



TRAINING INSTITUTE
EDUCATION CENTER



a cooperative program of Keene State College
and the U.S. Department of Labor, OSHA

2009 10-Hour Construction Outreach Courses available

Comply with New England states requirements for OSHA/DOL Card!

Call 603.645.0050 or 1.800.449.6742

NCSH 310 10-Hour Construction Industry Outreach Training Program

The 10-hour Construction Outreach Training Program is intended to provide entry level construction workers general awareness on recognizing and preventing hazards on a construction site. The training covers a variety of construction safety and health topics which a worker may encounter at a construction site. OSHA recommends this training as an orientation to occupational safety and health. Workers must receive additional training on hazards specific to their job. Training should emphasize hazard identification, avoidance, control and prevention, not OSHA standards. Construction topics include concentration on the OSHA Focus Four Hazards:

- Fall Protection (e.g. floors, platforms, roofs)
- Electrical
- Struck by (e.g. falling objects, trucks, cranes)
- Caught in/between (e.g. trench hazards, equipment)

Additional time is spent on the introduction to OSHA, the General Duty Clause, personal protective and lifesaving equipment, and health hazards in construction. Optional topics include: Materials handling, storage, use and disposal, hand and power tools, scaffolds, cranes, derricks, hoists, elevators and conveyors, excavations, stairways and ladders. Participants successfully completing the hourly and course requirements receive an OSHA 10-hour Dept. of Labor course completion card.

# of Days	Times	Credits	Tuition
1 or 1.5	as noted	1.0 CEU; TCH	\$295

Course Section	Date(s)	Time	Location
NCSH-310-N14C	March 24, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N15C	March 30-31, 2009	8:30 a.m.-4:30 p.m. & 8:30 a.m.-12:30 p.m.	Rocky Hill, CT
NCSH-310-N16C	Apr. 7-8, 2009	8 a.m.-4 p.m. & 8 a.m. - noon	Wellesley, MA
NCSH-310-N17C	Apr. 23-24, 2009	8 a.m.-4 p.m. & 8 a.m. - noon	Manchester NH
NCSH-310-N18C	Apr. 28, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N25C	May 11-12, 2009	8 a.m.-4 p.m. & 8 a.m. - noon	Keene, NH
NCSH-310-N26C	May 12, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N27C	May 21, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N19C	May 28-29, 2009	8 a.m. - 4 p.m. & 8 a.m.-noon	Lawrence MA
NCSH-310-N28C	June 3, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N20C	June 6, 2009	7 a.m.-6 p.m.	Keene, NH
NCSH-310-N29C	June 13, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N21C	June 23-24, 2009	8:30 a.m.-4:30 p.m. & 8:30 a.m.-noon	Wethersfield, CT
NCSH-310-N31C	June 24-25, 2009	8:30 a.m.-4:30 p.m. & 8:30 a.m. - noon	Wellesley, MA

Course Section	Date(s)	Times	Location
NCSH-310-N22C	July 11, 2009	7 a.m.-6 p.m.	Manchester, NH
NCSH-310-N32C	July 15, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N33C	July 28, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N34C	Aug. 10-11, 2009	8 a.m.-4 p.m. & 8 a.m.-noon	Wellesley, MA
NCSH-310-N35C	Aug. 26, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N23C	Aug. 27-28, 2009	8 a.m.-4 p.m. & 8 a.m.-noon	Lawrence, MA
NCSH-310-N24C	Sept. 8-9, 2009	8 a.m.-4 p.m. & 8 a.m. - noon	Manchester, NH
NCSH-310-N36C	Sept. 12, 2009	7 a.m.-5:30 p.m.	Wellesely, MA
NCSH-310-N37C	Sept. 23, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N38C	Sept 28-29, 2009	8 a.m.-4 p.m. & 8 a.m. - noon	Warwick, RI
NCSH-310-N39C	Oct. 8, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N40C	Oct 20, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N41C	Nov. 3, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N42C	Nov. 19, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N43C	Dec. 1-2, 2009	8 a.m. - 4 p.m. & 8 a.m. - noon	Manchester, NH
NCSH-310-N44C	Dec. 12, 2009	7 a.m.-5:30 p.m.	Wellesley, MA
NCSH-310-N45C	Dec. 15, 2009	7 a.m.-5:30 p.m.	Wellesley, MA

Additional information and registration form at our website: www.keene.edu/conted/osha.cfm

NCSH 310 10-Hour Outreach Course listing by state

Massachusetts

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NCSH-310-N45C	Dec. 15, 2009	7 a.m.-5:30 p.m.	Wellesley, MA

New Hampshire

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Connecticut

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Rhode Island

Course Section	Date(s)	Time	Location
NCSH-310-N38C	Sept 28-29, 2009	8 a.m.-4 p.m. & 8 a.m. - noon	Warwick, RI



Training at Your Convenience

BRING OUR COURSES TO YOUR FACILITY: If you have several employees at your organization to be trained, we can bring training to you, making it more efficient and specific to your needs. It will also save you and your organization time and money. Call with questions: 800-449-6742 or email: oshaed@keene.edu.

AFFILIATED SPONSORS host OSHA and other noncredit Keene State College safety courses listed in this brochure.

SPONSOR OTIEC COURSES! Learn HOW: 800-449-OSHA (6742). Contact: Diane Malachowski, Manager, Region 1 OTIEC/Keene State College

OTIEC Supports OSHA Cooperative Programs



www.vppregion1.com

VPP Meet & Greet • April 29, 2009
GE Energy • Bangor, ME

Additional information at www.keene.edu/conted/osha.cfm

Lynnda Ignacio, VPP Coordinator
U.S. Department of Labor, OSHA
ignacio.lynnda@dol.gov • 617-565-3075



<http://www.vppregion1.com>

2009 Annual Region 1 VPPPA Expo • June 1-3
Killington Resort and Conference Center • Killington, VT
Contact: Mike Avery: 413-526-5267



<http://www.osha.gov/dcsp/smallbusiness/sharp.html>

Mary V. Shannon
US DOL - OSHA Region 1
617-565-9827s

OSHA ALLIANCE CONSTRUCTION SAFETY ROUNDTABLE

Meets last Tuesday of the month at 10 a.m.

Lunch is provided

**Keene State College Safety Center
Ammon Center 175 Ammon Dr., Manchester, N.H.**

Monthly ROUNDTABLE topics are available at:
www.keene.edu/conted/osha.cfm



American Society of Safety Engineers
Protecting people, property, and the environment since 1911



Public Service of New Hampshire



Additional information and registration form at our website: www.keene.edu/conted/osha.cfm