

**KEENE STATE COLLEGE
BACHELOR OF SCIENCE IN PHYSICAL EDUCATION
TEACHER CERTIFICATION OPTION**

It is the student's responsibility to follow the **official** requirements of their degree, which are found in the Keene State College catalog. This planning sheet is for advising purposes.

Name: _____ Student ID #: _____

Institution(s) Attended: _____ Credits: _____

I. GENERAL EDUCATION

A. English Language Competence: ENG 101 is required of all students.

ENG 101: _____

B. Arts & Humanities: A minimum of five (5) courses totaling at least 15 credits as follows:

Literature: _____

Any English course other than 101, 202, 203, 204, 205, 301, 302, 303, 310, 311, 382, or 410. FR 340, or French, German, or Spanish 498 (when topics focus on French, German or Spanish Literature)

US History: _____ ART, COMM, FILM, MU or TAD: _____

Two courses from the Arts & Humanities disciplines: AMST, ART, COMM, FILM, ENG, FR, GER, HIST, IDAH, JRN, ML, MU, PHIL, SP, or TAD

C. Social Sciences: A minimum of four (4) courses totaling at least 12 credits in **three (3)** or more of the Social Science disciplines: ECON, GEOG, POSC, PSYC, SOC. One course may be an approved interdisciplinary course (designated IDSS)*

GEOG _____

D. Sciences/Math: A minimum of four (4) courses totaling at least 12 credits as follows: One (1) course in BIOLOGY. One (1) course in as PHYSICAL SCIENCE (ASTR, CHEM, GEOL, MET, PHYS). One (1) of the science courses must include a lab. Two (2) courses from Sciences/Math disciplines: ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS or an approved interdisciplinary course (designated IDSM)*.

#BIO 230/231 Human A&P I/Lab _____ 3/1 _____ Physical Science _____

#BIO 232/233 Human A&P II/Lab _____ 3/1 _____ ## _____

*You are encouraged to complete at least one interdisciplinary course.

#Prerequisites for major coursework, and may be used for General Education.

All students majoring in Physical Education must demonstrate math competency at the level of Intermediate Algebra and Trigonometry or take Math 120 during the freshman year (see catalog).

II. **MAJOR REQUIREMENTS**

Note: Minimum Grade Point Average Requirements

- Teacher Education Core: 2.50, Minimum grade of C in each course
- Physical Education Major: 2.50, Minimum grade of C in each course
- Cumulative GPA: 2.50

PHYSICAL EDUCATION CORE COURSES

(15 credits)

| | | |
|---|-------|----------|
| PE 100: Foundations of Physical Education | _____ | <u>3</u> |
| PE 101: Health Science | _____ | <u>3</u> |
| PE 200: Applied Kinesiology | _____ | <u>3</u> |
| PE 201: Physiology of Exercise | _____ | <u>3</u> |
| PE 460: Measurement & Evaluation in PE | _____ | <u>3</u> |

PHYSICAL EDUCATION TEACHER ED. COURSES

(18 credits)

| | | |
|--|-------|----------|
| PE 240: Advanced First Aid | _____ | <u>3</u> |
| PE 360: Teaching Physical Education | _____ | <u>3</u> |
| PE 361: Adapted Physical Education | _____ | <u>3</u> |
| PE 362: Administration of PE Programs | _____ | <u>3</u> |
| PE 375: Practicum: Teaching Elementary | _____ | <u>3</u> |
| PE 376: Practicum: Teaching Secondary | _____ | <u>3</u> |

SKILLS & TECHNIQUES: (16 credits) The following major skills courses must be taken in sequence as follows:

| | | | | | | | |
|----------------------------|--------|-------|----------|------------------------------|--------|-------|----------|
| PE 260: Total Fitness | (F:Fr) | _____ | <u>2</u> | PE 285: Volleyball | (S:So) | _____ | <u>1</u> |
| PE 288: Soccer/Speedball | (F:Fr) | _____ | <u>1</u> | PE 265: Secondary Activities | (F:Jr) | _____ | <u>1</u> |
| PE 278: Racquet Sports | (S:Fr) | _____ | <u>2</u> | PE 282: Track & Field | (F:Jr) | _____ | <u>1</u> |
| PE 286: Basketball | (S:Fr) | _____ | <u>1</u> | PE 287: Softball | (F:Jr) | _____ | <u>1</u> |
| PE 255: Developmental Mvt. | (F:So) | _____ | <u>2</u> | PE 256: Rhythms | (S:Jr) | _____ | <u>1</u> |
| PE 283: Gymnastics | (S:So) | _____ | <u>2</u> | PE 268: Outdoor Skills | (S:Jr) | _____ | <u>1</u> |

ADMISSION CRITERIA FOR TEACHER EDUCATION: Refer to the KSC Catalog (Teacher Education Programs section) for guidelines regarding admission to Teacher Education and eligibility for Student Teaching.

TEACHER EDUCATION CORE (28 credits)

| | | |
|--|-------|----------|
| ESEC 100: Introduction to Teaching | _____ | <u>1</u> |
| ESEC 150: Development, Exceptionality, & Learning I | _____ | <u>3</u> |
| ESEC 250: Development, Exceptionality, & Learning II | _____ | <u>3</u> |
| ESEC 320: Educational Environments/Practices | _____ | <u>3</u> |
| ESEC 387: Creating Social Contexts for Learning | _____ | <u>3</u> |
| ESEC 450: Seminar: Educational Principles * | _____ | <u>3</u> |
| ESEC 465: Student Teaching (elementary) | _____ | <u>6</u> |
| ESEC 465: Student Teaching (secondary) | _____ | <u>6</u> |

*Taken concurrently with Student Teaching

III. **ELECTIVES** (usually 5 credits)

The student will select other courses to bring his/her total to at least 126 credits.

If you wish to use transferred courses toward major/minor requirements, you must use the Course Substitution process. Contact your Faculty Advisor or the Academic Advising Center for more information

NOTE: The application process for admission to the Physical Education/Teacher Certification Option begins fall semester of the freshman year. The review of applicants and the official notification of the results of this review would occur during the fall semester of the sophomore year. Students applying must have completed a minimum of two courses from the PE Core and 4 credits of PE Major skills courses. For transfer students, the process would occur after one semester of attendance which must include a minimum of one course from the PE Core and 2 credits of PE Major skills courses. Complete information about this application process can be obtained from the PE Department Office.