Welcome to Your Keene State College T.R.E.K.

Once again, welcome to Keene State College! You’ve survived a few weeks of campus life, hopefully have made some new friends and settled into a routine with your class schedule. *Campus Connections* is a quarterly e-newsletter sent to all new students at Keene State. It’s loaded with information, references, ideas, and upcoming events. Because it is published by Academic and Career Advising, the newsletter has a decidedly advising twist to it. Whether you are interested in finding a major or strengthening the major you’ve identified this publication will be helpful. *Campus Connections* will assist you in locating academic supports on campus or in finding opportunities to learn what you can do with your major at Keene State and as you graduate and transition out.

Academic and Career Advising developed a matrix based on the skill areas important to your success as a college student. The document titled T.R.E.K outlines suggestions for your journey as a KSC student from the day you step on campus to the day you graduate. The focus of your T.R.E.K includes transitions, identifying resources, exploring options, and reflecting on your knowledge. This issue of *Campus Connections* will focus on transitions.

Transitions happen continuously; from one school to another, one semester to the next, one class to the following, and from life as a college student to that of a graduate and all that means. Asking the question “where are you coming from and where do you want to go” as you move through your KSC T.R.E.K will be important. As a first time student or a new transfer student meeting people who can provide you information or guide you through this new environment will be helpful. Building a resume reflects the transitions you experience such as declaring a major, membership in clubs and organizations, leadership roles, summer jobs, research and internships. The beauty of a resume is that it can be re-worked often and will be instrumental as you begin to look at the significant transition of graduation.

What’s happening in the near future? Check out The Major Event on October 7th in the Student Center. This is a great opportunity to meet representatives from the many academic majors we offer at Keene State College. Registration for the spring 2015 semester is the last two weeks of October. New students will be registering for classes online. This is a new process for many of you. Academic and Career Advising will be hosting registration technology demonstrations the week before registration begins and a registration session in all first year residence halls on Tuesday, 10/21. We are available for one-on-one appointments with the exception of the full two weeks of registration when we provide drop-in advising to the entire campus in Mason Library.

If you are undecided you have received communication from your ACA advisor inviting you to make an appointment. Please do this soon. Our calendars are filling quickly. If you have an educational goal and a major in mind your initial advisor is the department chair of your academic area. Stop by ACA and we’d be happy to provide you with information. Whether you have a major in mind or not or you are a new transfer or a first time student we’d love to meet and talk about your educational goals.

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**SPRING COURSE REGISTRATION:** **MONDAY, OCTOBER 20 THROUGH FRIDAY, OCTOBER 31**
Academic Support on Campus

Having problems managing your time and studying for classes? Finding your ITW or IQL course difficult?? Or...you may have a disability and don’t know where to turn for help? Please know there is free support at KSC for all of this and more:

**THE CENTER FOR WRITING:** located at 81 Blake Street, behind the Student Center, offers free assistance to students to improve their writing. Peer tutors assist students in a friendly environment. Students can drop in for assistance or may need to make an appointment.

**THE MATH CENTER:** located at 88 Winchester St., offers drop-in tutoring—you need no appointment. Eileen Philips, director of the Center, encourages students to come in soon and often. Don’t wait!

**THERE ARE THREE OFFICES IN THE ELLIOT CENTER WHO ALSO OFFER ACADEMIC SUPPORT:**

- **The Aspire office** offers two forms of support: educational counseling and tutoring. **THE EDUCATIONAL COUNSELING PROGRAM** offers support to students feeling overwhelmed with their academics, having difficulty with time management, or have concerns about their courses. The program offers study strategies and one-on-one support to all students.
- **THE TUTOR PROGRAM,** led by Jeanne Hearn, offers peer tutoring to improve skills needed for a course, discuss course content, organize a study plan and build confidence. The program also supports students in preparation for exams.
- **THE OFFICE OF DISABILITY SERVICES** assists students with documented disabilities in their transition from high school to college. Services may include converting textbooks to an alternative format, note-taking and various assisted technologies.

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**INTRODUCING KEENE STATE COLLEGE’S PRE-MEDICAL ADVISOR!**

Keene State’s new pre-medical advisor, Susan Whittemore, continues to teach and involve undergraduates in research in her position as professor in the Biology Department. She joined KSC in 1993 after completing a Ph.D. and postdoctoral research in physiology at Dartmouth School of Medicine (now the Geisel School of Medicine). During her tenure at Keene State, she has informally helped many students prepare for and apply to medical school among other health profession programs and looks forward to continuing and expanding that effort.

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**FEATURED EVENT**

Trying to pick a major? Thinking about changing your major? Come to...

**KSC’S “MAJOR” EVENT OF 2014**

**Tuesday, October 7, 2014**

**Student Center Atrium**

**11:00 AM to 2:00 PM**

**Declaring a Major: What I want to know?**

Meet professors and students involved in different majors

SPONSORED BY: SOPHOMORE YEAR RESIDENTIAL EXPERIENCE AND ACADEMIC AND CAREER ADVISING
UPCOMING EVENTS

October 7: “Major” Event: 11:00 am –2:00 pm, Student Center Atrium.
October 7: Educators’ Fair for KSC Student: 3-6 pm, Rhodes Atrium.
October 10: Fall Break Day...no classes. Plan to participate in Community Service Day.
October 18: Okemo Mountain Job Fair: 10-3 pm. Okemo, Ludlow, VT
October 21: Advising After Dark: 9-10pm, All First Year Residence Halls
October 21-31: Drop-In Spring Course Registration Advising: 9 am - 7 pm Monday - Thursday; and 9 am - 3 pm on Fridays, Mason Library -- NEW LOCATION!
October 28: Jobs That Make a Difference: 4 pm, Student Center Mountain View Room.

TREK: Transititon

First Year Students in KSC 199, a Living Learning Community in Holloway Hall focused on Exploring Majors, talk about their transition to Keene State College.

Keene is Reading Americanah by Chimamanda Ngozi Adichie

Discussions of the book will be held on Fridays at noon throughout the academic year. Upcoming meetings include: 10/3, 11/14, 2/13,3/6 and 4/10.

Adichie is expected to speak on campus during the spring semester.

MAKING SENSE OF ISP
Integrative Studies Program

(Click the video link to the left)