In May and June 2014, Keene State College surveyed alumni who received bachelor’s degrees in 2013. The purposes of the survey were to determine how many recent graduates are employed or pursuing further education, whether their employment or further education is related to their undergraduate studies at KSC, and how well their KSC experiences prepared them for this next step in their lives. The survey was conducted online with email invitations and follow-up reminders. There were 1068 graduates in FY2013, and the college had valid contact information with permission for email contacts on 707 of these (66% of the class). Email survey invitations were sent to these 707 alumni, and usable responses were received from 232, for an overall response rate of 33%. This is a very high response rate for this type of survey. This document presents findings from the current survey (Class of 2013) with comparisons them to findings for the Class of 2012, which was surveyed in February/March, somewhat less than a year after graduation.

**KEY FINDINGS**

- In general, findings were similar to the previous cohort, with employment up slightly and enrollment in further education down slightly.

- One year after graduation, 94% of the Class of 2013 respondents are either employed or engaged in further education. This is the same rate of employment and/or further education as for the Class of 2012.

- Ninety-one percent of the Class of 2013 respondents reported that they are employed in some way. This is up from 89% for the prior year.

- Only 3% of respondents report that they are unemployed and looking for work. This compares to a New Hampshire statewide unemployment rate of 4.4% in April 2014 (Massachusetts = 6.0%, Connecticut = 6.9%, Rhode Island = .3%, New York = 6.7%). This question was not asked in the same way on the Class of 2012 survey, so no comparative data are available.

- Among those who are employed, more than three-fourths (77%) report that their current position is related to their studies at KSC (up from 73% for the Class of 2012), and 81% of those indicated that KSC had prepared them Well or Very Well for this employment (compared to 85% for the Class of 2012).

- Seventeen percent of respondents have enrolled in an academic degree program since leaving KSC, mostly pursuing master’s degrees. This is down from 19% for the cohort that graduated in 2012. Most of those enrolled in further education report that they are also employed in some way.
Among those who are engaged in further education, 83% reported that their current studies are related to their studies at KSC (down from 95% in 2012), and 87% of those judged that KSC had prepared them Well or Very Well for this next step in their education (the same as in 2012).

**Detailed Findings**

**Employment**

The great majority of the respondents (91%) indicated that they were employed in some capacity at the time of the survey, in the following types of employment.

- 62% full-time regular employment
- 19% part-time regular employment
- 4% paid internship
- 2% unpaid internship
- 5% a year or more of planned service (such as City Year, AmeriCorps, or Peace Corps)
- 5% not employed by choice (while in school, travelling, or caring for family, etc.)
- 3% not employed and seeking employment

Of the 68 respondents who were employed part-time, or in an internship, or who indicated that they were not employed by choice, 26% reported that they were also enrolled in further education.

The majority of employed respondents indicated that they had found their current employment either before graduation (27%) or less than three months after graduation (26%). Another 30% found their current position between three and six months after graduation. Only 17% reported that it had taken longer than six months to find their current employment.

More than three-fourths (77%) of employed respondents reported that their current position is either Closely Related (50%) or Somewhat Related to their studies at KSC (27%). Among those who said their employment was related to their studies, 81% indicated that their undergraduate studies at Keene State College had prepared them either Well or Very Well for this position.

**Further Education**

Seventeen percent of respondents reported that they have enrolled in an academic degree program since leaving KSC, with most of these seeking master's degrees. These respondents overwhelmingly indicated that their further education is either Closely Related (64%) or Somewhat Related (19%) to their undergraduate studies at KSC; and 87% of those who are in programs related to their undergraduate studies judged that KSC had prepared them either Well or Very Well for this next step in their education.

**What Else Are Alumni Doing?**

The survey asked respondents, “Besides employment and further education, what else are you doing that is meaningful to you in this first year after graduation?” Respondents described a broad range of interesting and developmentally appropriate activities, including marriage, travel, fitness activities, community service, struggling to repay student loans, and exploring independent living. The following is a sampling of responses; a complete transcript appears in the appendix.
Besides employment and further education, what else are you doing that is meaningful to you in this first year after graduation?

Advocating for change in the mental health and developmental disabilities systems within the State of New Hampshire, as well as speaking out for increased funding for both.

Became a certified fitness instructor, and recently completed my first season of being an assistant coach at Guilford High School as the assistant boy’s track and field coach. Also have continued to participate in volunteer work in the local area.

Currently, I am fundraising for a bike trip with a non-profit organization called Bike & Build that raises money and awareness for affordable housing across the country. I will be participating in the Coastal Drift ride if I successfully raise at least $2250. The trip is three weeks long in July, starting in Bar Harbor, ME and ending in New York City with five build sites along the way.

I have been creating a life where I can balance a full time work schedule with maintaining a social life. I moved to Boston so I’ve been trying to stay in touch with friends and family who I no longer live with or see on a daily basis. I’m also saving for an international trip.

I have joined a gym and recently completed a 5k.

I have been traveling the United States for the past 5 months while working on organic farms and learning about the country. Meeting new people, gaining skills of how to manage and maintain a farm, and being sustainable are some of the things I’ve accomplished thus far.

I interned for a New York State Assemblyman from June-September 2013

Engaged to be married! And having a baby!

I did an internship with Disney and moved to Florida for 5 months! After graduation, I wasn't able to really do anything too meaningful because my school loans are overwhelming and stressful to pay back.

I got married this year and I am preparing to enter into grad school in the fall and start a full time job

I did volunteer work in Kenya from September 2013 thru January 2014

I purchased my first house in February 2014

I have taken up gardening and am attempting to grow my own fruits and vegetables. I paint and draw regularly.

Moving out on my own this month

Starting a new life. It is tough to adjust to not being a broke college student anymore. This past year I have improved my credit, financed a new car on my own, found a job in my field, and recently found an apartment. I miss college but it feels great to be going a separate path than my classmates.

I am doing a lot of volunteer work with women's shelters and am looking into changing the laws associated with domestic violence cases.
**What Remains Meaningful from Their Time at KSC?**

The survey asked, “What experience did you have at KSC - inside or outside the classroom - that has proved most valuable for whatever you are doing now in your life?” Responses included praise for faculty and courses, athletics, student organizations such as Student Activities Council or Greek organizations, student employment such as being an RA or working at the IT Help Desk, and purely personal social activities such as making friends. The following is a sampling of responses; a full transcript appears in the appendix.

**What experience did you have at KSC - inside or outside the classroom - that has proved most valuable for whatever you are doing now in your life?**

All my special education classes were SO helpful. I am so thankful that I decided to go the special ed route. I learned the most out of those classes. I strongly recommend that all education students have more special ed classes.

As part of Student Government, I learned how to handle myself and work with other students and representatives in order to network and improve the way things are done at the school.

Being an Athlete and a Resident Assistant both taught me how to utilize my time management, how to take control or the lead in crucial situations and how to constantly push through even if it is a terrible day.

Being involved with extracurricular activities, particularly the Social Activities Council and the Alternative Spring Break program helped me to learn skills that a lecturing professor or a classroom environment could not have taught me. … Without my experience with SAC I would likely not have gotten my position because I wouldn't have had the skills of working with a budget, or in an office. I truly believe that my involvement was what prepared me for graduation and post-grad life. Plus I am still friends with the people who I met through those organizations.

Delta Phi Epsilon has prepared me for the real world more than any class ever could. It was the best decision I've ever made.

Honors psychology project

Using the counseling services provided by KSC helped me gain introspection on myself and the way I think and act, which has helped me immensely in my life in and out of work. I work in the psych field, and I feel that it is important that you know yourself, your biases, and the reasons behind your own actions before you are able to know and help others with those same things.

To start, I have to say that I really appreciated the way freshmen orientation was done, it gave everyone a chance to get acclimated to the college culture and was a great opportunity to make friends that lasted for the 4 years at Keene and beyond. I was a psychology major and as far as academics are concerned, the undergraduate research I did with Professor Anthony Scioli on hope and health was one of the best learning experiences I've ever had. However, I think the best "in class" teacher I had was Stephen Clarke. His classes: Brain and Behavior as well as Psychology of Food, Hunger and Obesity, were structurally very different, but the way he presents even the most mind boggling information is fluid and easy to digest. The majority of the psychology faculty were very reasonable and easy to communicate with. I always felt like I was being held to a high standard without them being overly rigid. During my four years at Keene I was always excited to go back and always sad to leave, so I guess that says a lot about the experience and the culture there.
### APPENDIX: TRANSCRIPT OF RESPONSES TO OPEN COMMENT ITEMS

Besides employment and further education, what else are you doing that is meaningful to you in this first year after graduation?

<table>
<thead>
<tr>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocating for change in the mental health and developmental disabilities systems within the State of New Hampshire, as well as speaking out for increased funding for both.</td>
</tr>
<tr>
<td>After graduation, I continued working at Keene State, with a volunteer internship in the school’s Film Archive, working with Dr. Larry Benaquist. This work was meaningful, as it is the field that I am hoping to continue a career in, and it was important work for the school and the archive, as there has not been much work done with it, and Dr. Benaquist and I have made significant progress throughout this year.</td>
</tr>
<tr>
<td>Also have an internship with green mountain conservation group for the summer.</td>
</tr>
<tr>
<td>Another favorite thing I am doing is taking circus classes!! I LOVE IT. I have been working on my flexibility (some contortion stuff) and take many classes in aerial silks. It is a great workout and allows me to combine my strength, flexibility, and dance into new passion-circus arts.</td>
</tr>
<tr>
<td>Assistant women’s basketball coach at Regis College, Traveling (Ireland, Italy, California, Nevada), Moved from NH to Boston</td>
</tr>
<tr>
<td>Became a certified fitness instructor, and recently completed my first season of being an assistant coach at Guilford High School as the assistant boy’s track and field coach. Also have continued to participate in volunteer work in the local area.</td>
</tr>
<tr>
<td>Big Brother Big Sister</td>
</tr>
<tr>
<td>Buying a house</td>
</tr>
<tr>
<td>Coaching high school soccer</td>
</tr>
<tr>
<td>Coaching my own basketball and softball teams at the high school level</td>
</tr>
<tr>
<td>Coaching Volleyball and Track</td>
</tr>
<tr>
<td>community service</td>
</tr>
<tr>
<td>Continuing scholarly pursuits.</td>
</tr>
<tr>
<td>Currently, I am fundraising for a bike trip with a non-profit organization called Bike &amp; Build that raises money and awareness for affordable housing across the country. I will be participating in the Coastal Drift ride if I successfully raise at least $2250. The trip is three weeks long in July, starting in Bar Harbor, ME and ending in New York City with five build sites along the way.</td>
</tr>
<tr>
<td>Developing my leadership skills</td>
</tr>
<tr>
<td>Doing Graphic Design as a Freelancer and redesigning logo’s for companies.</td>
</tr>
<tr>
<td>During this past year I have had the opportunity to volunteer with different organizations all over the country, and that is incredibly meaningful to me.</td>
</tr>
<tr>
<td>Earned an ARM Designation and currently pursuing the CPCU professional designation.</td>
</tr>
<tr>
<td>Engaged to be married! And having a baby!</td>
</tr>
<tr>
<td>Engaged, traveling</td>
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<tr>
<td>Activity</td>
</tr>
<tr>
<td>-------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Experiencing a lot of music and art</td>
</tr>
<tr>
<td>Exploring career opportunities at a great organization.</td>
</tr>
<tr>
<td>Extra jobs on the side to make extra money! Applied for better jobs towards my major!</td>
</tr>
<tr>
<td>Filming and acting freelance.</td>
</tr>
<tr>
<td>Finally moved out of my parents’ house and in with my boyfriend (also a Keene State Alumni '13)!!</td>
</tr>
<tr>
<td>Freelance graphic design work</td>
</tr>
<tr>
<td>Getting engaged and moved out of my parents and in with my fiancé.</td>
</tr>
<tr>
<td>Getting enough experience to move forward in my career.</td>
</tr>
<tr>
<td>Getting married and having a child</td>
</tr>
<tr>
<td>Getting my life going.</td>
</tr>
<tr>
<td>Golf, watching Red Sox baseball, used my nursing skills in Haiti, and loved on my family.</td>
</tr>
<tr>
<td>Helping friends with their writing projects. I will also be doing a project for NHPR this summer. I don't consider my current job meaningful, so I am focusing on finding job that is.</td>
</tr>
<tr>
<td>Hiking and preparing for a potential job starting in September.</td>
</tr>
<tr>
<td>Honestly, this past year I have really been focusing on my new job, which is giving me great experience. This experience is guiding me to where I would like to further my education. In addition to work and education, I am honing in on making new friends and connections everywhere I go. This first year out of school, I have had a lot of opportunities as well as faced many challenges. Every one of them I am thankful for because it has made me grow even more. I am just enjoying each and every day of my life.</td>
</tr>
<tr>
<td>I am a dance teacher now as well. I teach at The Dance Corner in Killingworth, ct. I love it and it is where I grew up dancing too :)</td>
</tr>
<tr>
<td>I am a non-traditional student, and graduated at 45. For me, the most meaningful things were the accomplishment, and the people I met in the HGS program.</td>
</tr>
<tr>
<td>I am coaching a high school softball team</td>
</tr>
<tr>
<td>I am doing a bit of recreational photography while pursuing jobs in a field related to what I studied.</td>
</tr>
<tr>
<td>I am doing a charity work for a non-profit shelter in Worcester, Ma</td>
</tr>
<tr>
<td>I am doing a lot of volunteer work with women’s shelters and am looking into changing the laws associated with domestic violence cases</td>
</tr>
<tr>
<td>I am doing everything in my power to keep learning. My job is most meaningful to me because it is the first step to my dreams.</td>
</tr>
<tr>
<td>I am happily living in Keene, and pursuing my hobbies of cycling and gardening.</td>
</tr>
<tr>
<td>I am learning a lot about money management and how to budget. I’m still living a home so I am learning how important it is to save.</td>
</tr>
<tr>
<td>I am living with another KSC grad and we’re very happy that we’ve stayed in the Keene area.</td>
</tr>
<tr>
<td>I am the director of a dance studio in Westminster, Vermont, where I have developed a dance program for dancers, ages 5-17. This closely relates to my dual degree, which was a Bachelors in Dance Education.</td>
</tr>
</tbody>
</table>

The Office of Institutional Research provides evidence that informs decision making and helps to shape the campus conversation around important issues.
I am trying to find an apartment I can afford to move into.

I did an internship with Disney and moved to Florida for 5 months! After graduation, I wasn’t able to really do anything too meaningful because my school loans are overwhelming and stressful to pay back.

I did not get a full-time job right away, and worked as a waitress for the summer after graduation. Waiting I met the love of my life, who happens to be European. I then traveled for four months to his home and other places in Europe! I went to school part-time, fully online while I was traveling and received a 4.0 GPA! I love my Master’s program!

I did take one Masters level class the summer of 2013, in a field related to my interests--restorative justice--at the Institute for Restorative Practices (IIRP) in Bethlehem, PA. Have been taking more trainings in my main focus of communication--Nonviolent Communication (NVC--a model put forth by Marshall Rosenberg, Ph.D.), on a path for certification with the Center for Nonviolent Communication. Some of these trainings have been distance by phone, others attended "locally" include: one held at Plymouth State University: one at Rowe Retreat Center in MA; one at Kripalu Yoga/Retreat Center in MA: and one more at an art school in Belfast ME (my training hours are now complete for certification, however still more/other requirements). Doing some writing for a book on intra-personal communication as applied to issues of eating/food issues--becoming one’s own friend--based primarily on the work of Dr. Rosenberg and also Robert Gonzales, Ph.D., who teaches and practices Dr. Rosenberg’s model. Practicing the model with others on the phone; developing an international NVC community/network of colleagues. Have set up an LLC in NH--Redbird Communication, LLC--for the purpose of offering seminars, facilitation/mediation services, and communication coaching, all based primarily on Dr. Rosenberg’s work. Am beginning to network locally with businesses, faith communities, and other organizations. Held one seminar at the Keene library, presenting Nonviolent Communication (NVC). Composed a song, words and music, recorded it--vocal/guitar solo--in a studio in Manchester NH, and mailed a CD off to be part of a friend’s wedding ceremony. There has also been some introspective time and writing. Continuing now to network and set up business activities, along with finishing up remaining requirements for my certificate with the Center for Nonviolent Communication.

I did volunteer work in Kenya from September 2013 thru January 2014

I got married this year and I am preparing to enter into grad school in the fall and start a full time job

I got married. I am now participating in local adult coed sports.

I have a few freelance jobs going on as well.

I have always been and currently am actively involved in my community. I am a member of the Souhegan Lion’s Club, and I will also be a “Zone Chair” for New Hampshire Lions on July 1. I am also a member of the ConVal High School Stadium Improvement Committee.

I have been creating a life where I can balance a full time work schedule with maintaining a social life. I moved to Boston so I’ve been trying to stay in touch with friends and family who I no longer live with or see on a daily basis. I’m also saving for an international trip.

I have been traveling the United States for the past 5 months while working on organic farms and learning about the country. Meeting new people, gaining skills of how to manage and maintain a farm, and being sustainable are some of the things I’ve accomplished thus far.

I have continued to play rugby for a team in CT and I actually plan on moving out to Colorado within the next 3 months.

I have joined a gym and recently completed a 5k.

I have taken up gardening and am attempting to grow my own fruits and vegetables. I paint and draw regularly.

I interned for a New York State Assemblyman from June-September 2013
I just moved outside of Boston and as the weather gets nicer, I've just been enjoying exploring the city in my free time with my friends and fellow Keene State Alumnae.

I live on my own and was able to move 8 hours away. This was possible because of my strong mentors at Keene State and through my undergraduate involvement on clubs and organizations.

I moved to a different state, and have adopted two dogs.

I moved to Austin, TX from my hometown of Keene, NH. I bought myself a bike and have taken up road and city cycling here. Overall, I am taking the opportunity to enjoy life as I'd like now that I'm out of school!

I moved to Boston!

I moved to Puerto Rico, worked there for a year and am now moving home to participate in City Year Boston starting in August.

I purchased my first house in February 2014.

I recently got engaged ...

I recently moved to North Carolina on my own to start a new life.

I returned to school after many years to complete my BS which was interrupted by all of the typical life events! As an adult learner, I found the students and faculty to be welcoming and supportive. I have lots of employment experience, volunteer experience, etc. but I have to say that completing my degree while working full time was a challenge. One I am very proud that I have accomplished.

I served for 6 months with AmeriCorps and though it was not the experience I had hoped, it still taught me a lot about myself and my needs in the work place.

I spent the summer being a live-in counselor for Upward Bound. I also taught my own technology program and came up with the curriculum. I took a month to work at a day care before Upward Bound. I also spent a 3 month period teaching middle school kids how to program. I came up with a curriculum and a teaching strategy and then the students presented to Googlers at the Google office in NYC. I have also traveled to Europe for a 3 month period and have spent time traveling/working in different cities through Europe.

I went backpacking across Europe.

I worked in Glacier National Park, Montana right after graduation (May 2013), and worked there for the entire summer before coming back home mid-September, 2013 when my seasonal job was over. After that, I found my current job in October and have been here since.

I'm considering about going to graduate school.

I'm just working two jobs to pay off student loans.

I'm starting a free arts and social justice summer camp for teenage girls in Brattleboro!

I've been accepted into a Master's program for nursing at UNH that I will begin January 2015.

I've been offered a lot of really great opportunities through City Year. I've been able to work with their external affairs and communication office to write articles about my service for the blog and monthly newsletters for our sponsors.

I've had 2 safety jobs right out of college one part time then landed a full time job a year later, getting experience in manufacturing.
I've worked 4 seasonal jobs in the last year, travelled across the country 3 times. Broke, can't pay my student loans but haven't taken a job outside my field of study. Work at local farms in return for food, great way to be involved with a community when you move around so much.

Learning about what path I want to take through trials in internships. Traveling to a new place and putting effort into finding where it is I want to reside

Learning how to be an adult...

Learning to live on my own without my parents financial help. Paying back student loans.

Living 100% independently

Living in my favorite city in the world, getting my own apartment.

Living in my parent's basement because I pay more a month on student loans than I would on a dingy one bedroom apartment.

Living on my own in a new state, meeting new people, helping the community in ways related to my anticipated career in physical therapy

Living my own

Looking for a better job.

Looking for better employment opportunities.

Looking for Community Service opportunities in the Southern CT area.

Making many new friends in my new hometown

Member of the Henniker Rotary Club

Moved across the country and am about to get married.

Moved into my own place and considering moving to the west coast next year for a new adventure

Moved into New York City.

Moved to the city

Moving out on my own this month

My AmeriCorps program is what is most meaningful to me since graduation. I work 60+ hours a week for this program alone but it was the best decision for me. It helped me narrow what I want to do for a career, and opened my eyes to so many more life experiences.

National service

Not much, just trying to find a job in my field but haven't been able to.

Nothing really, my focus is just on completing this internship

Nothing really. I have been applying to jobs in my field and have been looking into going back to school

Nothing. I didn't get a job I wanted to get after graduation. I am going back to school for pharmacy but am currently doing pre-reqs

Paying off all my student loan debt.... For the next 30 years. I have no money to do anything else "Fun" other than that

Preparing for a full year as a graduate community director at the University of Alabama beginning this fall.
Preparing to relocate and further my education

Pursuing a Career in Coaching for Collegiate Track and Field

Really I have been staying busy as much as I can. Once I graduated I went to SeaWorld Orlando to intern for their Safety department for a second time, when I got back I was an intern for the Museum of Science in Boston and then I found my full time position 2 months after that internship. Staying busy and keeping your head in the game is really what I've been doing. I recommend that to all undergraduates, always stay busy and keep learning, it will show companies how serious you are and take that chance on you.

Saving up to buy my first house as well as researching graduate programs for future education.

Seeing friends and family

Self-Care, More Independent, Confidence

Serving on my community’s Relay for Life Committee

Some freelance photography work.

start up vinyl graphic company

Starting a new life. It is tough to adjust to not being a broke college student anymore. This past year I have improved my credit, financed a new car on my own, found a job in my field, and recently found an apartment. I miss college but it feels great to be going a separate path than my classmates.

Stay close with friends and family.

Still seeking full time employment.

Talking to old employers

Teaching summer school after graduation.

Teaching Sunday School, joining the Christian Education Board to write and review curriculum as well as running the Summer Sunday School program

Teaching swim lessons and coaching a swim team

Teaching yoga to the KSC swim team!

The courses I took allowed me to support the student population that our office serves and gave me a much better understanding of learning differences, technology opportunities and the transition from high school to college for students with disabilities. The work that I do every day is much meaningful as a result.

Thinking about possible ways to further my career

Traveled to Italy

Traveling

Traveling as much as possible

Traveling with my company.

Trying To Be A Police Officer As Well As Coaching High School Basketball And softball And Working Out

Trying to find a teaching job while in grad school

Trying to get a job in my field.

Keene State College Office of Institutional Research
Report prepared by Cathryn Torrentine, Ph.D., Director, June 2014

The Office of Institutional Research provides evidence that informs decision making and helps to shape the campus conversation around important issues.
<table>
<thead>
<tr>
<th>Activity</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to get into graduate school and seeking a job!</td>
<td></td>
</tr>
<tr>
<td>Trying to get my license.</td>
<td></td>
</tr>
<tr>
<td>Trying to start a family.</td>
<td></td>
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<tr>
<td>Volunteer work</td>
<td></td>
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<tr>
<td>Volunteering</td>
<td></td>
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<tr>
<td>Volunteering this summer for cancer research funding</td>
<td></td>
</tr>
<tr>
<td>Watched my friends have a great senior year at Keene and saw them graduate this past weekend.</td>
<td></td>
</tr>
<tr>
<td>Watching Netflix</td>
<td></td>
</tr>
<tr>
<td>Worked in the school where I student taught, travelled to Alaska, accepted City Year AmeriCorps member for 2014-2015</td>
<td></td>
</tr>
<tr>
<td>Working a second job so I can afford to pay my student loan bills.</td>
<td></td>
</tr>
<tr>
<td>Working as a choir director at Smith Memorial Church in Hillsboro.</td>
<td></td>
</tr>
<tr>
<td>Working in my degree field as an actor in theatrical shows around the Seacoast area.</td>
<td></td>
</tr>
<tr>
<td>Working on my design skills outside of work, taking time to myself, traveling, etc</td>
<td></td>
</tr>
<tr>
<td>Working part-time as a Community Coordinator for the World Adult Kickball Association (WAKA), running the first Co-Ed Sand Volleyball Leagues in the country for WAKA</td>
<td></td>
</tr>
<tr>
<td>Writing and submitting pieces for publishing to various journals and magazines.</td>
<td></td>
</tr>
</tbody>
</table>
What experience did you have at KSC - inside or outside the classroom - that has proved most valuable for whatever you are doing now in your life?

<table>
<thead>
<tr>
<th>Experience</th>
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</thead>
<tbody>
<tr>
<td>A plethora of quintessential college life lessons.</td>
</tr>
<tr>
<td>Active member of the Social Activities Council, was the concert coordinator for 2 years. Writing/researching for Comm classes and the Business and Professional Comm class proved to be most valuable.</td>
</tr>
<tr>
<td>All my special education classes were SO helpful. I am so thankful that I decided to go the special ed route. I learned the most out of those classes. I strongly recommend that all education students have more special ed classes.</td>
</tr>
<tr>
<td>All my volunteer opportunities gave me knowledge about the world and friendships that will last forever. My education courses and experiences prepared me well for working in schools and working with students of all ages.</td>
</tr>
<tr>
<td>All of my extracurricular activities, I think were KEY to helping my resume to get a job. They all want to see what you have DONE other than just get your degree. They want to see that you go above and beyond.</td>
</tr>
<tr>
<td>Allowing myself to make the right choice for myself emotionally, rather than practically, during senior year taught me that can be the most fulfilling way to exist: doing what’s best for me as a person, rather than simply a wage earner.</td>
</tr>
<tr>
<td>Although I haven’t gotten a job in my field, I still remember and continue to learn about environmental issues and science. I look more into news stories and internet posts than I used to so that I am more informed and have a better idea of what is real news and what is just biased nonsense.</td>
</tr>
<tr>
<td>Any classes with Captain Morrell and Jamie Ingalls.</td>
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<td>anything that worked on the computers</td>
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<tr>
<td>As part of Student Government, I learned the how to handle myself and work with other students and representatives in order to network and improve the way things are done at the school.</td>
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<tr>
<td>Being a member of the Keene state soccer team has further increased my knowledge of exercise and living a healthy lifestyle in addition to my nutrition degree which I try to model and teach others about.</td>
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<tr>
<td>Being a personal trainer at Bodyworks helped me gain experience and skills working with people and their bodies to help them make healthy changes to their life; A valuable tool I carry on with me in physical therapy school.</td>
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<td>Being able to choose who I want in my life, knowing who means the most to me, and working on those relationships</td>
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<td>Being able to receive course credit for the internship I found on my own.</td>
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<tr>
<td>Being an Athlete and a Resident Assistant both taught me how to utilize my time management, how to take control or the lead in crucial situations and how to constantly push through even if it is a terrible day.</td>
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<tr>
<td>Being an RA was wonderful. It gave me experience in my field and I made friends for life. My best friend from KSC currently lives in Pennsylvania and whenever we get to talking it’s always meaningful and refreshing.</td>
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</tbody>
</table>
Being involved with extracurricular activities, particularly the Social Activities Council and the Alternative Spring Break program helped me to learn skills that a lecturing professor or a classroom environment could not have taught me. In my role as a staff assistant I work with undergrad students, graduate students, other staff members, and faculty members. Without my experience with SAC I would likely not have gotten my position because I wouldn’t have had the skills of working with a budget, or in an office. I truly believe that my involvement was what prepared me for graduation and post-grad life. Plus I am still friends with the people who I met through those organizations.

Choosing a geology major.

Classroom management

Clinical experience

College life prepared me for the professional and social world

Community service

Connections with other nurses in the community.

Daily interactions with peers and educators in a great, comfortable working environment.

Degree for business ownership

Delta Phi Epsilon has prepared me for the real world more than any class ever could. It was the best decision I’ve ever made.

Enactus club

Every experience was a lesson; the parties, the classes, the sizzlers, the heartbreaks, the loves, the all-nighter study sessions, the independence, the teamwork, the excitement, the challenges, everything. In the four years I attended Keene State I discovered who [I am]

Final production 3/4 classes in the film department. Helps students figure out which position on a film crew they like best/worst.

Founding the Keene State Debate team and being a leading member as Vice President.

Fraternity

Friends.

From inside the classroom to outside, Keene State made me who I am today. KSC had so many opportunities to get involved in on and off campus. I took advantage of as many things as I could, which led me to make connections and lifelong friends. Keene States community involvement is just one of the many things helping me with my job today. By taking what is learned in the classrooms and applying it in the community it helps to give students practice and confidence. I also took an interview class with David Westover and that was most certainly one of the most important and useful classes I took at KSC. I would highly recommend it to anyone wanting a job out of school. It is a great class!!!! From academics to clubs, KSC has helped me grow into a strong confident leader!

Going for a master’s in Higher Education, I believe being a resident assistant, and getting involved on campus were eye opening experiences. Surrounding myself with great mentors whether a professor or an amazing staff member while attending Keene State College are valuable experiences for me as I continue on to earn my degree in higher education.

Great communication skills

Hands on training
Having a lot of community experience at KSC has really helped me to be comfortable working with a variety of people and in new situations.

Having an internship.

Having Jaime Ingalls as a professor.

Having the best advisor! Dr John Sturtz

Honestly, everything I was taught at KSC has been valuable to me and my future. My degree is in Occupational Safety and Health and Keene State has given me all the tools I need to be successful. Everything I learned at Keene State College, I use in my work every day, it really has given me the knowledge to be able to do well at my job and in my future.

Honestly, nothing from Keene has been a part of the job I have now. That is why I want a new, better job. KSC taught me so much, and I want to prove it to the world (or at least myself).

Honors psychology project

I also am still best friends with my freshman year roommates. They mean so much to me and I am so glad I had them during college and now!

I completed my master’s in education with an amazing group of professionals. They were wonderful people to learn from.

I don't go out to the bar on weekends at home because it is three times more expensive then the bars in Keene

I feel that the most valuable experience that I had at KSC was being an active member of the Film Society. While my courses and professors taught me countless valuable lessons, I feel that I was able to come to my true path through Film Society. In the group, we operated the Putnam Theater, playing films each night of the week, and learning all the aspects of film programming, film projection, and theater management. While working at the Putnam, I discovered the joy of working with 35mm film, and this led me to my desired career of film archiving and preservation.

I found that my extracurricular activities are the ones that were most valuable. Outside of the classroom is where I learned to apply and connect my course work to “real life”.

I had excellent advisors who always responded quickly o my inquiries.

I have got a BS in geology. I want to use it for various applications at many companies who are into environmental services. I am still looking for a graduate school that has a volcanology program. I have gained skills and experience from the classroom an eager to apply it to the real world!

I have met wonderful people whom I believe will be my friends throughout my life.

I have stayed in Keene and really enjoy it.

I joined the Delta Phi Epsilon Sorority my Sophomore year, and it changed my life in so many ways. I learned to work with a big group of people with all different personalities. The sorority helped me grow in so many ways, inspired confidence and helped me learn skills that I use today at my job, such as public speaking. The connections and friendships will last a lifetime and I am so grateful to have had that opportunity.

I learned how to deal with stressful situations
I loved being at KSC. The community was really awesome. However, it was the film department I had a problem with. While I know Keene isn’t a film school, I still believe this department needs to be changed drastically. I learned nothing about the real world while studying film at KSC. I felt completely helpless after graduation and had to go to a second school in order to get some real life experience and touch real equipment and learn from people who were actually in the industry. On the flip side, the English department was great! I’m glad I took up an English major on top of my film one.

I majored in health science with a concentration in exercise science and community health. My studies at KSC have provided the necessary tools and experience needed to work in a clinical work environment like I do today.

I really enjoyed being in the classroom as a non-traditional student. I had much more appreciation for learning as I could relate a lot of things to life experiences. It was always interesting to observe the more traditional students as I moved up by class year to see the different development. For instance, in the first year ISP classes, it was obvious that the students were in there because they had to be, but as a senior in a seminar class, the students were much more engaged because it was something they were truly interested in.

I really think my communications classes taught me so much in how to effectively present myself and my words for important instances where a positive representation is crucial - like interviewing. I also think living on my own away from school forces you to grow up in a way that you can live and learn.

I think the most important experience I had at KSC was the public speaking class and my senior project. It forced you to get up in front of a large sum of people and talk about a particular subject. If it weren’t for these classes than I would still be uncomfortable getting up and speaking to a large group of people.

I was in a sorority during my time at KSC and I honestly would not be the person I am today if I didn’t join.

In general, learning to advocate for myself while understanding the needs and feelings of others.

Independent research has allowed me to work independently and confidently. I am able to keep myself on track without supervision. When trying something new I am not afraid to take the time to figure it out or approach more knowledgeable coworkers to request assistance.

Interaction with my professors.

Interning at the marketing and communications department

Interning in a Keene public school classroom gave me valuable hands on experience utilizing ABA therapy to students with Autism.

Internship at Phoenix house Dublin adolescent program

It had been a dream of mine, from the time I was 17 years old, to obtain a Bachelor’s Degree in Management. Just before I turned 50, I realized that dream! Being a non-traditional student wasn’t easy, in so many ways, but my professors were wonderful, and they made me feel like my work and my "adult" presence was valuable. I wasn’t just student #0565794, I was a student that was focused, diligent, attentive and engaging, and they appreciated what I had to offer in the classroom. Being appreciated for my work in and out of the classroom, as well as my own achievement in obtaining my degree, gave me a level of confidence in myself that I didn’t have before!

It is nice that I still am able to communicate with faculty that played an important role in my education, and it is meaningful to remain close friends with my peers that I met while attending KSC.

Joining a sorority at KSC was the most valuable experience I had. Keene State was overall an amazing experience where I felt involved in the community through my Greek Organization and made lasting friendships.

JOINING GREEK LIFE... It’s incredible how the business side of Greek life paralleled the real corporate world.
Joining Kappa Beta Gamma in college really prepared me for the real world. Holding a position in a national organization taught me valuable lessons in and out of the workplace. This will always be the best decision I have ever made. I recommend Greek life to anyone and especially Keene State Greek Life since we all have a bond unlike any other university.

Keene State College prepared me and taught me the true meaning to time management and to never get too overwhelmed with work. Overall, every task you may have will have been completed, and you will always do it to the best of your abilities! Inside the classroom especially with my graphic design teacher Mrs. DiPalma, she taught me a lot about what helps me now and I am more than thankful for that. Learning to not be so stressed out about work, or stressed out about anything in general is a huge value I learned from KSC!

KSC was the best four years of my life. It gave me the opportunity to live somewhere else for four years, after living in FL my whole life. The memories I made and people I met are priceless to me. I am forever indebted

Learning DSLR cameras

Learning how to use excel in school. Comes in handy with data in school. I expect more knowledge will come in handy once I have a job in my field.

Learning the importance of relationships. The connections and relationships you form with those around you can be very powerful, especially when it comes to being successful educator - thank you Dr. Hucks.

Living on off campus taught me how to be good with my money. I have gotten better at saving my money.

Managing debt from having so many student loans.

Meeting friends and keeping connected with those people

Meeting my friends

Meeting The Tremendous People I Did An Playing A College sport

More education

Most of the professors had great and helpful relationships with the students. They felt more like mentors and friends than teachers. This helped soak in all the knowledge.

My educators in my Early Childhood Methods and Student Teaching courses have provided me with the tools I need to be a great teacher. I really enjoyed my classes and teachers. I implement what I learned every day in my current classroom of toddlers!

My experience as a resident assistance at KSC shaped me into the person that I am. Without that experience, meeting the people I met, and dealing with the challenges I faced definitely helped to prepare me for "the real world."

My experience at KSC was so very rich in learning and personal growth. My area of interest is conflict transformation. Classes that directly supported this were: "War, Why We Fight"; "When Harm Is Done"; the research paper for my ITW on the topic of peacemaking in current US culture; and my senior research paper for "Researching Cultures," which was an ethnographic study of restorative justice practices on college campuses. My other area of interest, and one that also supports my work is that of cultural studies. Classes at KSC--related to culture--that indirectly supported my work were: "Researching Cultures," "Interpreting American Cultures," "Intermediate French," and "The World of Language." I am grateful for the information/awareness that I received about disturbing and pressing environmental issues in these classes: "No Impact Experiment (IQL)," "Plant Diseases," and actually also some reading materials from my "Ethics" class. My classroom learning associations with my professors at KSC were so supportive of me and my interests. I truly treasure the connection I felt with them personally, and how my relationships with them helped me feel more connected with the KSC community. Much of my learning was transformative in terms of integration of concepts into my
understanding of self and how I show up in relationships with others. I was also grateful for the opportunity to work with students, faculty, and staff on a campus-wide day-long Peace event (with NH Peace Action) on campus that brought together many diverse people for seminars and other activities. Additionally I am grateful for the support of Dr. Linda Baker and also Forrest Seymour for facilitating opportunities for me to present seminars on the topic of my interest, on the campus while I was a student. I received valuable practice, experience, and feedback from students, staff, and faculty. I enjoyed the staff and food at the dining commons and student center--staff there became part of the

My experiences in the BFA Studio Art program taught me many useful skills and experiences uncharacteristic of other majors including self-discipline, motivation, and perseverance.

My friends

My friendships developed from freshman year and how important it is to remain in touch with the people I care about. It has taught me to be independent and to make the decisions best for me and my future

My Holocaust & Genocide Studies peers, professors and staff that made up that community in the Cohen Center and who I consider my family. My mentors and advisors, Dr. Paul Vincent, Dr. Therese Seibert and Pat Halloran. I look back fondly to my orientation experience as an orientation leader and a peer advisor with Academic & Career Advising.

My internship opportunities coupled with my capstone project gave me the qualifications to get my foot in the door with organizations who would have otherwise not even looked at me in such a highly competitive application pool.

My internship while I was at Keene led me to working in Radio. My whole experience in that line of work provided me with knowledge I use in the business world today. Also the organizations and counseling services helped me a lot while I was still at KSC, and all of their help they were able to offer me really made me want to do something similar by helping others in return.

My internships

My job on campus as part of the Student Center Tech Crew directly prepared me for my current job.

My most valuable experiences at KSC came from working closely with other students in my field. I feel as though I learned a lot from them. Also, being a part of dance team had a huge impact on my time at Keene. Dance team was my escape from the craziness of school work and stress, not to mention the lifelong friendships I was able to make with the girls on my team.

My most valuable experiences at KSC will always be the interactions I had with my professors. They are a wealth of knowledge, and they helped me at every turn by encouraging me to stay on my chosen path in the classroom, setting up internships for me in the community and writing numerous recommendations for me. Keene State Professors are pure gold when it comes to helping students achieve their goals.

My part time job as a Phonathon caller throughout my time at Keene State gave me the skills and confidence that are important to have in any job that involves communicating with the public.

My professors were some of the best I ever had (I transferred from a private, liberal arts college my junior year). They ensured I was challenged and always encouraged meaningful dialogue and academic exploration.

My sorority, Delta Phi Epsilon, gave me the confidence and public speaking skills which together allow me to excel in my position at Liberty Mutual.

My student teaching experience, Phi Sigma Sigma
My student teaching experiences at Keene fully prepared me for the next step in my career. When I was hired to teach in an elementary school after college, I knew I was prepared and ready for it. Student teaching helped me immensely with classroom management, preparing and implementing lessons and collaborating with colleagues. Keene did an outstanding job of preparing me and has helped me excel in my time after graduating.

My work-study job and my internship for one of my classes, both in Mason Library, inspired me to pursue my Master’s. I would also say my working experience outside of KSC, while I was in school, prepared me for the job I have now.

Needless to say, I’m very thankful for the opportunities provided at KSC.

Not being afraid to try new things. Just out yourself out there and live in the moment.

Not to take life so seriously. If you’re always uptight everything great will pass you by. A lot of best times are spur of the moment.

Nothing in life is easy, but if you want it bad enough you will do what it takes to achieve it. Each year at KSC my program was changing locations, first we had to pack up Adams tech, than work out of the trailers than unpack in the new building. My professors did the best they could with what they had available. I was trying to graduate with a bachelors and a minor in 3 years so scheduling was very critical for me. With many factors at play it was difficult to find out when classes would be offered and the staff in the registrar’s office and continuing education offices were anything but helpful. So I think even more importantly than info I learned in class I experienced first-hand that in the world we live in here in the USA it’s more about who you know, asking the right questions, and perseverance in order to get where you want to go.

Participating in academic conferences.

Participating in research regarding the readiness of the Monadnock Region to begin dealing with the prescription drug abuse problem

Portfolio class and senior design

Product design classes

Professors pushing me to always perform at my highest level

RHO

SAC, the fraternity I helped to found (???),

Semester abroad in Florence, Italy

Serving both the local and campus communities through various educational programs was an experience that truly helped to shape my path on becoming an educator. KSC prepared me to become an active participant in society and serve as a leader to help other. While searching for jobs in the teaching field, I reference all of the experiences I have had at Keene State in working with many organizations and schools to promote active learning.

Showing films at The Putnam theater and participating in Keene State's Film Society.

Small Business Institute, Student Government

Social Activities Council

Some of the projects we were given were similar to real life projects. The amount of prep work needed to satisfy a client in a real life design situation is similar to the amount of renditions the Professor Davis-Kelly had us do in the classroom situation

Sorority involvement

Keene State College Office of Institutional Research
Report prepared by Cathryn Turrentine, Ph.D., Director, June 2014

The Office of Institutional Research provides evidence that informs decision making and helps to shape the campus conversation around important issues.
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<tr>
<th>Student Teaching</th>
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<tr>
<td>Student Teaching &amp; being on the swim team</td>
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<tr>
<td>Student teaching and internship experiences</td>
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<tr>
<td>Student teaching and Methods II are the two things that prepared me the most for working in the field of education.</td>
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<tr>
<td>Student teaching was incredibly valuable for me. It made the college classroom material real and I was able to work on strengths and weaknesses in a comfortable and supportive environment.</td>
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<tr>
<td>Student Teaching was the most valuable class at KSC to prepare me to be a teacher. My experience on the e-board of various honor societies and clubs helped me lead a group of people (Math Club, KME, and KDP). My participation in NSCS and work study experience through the CDC and as a Peer Course Assistant through the Math Center helped me work with others.</td>
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<td>Student teaching.</td>
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<tr>
<td>Studies of diverse cultures</td>
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<tr>
<td>Studies, friendships, appreciation of life, quality of life and friendships combined...and the greatest of all......The impact a single individual has on the WHOLE world!</td>
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<tr>
<td>Studying abroad</td>
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<td>Studying abroad gave me the experience of a lifetime and taught me never to be scared to take a risk</td>
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<td>Studying away for a semester gave me the courage and drive to explore more options for choosing new areas to reside. I am moving to Seattle at the end of summer to see how the west coast is, simply because I can. My studies in theatre will hopefully be tested on stages all over.</td>
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<td>Teaching kids have some useful knowledge to use as a supervisor.</td>
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<td>That no matter what the friends and community I created at Keene will always be there for me.</td>
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<tr>
<td>The 2 years I spent working in a biology research lab were most valuable because it put everything I had learned over the past four years together. I appreciate it so much more now after graduating.</td>
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<td>The ability to apply the knowledge gained at KSC, to a real on-site job.</td>
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<td>The experience I found that applies both inside and out is that age is a big thing in finding employment both with the Keene State and in the work force. I was told over and over to finish my degree and I could find a job in the field I worked in for many years. I completed my degree and I am still unemployed, with nothing in my field in sight. I am still getting the same reasons not being offered employment.</td>
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<tr>
<td>The friends I made over my 4 years have become the closest people to me and are the best people I could have.</td>
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<tr>
<td>The friends that I made at KSC are more like family. Even though we are now spread out all over the country, we are still very close. I met my fiancé at KSC. So my entire future has its base in Keene.</td>
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</table>
The lesson planning phases of my education classes. I always thought they were dumb but the breakdown of the outline that we had to write in really has helped me in my teaching this year.

The many organizations I was part of: SAC, ASB, Admissions tours, etc.

The mathematics courses that used computers were of most use for me because I now have a job writing math problems for online courses.

The most essential and most life changing outside of the classroom experiences included joining Delta Phi Epsilon Sorority, studying abroad in Florence, Italy, participating and leading a Keene State Alternative Spring Break Trip and being a proud Orientation Staff Leader. Keene is great for those 'your not so every day' general courses. They appeal to your interests outside the classroom and challenge what you've always believed to be true. These non-traditional courses contributed to my connectedness and passion for my degree and minors. A few include ITW Live Free or Die with Liz Pacilio, Persuasion in Communication, Global Politics with Merhtens and U.S Democracy.

The most valuable to me was the exposure to KSC through LINK and Upward bound. These programs helped me, a first generation college student, to best prepare for college. Then, working at the IT Group Helpdesk, this helped me to prepare for the professional world in IT. I have demonstrated excellent customer services skills coupled with strong IT knowledge and I thank the IT Group for giving me the opportunity to apply my computer science knowledge. Another professional opportunity at KSC was being the webmaster for the Equinox. This taught me all the aspects for running web services both technical and none technical.

The only thing that has stuck with me is how to write a research paper which is beneficial to me only due to the fact that I have to continue my education because the four year degree I spent thousands of dollars on isn’t enough to get a job where I can make enough to survive on.

The skills that I have gained within GIS have been very effective and resourceful with my job.

The stellar teacher preparation program made me stand out. I was able to land a teaching position before graduation.

The structure of my graduate school classes enabled me to look deeper within myself and start examining habits and tendencies I have that limit me. I attribute this greatly to my decision to move across the country after graduation.

The student teaching experience

The time and energy demanded in my senior seminar classes really helped me transition into a real-world working environment.

The time I spent in the classroom, in different elementary schools, was the most valuable experience I took from KSC. Being given the opportunity to work with different age groups really gave me a broad span of knowledge that I use every day in my own classroom.

The variety of teaching opportunities that KSC provided were incredibly valuable and has helped me to become a successful teacher.

The work ethic that my Professors expected and cultured during my time at Keene State has been very helpful in my current occupation. Supervision is minimal, and it is on us to have the integrity and pride to do a good job.

There was really no one experience but all of my experiences at Keene helped me to prepare for functioning in the professional world.

TKE taught me more than what a classroom could teach. How to be functional with people I don’t know. How to connect with people and how to lead in a manner that can only be learned from actually going through circumstances that are real. Not created in a classroom.
To start, I have to say that I really appreciated the way freshmen orientation was done, it gave everyone a chance to get acclimated to the college culture and was a great opportunity to make friends that lasted for the 4 years at Keene and beyond. I was psychology major and as far as academics are concerned, the undergraduate research I did with Professor Anthony Sciolli on hope and health was one of the best learning experiences I've ever had. However, I think the best "in class" teacher I had was Stephen Clarke. His classes: Brain and Behavior as well as Psychology of Food, Hunger and Obesity, were structurally very different, but the way he presents even the most mind boggling information is fluid and easy to digest. The majority of the psychology faculty were very reasonable and easy to communicate with. I always felt like I was being held to a high standard without them being overly rigid. During my four years at Keene I was always excited to go back and always sad to leave, so I guess that says a lot about the experience and the culture there.

Upper level classes with teachers and students who wanted to be there

Using the counseling services provided by KSC helped me gain introspection on myself and the way I think and act, which has helped me immensely in my life in and out of work. I work in the psych field, and I feel that it is important that you know yourself, your biases, and the reasons behind your own actions before you are able to know and help others with those same things.

While at KSC, the one experience that has proved most valuable was joining the rugby team. Without the rugby team I definitely would not be the person I am with the friends that I have. That team has given me lifelong friends and the ability to play one of the most beautiful sports out there. The skills I learned there have also allowed to me to excel as I continue outside of college.

Winning the NCAA D3 indoor track pentathlon title in March 2013.. My experience as an athlete has helped shaped me as an individual. I've not only learned to remain competitive and dedicated as an athlete, but in my work like as well. The coaches and professors I had at Keene have all played a part in helping me maintain my ambitious personality. Accomplish goals in sports and in the classroom at Keene, has allowed me to confidently continue to set and accomplish future goals.

Work as an EMT in addition to my work in the classroom

Work study at the Childhood Development Center on Keene States campus.

working at BodyWorks

Working with the college's TRIO program. Aspire has helped me in more ways than I could ever know and really helped me find the career path that I am most passionate about. They were a constant presence during my undergraduate career and went above and beyond to make sure I was staying on track, doing well in my courses, and making myself competitive for the job market. I owe it all to them.