

Athletics

Student Outcomes	Dimensions of Outcomes	Sample Developmental Experiences for Learning	Bodies of Knowledge for Educators	Sample Learning Outcomes
Humanitarianism	Understanding and appreciation of human differences, cultural competency;	Intercollegiate Athletics – diverse makeup of teams	Racial identity development, multicultural competence, sexual/gender identity issues	Students and coaches will learn to appreciate multiculturalism and come to understand different viewpoints. Ability to work with people from diverse backgrounds as a member of a team, pulling for the same objectives.
Civic Engagement	Leadership, sportsmanship, ethical behavior	Intercollegiate Athletics – being part of a team	Leadership Theory, group dynamics, organizational development and behavior	As seniors or captains of an intercollegiate team, students will have the opportunity to influence and direct other team members in making responsible choices about individual and team behavior.

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Interpersonal and intrapersonal competence	Personal goal setting as well as team goal setting; realistic self appraisal as to role on team; relationship building; collaboration; personal attributes such as self esteem, confidence, and sportsmanship	Intercollegiate Athletics	Organizational behavior, group dynamics, Racial identity development, multicultural competence, sexual/gender identity issues	Students will learn to appreciate their role on a team, to set goals for the team that may be in conflict with personal goals. Students will interact with other team members and will learn to resolve conflict. Students will bond as a team and develop communication skills to deal with a diverse group.

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Practical Competence	Effective communication, maintain personal health and wellness; prioritize leisure pursuits	Intercollegiate Athletics	Psychosocial theory; career development	<p>By managing their daily schedules, students will be effective time managers.</p> <p>Students will learn the benefits of a healthy lifestyle</p>