I traveled to the Galapagos Islands, Ecuador the beginning of November. We crossed the equator four times!”

Merrimack, NH 03054-6611
deurrall@aol.com

Penny Rioux Joyal
106 N. Adams St.
Manchester, NH 03104
jsj1215@hotmail.com

Joshua Webb is assistant professor of theatre at Coker College, Hartsville, SC.

Eric Foley was named athletic director and director of physical education at Plymouth (MA) North High School.

1999

keene.edu
Fred Berren shared the sad news of the death of his wife, Jody Vlodek Berren ’98, after a seven-and-a-half-year fight with breast cancer. The Berrens met at Keene State, where he was an Alpha Pi Tau brother and she was a Delta Phi Epsilon sister. Our condolences to the Berren family.

1999

Lt. Josue Roman ’98 (second from left) reported aboard to US Coast Guard Port Security Unit 301 in the fall of 2009. Gunner’s Mate Chief Wayne Gibson ’96 (right) has been with PSU 301 since 2008 and has deployed to Kuwait and Iraq; he is currently the weapon’s chief. After Roman transferred from assistant boat officer to weapons division officer in 2012, they discovered they had attended KSC at relatively the same time. Read more online at keene.edu/mag.

1998

Deb Clogher Burleigh
44 Clinton Ave.
Budd Lake, NJ 07828
deborahclogher@yahoo.com

Lisa Demers Harvey
lharvey2010@comcast.net

Kristen Cranson Nelson
P.O. Box 208
Greenvale, NY 11548
kanelson02@hotmail.com

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2000

Danielle LePage Zimmerman
3 Tracey Ave.
Nashua, NH 03063
danni@thezims.net

Gregory D. Sears started graduate studies in March at Norwich University, where he will take six consecutive online courses, plus a one-week residency on campus.

2001

Christine Leland Williams
54 Eastern Ave.
Woburn, MA 01801
mrsquattro@gmail.com

Jessie Gannett Heath
59 King Road
Chichester, NH 03258
jheath@wrsdsau59.org

2002

Corey Henderson earned a master’s in Spanish from Middlebury (VT) College in August 2013. Corey has presented on Differentiated Instruction at the state and regional levels. He teaches Spanish at Inter-Lakes High School in Meredith, NH, where he serves on the school’s Improving Student Achievement team.

2003

Angela Watson
55 Davidson Hill Rd.
Westminster, VT 05158
angela_watson7579@yahoo.com

2004

Alison Thompson
18 Mount Pleasant Ave.
Wakefield, MA 01880
aill8@aol.com

2005

Valerie Nettleton
497 Foster St.
South Windsor, CT 06074
vnnettlet@yahoo.com

2006

Adam Wefers
154 Sagamore St., Apt. 2
Manchester, NH 03104
awefers84@hotmail.com

2007

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2008

Kelli A. Mullen
1820 Commonwealth Ave.
Apt. #20
Brighton, MA 02135
kelli.a.mullen@gmail.com

2009

Steve Treffiletti ’00 (blue hat) and Todd Caschera ’01 (sunglasses) were KSC roommates in 1996. Here they are supporting the wife of their middle school basketball coach, who passed away from ALS, at the Walk to Strike Out ALS in October 2013 in Saratoga, NY.

5TH REUNION
June 6-8, 2014

Tom Mathews lives in Hamden, CT. He teaches 11th-grade history and law in New Haven and will soon be seeking a PhD.

Penny Cutler Gendron writes, “My son, Daniel, attends KSC now – third generation to go there.” Both of Penny’s parents (Alan Cutler ’60, Patricia Cutler ’89) and her brother (Steven Cutler) attended KSC.

Jennifer (Crettella) Turner ’08 married Leigh Turner ’09 June 22, 2013 in Old Saybrook, CT. The bride and groom are pictured in the center with attendees, clockwise: Chris Brown, Annie Turner, Justin Gagnon, Caitlín Kent, Andrea Gervasini, Kaitlyn Barnes, Joe Crettella, Aimee Ray, Nick Valvanis, Mike Fuller, Eric Massie, Jen Robie, Joel Ouellet, Jason Pasquariello, Caroline Johnson, Don Webb, and Matt Avenia.
Christopher Daignault and Jennifer Raisanen have a son, Caleb, who turned 3 in January.

Matt Gill
69 Conleys Grove Road
Derry NH 03038
mgillnh@gmail.com

Meghan McGlone writes, “I got engaged to James (Jamie) Reynolds on October 26 in York Beach, ME. We are planning a July 2015 wedding.”

Sarah Y. Scott completed grad school with a degree in mental health counseling.

Kelly Payeur
766 Ocean Ave
Portland, ME 04101
kellypayeur@gmail.com

Kaila Schippani of St. Augustine, FL., teaches at a school and a dance studio, and supports the Keene State Dance Team every year at Nationals in Orlando.

Marie Avery
101 Capen St.
Medford, MA 02155
Marieavery2012@gmail.com

Matt Schairer is assistant coach of the UMass Lowell men’s lacrosse program. He lives in Wrentham, MA.

Danielle Almon teaches language arts tutorials at Landmark High School, a school for grades 2-12 catering to students with language-based learning disabilities. She is also attending a Simmons College graduate program, earning a master’s degree in moderate special needs.

Chelsea Cragin ’08 and Matthew Gustafson ’06 were married on July 12, 2013. Chelsea is a kindergarten teacher in Canton, CT, and Matt is an environmental health and safety manager for Ensafte at Pratt & Whitney and a professional bass fisherman often on Phish tour. The couple resides in Farmington, CT. Pictured are Matt Replogle ’06, Andrew Silva ’07, Matt Gustafson, Chelsea Cragin Gustafson, Kim Goldsmith Forgue ’08, and Kathleen McLaughlin ’08.

Lauren (Miller) Morse ’05 married Dustin Morse on September 21, 2013, at Ragged Mountain in Danbury, NH. They currently live in their new home in Grantham, NH. Pictured from left are Tracey Jillson ’03, Betsy Pearsall ’94, Jessica Broadley ’05, Ruane Miller ’97, Dustin Morse, Lauren Morse ’05, Stacey Smith ’07, Christy Fowler ’09 (in back), Erika DiBenedetto ’05, Sergey Volodin ’09 (in white with tie), and current KSC student Joey Grasso. Janet Johnson ’79 was also in attendance.

Brian Razin ’08 and Rebecca Roy Razin ’07 were wed September 7, 2013, at the Colonial Theatre, with the reception held at the Marriott in downtown Keene. This was the Colonial’s first public wedding. From left: Kenny Snow ’07, Cody Henderson ’08, Brian Razin, Rebecca Razin, Mike Lee ’07, Samantha Brillon. Also in attendance were Emily Henderson ’08, Erin Carter ’08, Lyndsey Murphy ’09, Brad Martin ’09, Elaine Surrell ’92, and Psychology Professor Gary Bonitatibus.

Chelsea Cragin ’08 and Matthew Gustafson ’06 were married on July 12, 2013. Chelsea is a kindergarten teacher in Canton, CT, and Matt is an environmental health and safety manager for Ensafe at Pratt & Whitney and a professional bass fisherman often on Phish tour. The couple resides in Farmington, CT. Pictured are Matt Replogle ’06, Andrew Silva ’07, Matt Gustafson, Chelsea Cragin Gustafson, Kim Goldsmith Forgue ’08, and Kathleen McLaughlin ’08.

2013

Visit keene.edu/mag for more alumni photos.
In Memoriam

Dorothy B. Bailey ’32
December 13, 2013

May K. Prentice ’32
January 5, 2005

Barbara Goodridge ’34
January 4, 2014

Louise F. Noyes ’34
April 27, 2013

Ruth N. Towlé ’34
April 14, 2013

Ferne C. Fogg ’36
January 17, 2014

Marion I. Anderson ’41
November 7, 2013

Hope L. Frey ’41
December 17, 2013

Sylvia K. Marchand ’41
August 2, 2013

Dorothy Dattge ’43
June 16, 2013

Rita M. Sughrue ’43
November 19, 2013

Vileta C. Chase ’44
December 14, 2012

Mildred W. Dennett ’44
June 29, 2012

Alma A. Karcher ’44
July 5, 2013

Harriette C. Streeter ’44
December 4, 2013

Debbie B. Thomas ’44
December 24, 2010

Constance C. Hawes ’49
January 23, 2014

Eleanor G. Mason ’49
May 1, 2013

John T. Callahan ’50
December 12, 2013

George F. McKeage ’51
January 3, 2014

Doris C. Barnes ’52
April 13, 2013

John B. Nay ’52 M’58
November 25, 2013

Linda Stacy ’54
January 21, 2014

April McDonald ’56
December 21, 2013

Anne M. Brown ’57
February 17, 2014

John R. Loughlin ’58
September 24, 2013

Rochelle D. Peterson ’58
December 30, 2013

Robert C. McQuillen ’59
February 4, 2014

Mary F. Merrill ’59
November 28, 2013

David M. Brown M’64
November 25, 2013

Judith Groves ’64
August 15, 2013

Alexander J. Blastos M’66
January 2, 2014

Maureen L. Bigelow ’67
December 17, 2013

Charles Ambler ’69
January 26, 2014

William Carty ’69
February 1, 2014

John R. Coppola ’71
January 8, 2014

Gordon B. Davis ’72
November 30, 2013

Pamela J. Bouchard ’74
December 24, 2013

Carol P. Lohman ’74 M’76
January 29, 2014

Ellen Bosworth ’77
June 6, 2012

Kay MacLean H’04

Kay MacLean, a longtime friend of the Keene State community and a former assistant director of Alumni and Parent Relations, died March 7, 2014. She worked for the College from 1995 to 2013.

“Kay was an important member of the Alumni and Parent Relations team for more than 15 years,” said Patty Farmer ’92, director of Alumni and Parent Relations. “She is loved and admired by hundreds of alumni for her strong ties to the Golden Circle Society membership, board leadership, and volunteers. She is also well known for her Reunion Weekend leadership and panache with special events. She and her husband, adjunct faculty member and Keene City Manager John MacLean, have shown their devotion as members of the KSC community in many ways.”

Contributions may be made in her memory to the Kay MacLean Scholarship Fund, c/o Development Office, Keene State College, 229 Main St., Keene 03435-2701.
Reunion is a great time to step back into the vibe, to connect and reconnect with others who hold that spirit dear, and to create vibrant new Keene State experiences. Remember the feeling you got walking down Appian Way or scoping out the Quad – that sense of belonging, that deep appreciation for the place and the people you’ve known here? Call it campus spirit or call it the KSC vibe; it’s shared by all Keene State graduates.

keene.edu/alumni/events/reunion