

**KEENE STATE COLLEGE
BACHELOR OF SCIENCE IN PHYSICAL EDUCATION
ATHLETIC TRAINING OPTION**

It is the student's responsibility to follow the **official** requirements of their degree, which are found in the Keene State College catalog. This planning sheet is for advising purposes.

Name: _____ Student ID # _____

Institution(s) Attended: _____ Credits: _____

I. GENERAL EDUCATION

A. English Language Competence: ENG 101 is required of all students.

ENG 101: _____

B. Arts & Humanities: A minimum of five (5) courses totaling at least 15 credits as follows:

Literature: _____
Any English course other than 101, 202, 203, 204, 205, 301, 302, 303, 310, 311, 382, 410. FR 340, or FR, GER, or SP 498 (when topics focus on French, German or Spanish Literature)

HIST: _____ ART, COMM, FILM, MU, OR TAD: _____

Two courses from the Arts & Humanities disciplines: AMST, ART, COMM, FILM, ENG, FR, GER, HIST, IDAH, JRN, ML, MU, PHIL, SP, or TAD

C. Social Sciences: A minimum of four (4) courses totaling at least 12 credits in **three (3)** or more of the Social Science disciplines: ECON, GEOG, POSC, PSYC, SOC. One course may be an approved interdisciplinary course (designated IDSS)*

D. Sciences/Math: A minimum of four (4) courses totaling at least 12 credits as follows: One (1) course in BIOLOGY. One (1) course in a PHYSICAL SCIENCE (ASTR, CHEM, GEOL, MET, PHYS). One (1) of the science courses must include a lab. Two (2) courses from Sciences/Math disciplines: ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS or an approved interdisciplinary course (designated IDSM)*

#BIO 230/231: A. & P. I/Lab ___ 3/1 Physical Science _____

#BIO 232/233: A. & P. II/Lab ___ 3/1 ## _____

*You are encouraged to complete at least one interdisciplinary course.

#Prerequisites for major coursework, and may be used for General Education

All students majoring in Physical Education must demonstrate math competency at the level of Intermediate Algebra and Trigonometry or take Math 120 during the freshman year (see catalog).

ADMISSION CRITERIA FOR THE ATHLETIC TRAINING OPTION: SEE 1998-99 KEENE STATE COLLEGE CATALOG FOR COMPLETE INFORMATION REGARDING THE ADMISSIONS PROCEDURE, MINIMUM GRADE POINT AVERAGE, ETC.

II. MAJOR REQUIREMENTS

PHYSICAL EDUCATION CORE COURSES

(15 Credits)

PE 100: Foundations of Physical Education	___	<u>3</u>
PE 101: Health Science	___	<u>3</u>
PE 200: Applied Kinesiology	___	<u>3</u>
PE 201: Physiology of Exercise	___	<u>3</u>
PE 460: Meas. & Eval. in PE	___	<u>3</u>

ATHLETIC TRAINING OPTION

(46 Credits)

PE 240: Advances First Aid	___	<u>3</u>	PE 440: Athletic Training II	___	<u>3</u>
PE 241: Mechanics of Taping Techniques	___	<u>1</u>	PE 441: Rehabilitation of Sports Injuries	___	<u>3</u>
PE 242: Clinical ROM Programs	___	<u>1</u>	PE 442: Therapeutic Modalities	___	<u>3</u>
PE 243: Resistance Training Programs	___	<u>1</u>	PE 473: Adv. Practicum: Athletic Training	___	<u>3</u>
PE 244: Clinical Exercise Therapy	___	<u>2</u>	PE 483: Adv. Internship: Athletic Training	___	<u>6</u>
PE 245: Manual Muscle Function Testing	___	<u>1</u>	PE 493: Externship: Athletic Training	___	<u>3</u>
PE 340: Athletic Training I	___	<u>3</u>	HE 115: Nutrition & Physical Well-Being	___	<u>3</u>
PE 341: Administration of Athletic Training	___	<u>3</u>			
PE 373: Practicum: Athletic Training	___	<u>3</u>			
PE 383: Internship: Athletic Training	___	<u>6</u>			

III. ELECTIVES

The student will select other courses to bring his/her total to at least 126 Credits.

If you wish to use transferred courses toward major/minor requirements, you must use the Course Substitution Process. Contact your Faculty Advisor or the Academic Advising Center for more information.

NOTE: The Application Process for Admission to the Athletic Training Option begins the first week of fall semester for freshmen and transfers. Review of applicants and official notification of the results of this review occurs during the spring semester. When a student is not accepted, a consultation will be scheduled with one or more members of the Admissions Committee. During the conference, the student will be notified of any areas of deficiency which need to be addressed. The student will be eligible to reapply for admission during the next year's admission period.