

Creating Change

Upcoming Events

- > First Book Meet and Greet - May 20
- > Incoming Student Orientation Sessions- June 2-28
- > First day of Fall 2009 Semester- August 25
- > Community Service Fair- September 9



Students Submit Community Service Hours

Every fall, one thing that service organizations can count on is the hundreds of freshmen who attend their first General Member meetings of the year.

Throughout the academic year, nearly 200 of these dedicated Keene State College students have submitted a

registration form to the Community Service Office. Along with the registration forms, they, and many others, have submitted Service Logs noting their participation in Adopt a Grandparent, Alternative

Spring Break, Big Brothers Big Sisters, Circle K, College for Every Student, Global Village, Greek Life, KSC Reads and many other organization's

commitment to our school motto, "Enter to Learn, Go Forth to Serve."

Congratulations to all the Keene State College student

volunteers on a very successful year of Community Service. Thank you for everything you do! Registration forms can be found on The Community Service Office

15,356

events.

15,356. Not only does this number represent the number of community service hours that Keene State has given to our college and our community, but it also represents our

website at www.keene.edu/young/community.cfm

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Alternative Spring Break

The Alternative Spring Break program provides a significant leadership opportunity and a memorable learning experience for all involved. The program exposes students to complex social and cultural issues through direct service, experiential learning, discussion and reflection. The program allows students to

apply classroom learning to real world topics.

Twelve team leaders led six groups of students to service sites across the country. Each team leader planned and contacted the site they were interested in volunteering with. Ericka Metevier, ASB Coordinator worked met with the team leaders bi-

weekly during the fall and spring semesters to work out logistical aspects of the service trips.

Checkout pages six and seven for more information on this spring's trips.

Service Learning

January 2008 not only brought a new year, but a new semester filled with Service Learning classes. This Spring 2008 semester had new projects from the Architecture, Art, Communications, Computer Science, Education, Health Science and Sociology departments. Below, each of the Service Learning Projects are described. If you're interested in the Service Learning Program, please contact Angela Yang-Handy in the Service Learning Office located in Rhodes Hall, Room N109. She can also be reached at 358-2356 or ayanghandy@keene.edu

ARCH 280-01: Collaborative Architectural Project- Donna Paley

The focus of this course was to teach architecture as a socially engaged profession through collaborative architectural design projects benefitting community agencies. The students worked in teams on projects with the Hannah Grimes Center for Entrepreneurship (incubator offices), MoCo, the Moving Company (new community Cultural Arts Center for the Keene Middle School), Vernon Street Fire Station (feasibility study), Southwestern Community Services (affordable housing for seniors), Monadnock Biodiesel Collaborative (biodiesel plant in Keene), Keene Expo Center (a track, field, expo, and hockey center), and Keene Housing Authority (renovations and upgrades on apartments).

ART 350-01: Graphic Design II- Marsha Hewitt

Students in this course designed a logo for the Local Oral History Project in consultation with Cheshire TV.

ART 497: Internship Class- Marsha Hewitt

Graphic design internship students worked on a number of service-learning related graphic design projects this semester. Agencies that benefitted from these students' work include the Red Cross, Stonewall Farm, and the Boston Area Chapter of Boston Pharmaceutical Innovation.

COMM 372-01: Intercultural Communications- Beatriz Torres

In this course, students volunteered at the Community Kitchen, and reflected upon the experience using intercultural

communication frameworks for analysis and understanding about their personal experiences.

CS 150-01: Web Page Construction- Matthew Onyon

This class worked in partnership with LifeArt, a program of Monadnock Developmental Services that provides adult daycare for mentally challenged adults, to develop a website for the program. The class simulated working as a real commercial web development organization serving a client in the community.

EDSP 202-02: Development, Exceptionality, and Learning- Nancy Lory

As a requirement of this course, students completed 15 hours of service-learning over the course of the semester. Students volunteered at local schools including Keene Middle School, Troy Elementary School, Whitefield High School, and Franklin Elementary School. The students focused on activities related to special education, music, and physical education.

ESEC 250-01: Development, Exceptionality and Learning II- Betsy Dubois

Students in this course were required to complete 10 hours of service-learning over the course of the semester. The students volunteered at various schools and school programs across New Hampshire including: Many Options, Holliston High School, Bow Memorial School, Sunapee Middle High School, Merrimack High School, Guilford Middle School, Riverside School, Charino Middle School, Nashua High School North, East Hampton High School, Great Lawrence Technical School, Keene High School, Belmont High School, Coe-Brown Northwood Academy, Leavitt Area High School, and Troy Elementary School.

IITDS 199-03: Peak Oil- Rick Foley

This class engaged in a problem-based service-learning project through their partnership with Green Energy Options and the KSC Rocks program. The students performed a needs assessment to examine issues related to energy audits and imported fuel use and substitutes in Keene.

HLSC 385-01: Behavior Change Facilitation- Christopher Proulx

In this course, students were responsible for a health education/behavior change project that required them to work with a local agency or school of their choice, facilitate a focus group, and make a full presentation to the agency that they worked with. For this course, students worked with Many Options, Keene High School, Monadnock Regional High School, Brattleboro Memorial High School, and Keene Middle School.

SOC 335-01: Practicum in Sociology- Peggy Walsh

Sociology practicum students worked on service-learning related projects with the New Hampshire Women's Policy Institute and the Winchester ACCESS Program.

SOC 375-01: Community Studies- Therese Seibert

This class conducted three service-learning projects over the course of the semester. The first project involved working with the Keene Family YMCA, and students carried out a research study in which they gathered information about how program participants felt about the programs that they were enrolled in. For the second project, students partnered with AIM High, a small non-profit housed at the Keene YMCA that provides mentorship and other services to at-risk youth, and crafted a grant proposal. The third project focused on collecting data about the KSC Sociology and Anthropology Department for use in improving the Sociology program.

WS 495-01: Capstone in Women's Studies- Peggy Walsh

The Women's Studies Capstone course worked on two service-learning projects this semester. For the first part of the semester, students worked with the New Hampshire Women's Policy Institute based in Concord, NH, on a project to set benchmarks for increasing the status of women in New Hampshire. The class also worked on a project looking at the origins of the women's studies program here at KSC in preparation for the Centennial Celebration.

First Book



First Book is a national nonprofit organization with the single mission of providing new books to children from low-income families. First Book-Keene State College, formed in November 2006, is part of the national network of volunteer-led First Book Advisory Boards in over 270 communities.

First Book-Keene State College is comprised of students and staff from Keene State College and has distributed 2,000

books to children participating in local programs. The club on campus meets every Monday at 5pm to plan fundraising and coordinate working with their community partners.

Thanks to the generosity of C&S Wholesale Grocers – based in Keene, NH – we are delighted to announce that First Book will be bringing 50,000 brand new books into the homes of the most disadvantaged youth in Southwest New Hampshire. The goal of the joint initiative – *Food*

for the Body, Food for the Mind - is to identify and connect every community-based program serving children in need with ongoing access to new books by registering with First Book.

Keene State First Book and the Community Service Office hosted a “Meet and Greet” on May 20th where area child service agencies were able to register with the First Book Program.

This year C&S also donated \$1,000 to The Community Service Office at Keene State.

Greek Life

This semester, Greek Organizations have continued to contribute their time and efforts to the KSC and Keene Communities. Through a number of organizations, they have brought awareness to, fundraised for and assisted many affiliate organizations.

Here’s a look at a couple of the projects that Greek Organizations participated in this semester.

- **Project U**– a fashion show created to promote healthy body image.
- **The Community Kitchen**
- **Walk a Mile in Her Shoes**- The Men's March to Stop Rape, Sexual Assault and Gender Violence.
- **Mothers Against Drunk Driving**
- **Day of Clarity**- a day of events promoting good choices and responsible decision-making.
- **Thanksgiving Basket Drive**
- **Ashuelot River Clean Up**
- **American Red Cross Blood Drives**



Members of Delta Phi Epsilon at the Community Kitchen

**Community Service Hours
for Each Greek Organization**

Sigma Lambda Chi- 301	Phi Upsilon- 83.5
Kappa Delta Phi- 244.5	Tau Phi Xi- 117.5
Phi Sigma Sigma- 416.5	Phi Mu Delta- 300.5
Delta Phi Epsilon- 284.5	Eta Gamma Chi- 66

Phi Sigma Sigma Women at the Extreme Makeover Home Edition Set last Fall



Members of Psi Upsilon, formerly Delta Nu Psi, at the Extreme Makeover Home Edition Set last Fall

KSC Habitat for Humanity - Act! Speak! Build! Week

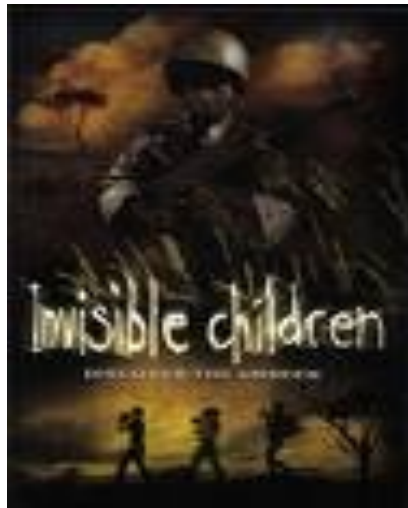
Habitat for Humanity hosted their annual Act! Speak! Build! Week April 7-10 this year. Monday, April 8th, the organization held an information session in the Student Center Atrium. Passers by could participate in a letter writing campaign, guess how many legos made this house, and answering questions on www.freerice.com. This website was designed by a father who wanted his son to study for the SATs. After developing the program for his son, he was convinced he would be able to apply the program to a cause he cared about- world hunger. Corporate advertising now donates 20 grains of rice for every correct answer. Since October 2007, his word game has donated 20 billion grains of rice to the World Food Program. 20 billion grains of rice feeds nearly a million people for one day. Visit

Hundreds, possibly thousands, of children are abducted from their homes, schools and orphanages and are forced to join the Rebel Ranks and Child Soldiers

www.freerice.com to participate yourself!

On Tuesday, April 8th Habitat for Humanity opened a showing of Invisible Children and Silent Raffle to campus as well as the community. Nearly 100 students, faculty and community members attended the documentary showing in the Mabel Brown Room.

Invisible Children is a documentary filmed by three college students seeking a story in Africa. After land-



ing in Northern Uganda, they intended to travel to Sudan, however they were detoured and found a different story to focus on, Child Soldiers. Their documentary tells the story of hundreds, possibly thousands, of children who are abducted from their homes, schools and orphanages and are forced to join the Rebel Rank's effort in defeating the government. After being abducted, the children are tortured, beaten, and forced to kill. The children are often threatened with torture and are sometimes killed. The documentary features

interviews with children, care givers, and political figures as well as first hand accounts of what Ugandan Children go through on a daily basis.

Two speakers from the Invisible Children Movement were in attendance to tell us more about the program, the video, and what's going on in Northern Uganda now. Following the documentary showing, silent raffle prizes were announced.

To learn more, visit www.invisiblechildren.com.

Due to weather during Hunger and Homelessness Awareness week in November, Habitat was unable to host their annual Great American Sleep Out. However, Act! Speak! Build! Week was the perfect opportunity to make it up to those who were disappointed that they couldn't sleep out on the Student Center front Lawn in Cardboard boxes. Eight cardboard box homes were built using only duct tape to hold it together and were judged for the most sturdy home. The event brings awareness of homelessness to campus through the vivid depiction of what it's like to really live outside. While our cardboard box homes were located in a safe place, students who participate in this event find themselves more aware of what they take for granted.

Thank you to all the student, faculty and staff support for making Act! Speak! Build! Week a success!!

Circle K Semester at a Glance

Volunteering Every Week of the Semester, EVEN During Final Exams!

Circle K, a community service club, has been very productive this past semester. We started off the semester by holding our 2nd Dance-A-Thon. We raised 615.96 from this one event and



all of the money was donated to Camp Sunshine, which is a camp in Maine for terminally ill children. Circle K held a social in Pondsides 3 to help make blankets and dolls for children who are at the Kiwanis Pediatric Trauma Institute. Sev-

eral members came and we made six blankets and about ten dolls. These materials give comfort to children who are staying at the hospital and don't have their own toys. In the month of April several members were sent to the Community Kitchen to help prepare food for the dinner meal. They went every Friday in April for two hours each time. Kiwanis held a high-way clean up where about 5 circle k members volunteered their time on a Saturday morning to go and help pick up trash along the side of the highway. We started a new fundraiser this semester called "good-bye kisses". Students can

pay a dollar to send their friends a bag of chocolate kisses as a "good-bye" for the end the year. All of the money will be donated to the Kiwanis Pediatric Trauma Institute. Our last event of the semester is Pizza Sales where students can order a personal pizza and a soda through us for \$3 and have it delivered to their dorm. All of the money raised will go to the American Cancer Society.

Dance, Dance

On Saturday, March 1st, about 100 KSC Students attended Circle K's Annual Dance-a-Thon, where students had the opportunity to dance non-stop from 7pm until midnight in order to win an I-pod Nano. At 6:30, attendees were checked in and given a number if they were competing. The first 50 students received a free t-shirt. Each attendee paid five dollars. Proceeds were donated to Camp Sunshine, a summer campus for children with disabilities and an organization that KSC Circle K has a long lasting relationship with.

Upon arrival, attendees were granted five raffle tickets in order to participate in a gift basket raffle. The Event kicked off at 7pm with a hip-hop performance

from the dance team. DJ Aaron Potter started spinning and participants started dancing and continued until 9pm, when they were allowed their first chance to grab a drink and some pizza and to catch their breath. During this time, the Ballroom Dancing Club performed a swing dance routine and the tanning, thai and haircut themed baskets were raffled off.

At 9:15, the dancing continued until 11pm when dancers were granted a five minute break when the digital camera and movie baskets were raffled off.

When the dance-a-thon concluded at midnight, there were seven remaining students who had not been kicked off the floor for standing, dragging their feet, etc. The seven finalists then

competed in a dance-off in which they had to show off their best moves in thirty seconds. The winner was determined by how loudly the crowd clapped and cheered for the participants.

After the crowd's judgements, Shawn Ahern was crowned dance a thon champion and was presented a new I-Pod Nano. Congratulations to Shawn for his winning dancing and to Circle K for a successful event! They raised more than \$600 for Camp Sunshine!



Alternative Spring

Student Teacher Trip, Washington DC

During February vacation five Keene State student teachers took off for the city of Washington DC. With having much of their teaching experience from the rural Keene area, it was exciting to be embarking on an adventure that would push many of them beyond their limits. The group worked in an inner city elementary school, mostly in the fourth through sixth grade classrooms. Working through an organization known as CFES (College for Every Student) the student teachers were hoping to help the students understand the opportunities and possibili-

ties of college. In the fourth grade two student teachers worked with the classroom teachers and students on conducting a lesson on New



Hampshire, a math lesson and a writing lesson creating a book on Washington DC. There were three student teachers who joined the fifth

and sixth grade classrooms for the week. They worked with the students on learning about what college can offer, and specifically about KSC. Throughout the week the student teachers were also able to meet with a member of the Washington DC School Board as well as tour another school located on the opposite side of the city. It was a wonderful experience to talk to administration as upcoming teachers and also to compare the vast difference between rural and city education. It was a wonderful learning experience for all involved.

KSC Habitat for Humanity in South Carolina

Sea Island- A group of 14 students traveled to John's Island, SC to work with the Sea Island Habitat for Humanity Affiliate, participating in a program called Collegiate Challenge. Keene State, along with Hamilton College, Cornell University, University of Hartford, College of Mount St. Joseph and Illinois Wesleyan, spent our spring break working on several Habitat homes. We worked on a brand new neighborhood called Brownswood Place, a community consisting completely of Habitat-built homes. The neighborhood will house 30 plus families by this June, and if Sea Island reaches this goal, they will receive a one million dollar grant to build even more homes. Our time on the worksite was spent building window and door frames, siding and roofing an entire house and covering a porch with soffit siding and much more. We put most of our work into a home that would eventually house a family of four. Our experience with the people of Sea Island Habitat was incredible. Our site supervisors truly appreciated us giving up our spring breaks to come and help out. They are genuine people with so much passion for what they do, and it really starts to rub off on you. Without exaggeration,



Alternative Spring Break is really an experience of a lifetime. It's amazing the relationships you can make in barely a week. One of our supervisors said to us, "It's kids like you that restore my faith in the future...I love you guys." This was an opportunity none of us will soon forget.



Georgetown- Our team of eleven KSC students spent our spring break in Georgetown, SC working with the local habitat affiliate. Our ride down took almost twenty hours, but not a single member of the team regrets a single minute of the ride. Georgetown, South Carolina is absolutely beautiful and the community reached out to us with open arms. Many students gained more driving experience than they ever could have hoped for and got to see parts of the country they've never witnessed. Southern hospitality is no myth and we were privileged to be taken such good care of by the Habitat affiliate with whom we were working.

Environmental Trip, Florida Everglades

We had an amazing time on Alternative Spring Break in Florida City, Florida. When we started our meetings none of the people on our trip really knew each other but as the year progressed we all became friends. Since our trip was called the “environmental trip” we did do a lot of work in the national parks in Florida. It was an amazing experience working with the wildlife and in the national parks because it was something that interested everyone on the trip. While we were down there we spent two days at the Everglades Outpost and Monkey Jungle, and one day in the Everglades National Park. Working at the Outpost was very fulfilling because we planted palm trees along the property as well as weeded and cleaned the Outpost. At the Monkey Jungle, we worked in their fifty acre man made rainforest picking air potatoes. The air potato is an invasive plant that kills off native plants and our job was to pick the potato before it took roots in the ground. What made this rigorous task more fun was that in the rainforest there were hundreds of squirrel monkeys running wild in the trees. We spent our last day working at the Key Largo ranger station in the Everglades National Park. It was a nice change from the other work we did because we painted the ranger station instead of working with animals. Going to Florida for spring break was so much fun and it is an experience that we will remember forever.



Boys and Girls Club-Savannah, GA

The twelve of us had a great time going to Myrtle Beach for a night, then Savannah, GA for the rest of our trip. We stayed in a Hostel in Savannah where we met some interesting characters. The twelve of us volunteered at the Boys & Girls Club of Savannah. In the mornings, we mostly repainted the building and in the afternoons we worked with the children. We helped the children with homework and played basketball and hockey. We taught them fun facts about Saint Patrick's Day and did crafts with them. We can't forget the two crazy Easter Egg Hunts that took place. During off we explored the beautiful city of Savannah with its many squares. Overall it was a trip that none of us would soon forget.



St. Bernard's Project, LA

Almost two and a half years after the storm, most all of greater New Orleans is still in need of repair. St. Bernard Parish is continuing to rebuild every day with the help of many organizations and volunteers. Working with the St. Bernard Project gave us the opportunity to work along side parish residents, long term volunteers and fellow classmates. The work we completed on the Gaudet's and Jones' houses would have taken the home-owners weeks if not longer to complete them selves. Both families are employed full time and raising children, leaving little time to complete finishing work on their homes. Keene State College experienced overwhelming hospitality and were warmly welcomed into the homes they worked in.

Residents told stories of both their tragedies from Hurricanes Katrina and Rita, as well as their compassion and devotion towards rebuilding their homes and preserving their culture. The single most important thing that we may have learned while working with the St. Bernard Project is the power of communication. It was apparent every where we went. Lack of communication in regards to evacuation; break down in communication in rescues and dedication to continue communicating the Gulf Coast's need for help. The organizations we were in contact with, Camp Hope and St. Bernard Project, recruit thousands of volunteers each month, solely through word of mouth. The work we completed has the possibility of being multiplied thirteen-fold by getting the word out to everyone we know. Ordinary people have the ability to do extraordinary things! The rewarding experience of participating in this Alternative Spring Break leaves little doubt that we'd all like to go back and do it all over again!



Keene State College

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www.keene.edu/young/community.cfm

Keene State College Service Organizations Contact Information:

Big Brothers Big Sisters- 358-2795
Habitat for Humanity- 358-2786
KSC Reads- 358-2615
Circle K- 358-2154
Greek Life- 358-2641 (Inter Fraternal Council/
Panhell)
Alternative Spring Break- 328-2699
Global Village- 358-2665
SERVE NH- 358-2665



KSC Service Learning Goes International in Nicaragua

Ten Keene State College students traveled to Central America in March as part of an experiential learning interdisciplinary course, Nicaragua in Change. Professors Karrie Kalich (Nutrition) and Margaret Walsh (Sociology) prepared the students in a seminar series focused on examining revolution and counter-revolution, intercultural communication, and the meaning of service-learning in an international context. Student participants included Amanda Abramson; Ashley Lazarz, Annelies Spykman, Halley Rust, Lauren McGuire, Liza Uhl, Nathaniel Lesch-Huie, Rebecca Sarno, Samantha Blanchard, and Tyler Girouard. Professor Beatriz Torres (Communication) and John Halter (Diversity Commission) also accompanied the group.

In addition to peering down the Masaya volcano and exploring the colonial city of Grenada, students interviewed activists from a consumer rights association,

and a women's organization working against domestic violence. They stayed overnight at a farming cooperative in the hills of Rio Blanco, and were hosted at a baseball game by the town's Mayor. They learned about many diverse topics from nutrition to culture to botany.

Since our return students have been involved in sharing their knowledge and raising awareness about global inequalities. Students noted that many young Nicaraguans were working so hard, hoping that their efforts will create a better future for the next generation. In turn, we are grateful to have forged partnerships that present models for our own behavior.

The class acknowledges generous support from Integrative Studies and the Diversity Commission. If you are interested in joining the study group next time, please contact Professor Margaret Walsh, 8-2905.