

3+1+1 AGREEMENT

Between

Keene State College at Keene, New Hampshire

and

Plymouth State University at Plymouth, New Hampshire

For the

**Bachelor of Science**

in

Exercise Science, Allied Health Option,  
Pre-Athletic Training Specialization

articulating to the

**Master of Science**

in

Athletic Training

Document Update – June 30, 2024

## Introduction

The 3+1+1 agreement between Keene State College's (KSC) Bachelor of Science in Exercise Science, Allied Health Option, Pre-Athletic Training Specialization and Plymouth State University's (PSU) Master of Science in Athletic Training: Professional Program provides KSC undergraduate students a path to a Master's degree in Athletic Training in an accelerated 5-year program. The MS degree program is a two-year program constituting years four and five at PSU for a student who began as a KSC student.

## Expectations

Students entering Plymouth State will follow the program as outlined in the Plymouth State University *Academic Catalog* and are expected to adhere to all PSU policies and procedures.

## Program Progression

1. This 3+1+1 agreement is based on the student's successful completion of all required courses in the first three years of the BS in Exercise Science, **Allied Health Option Pre-Athletic Training Specialization at KSC**. Students must meet the following requirements prior to early admission to the PSU MS degree program:

- Completion of all Integrative Studies Program requirements
- 90 credits toward a BS degree at KSC
- Minimum overall GPA of 2.5
- Successful completion of all prerequisite courses\*, with a grade of C or higher

\* KSC/PSU 3+1+1 in Athletic Training Prerequisites - Completion of the following courses (must be taken within the past seven years):

- Anatomy and Physiology I (with lab): 4 credits
  - Anatomy and Physiology II (with lab): 4 credits
  - Kinesiology: 3-4 credits
  - Exercise Physiology: 3-4 credits
  - Physics: 3-4 credits
  - Biology: 3-4 credits
  - Chemistry: 3-4 credits
  - Nutrition: 3-4 credits
  - Exercise Prescription: 3-4 credits
  - General Psychology: 3-4 credits
  - Statistics: 3-4 credits
- Completed Health Screening within the last 6 months with proof of immunizations
  - Current CPR/BLS for Healthcare Providers certification
  - Be able to meet the MS in AT program Technical Standards. For information about the Technical Standards for Admission, please check [here](https://www.plymouth.edu/sites/default/files/media/2024-06/technical-standards_2024.pdf).
    - [https://www.plymouth.edu/sites/default/files/media/2024-06/technical-standards\\_2024.pdf](https://www.plymouth.edu/sites/default/files/media/2024-06/technical-standards_2024.pdf)

### 3+1+1 AGREEMENT (2022)

Plymouth State University and Keene State College

2. Qualified Keene students will be allowed to take the first year of graduate courses leading to Master of Science degree program in Athletic Training at PSU. They will maintain their matriculated undergraduate status at KSC and, if they complete their 4<sup>th</sup> year successfully at PSU, will graduate with a Bachelor's degree from KSC (credits to be transferred from Plymouth to Keene and articulated to meet outstanding degree requirements). Students completing the KSC degree through this articulation agreement are eligible to participate in commencement at KSC.
3. Students who earn a B- or higher in all PSU 5000 level courses, complete all of the first-year course work for the Master of Science in Athletic Training, and who meet all other admissions requirement will be admitted as graduate students in the Master of Science in Athletic Training degree program and be eligible to complete the second year of this program. Upon successful completion of the program they will be granted the Master of Science degree in Athletic Training, Professional Program from PSU.

#### Administrative Issues

1. This 3+1+1 Agreement will officially begin effective on the date of this signed agreement.
2. Curricular changes at KSC must be coordinated with PSU to ensure continuation of this agreement.
3. Periodic evaluation of the program will assess the number of students participating, academic progress of students, and the appropriateness of this agreement.
4. Each institution will annually designate a program coordinator who will be expected to meet at least once per semester.
5. A separate Consortium Agreement accompanies this document regarding the award of financial aid.

#### Signatures

Plymouth State University  
Plymouth, New Hampshire

Keene State College  
Keene, New Hampshire

\_\_\_\_\_  
Nathan Bowditch  
Provost and VPAA

\_\_\_\_\_  
Date

\_\_\_\_\_  
Kirsti Sandy  
Provost and VPAA

\_\_\_\_\_  
Date

 7-1-24

