

PHYSICAL EDUCATION: Bachelor of Science (124-132 cr)

Keene State College

2009-2010 Catalog

*Meet with a faculty advisor in Physical Education to discuss your academic plans.
This sheet is for general advising purposes only.*

MAJOR REQUIREMENTS (84-88 credits)

Allied Discipline Courses (prerequisites to major courses)

- INCHEM 100 -or- INCHEM 103 -or- INCHEM 111
- BIO 230 Anatomy and Physiology I
- BIO 232 Anatomy and Physiology II
- MATH 120 Applied Algebra and Trigonometry*

(or demonstrated competency in Intermediate Algebra and Trigonometry)

Physical Education Teacher Certification Requirements

- EDUC 100 Issues in Education (2 cr)
- EDSP 202 Development, Exceptionality and Learning
- PE 100 Foundations of Physical Education (2 cr)
- PE 200 Applied Kinesiology
- PE 201 Physiology of Exercise
- PE 360 Teaching Physical Education
- PE 361 Adapted Physical Education
- PE 362 Organization and Administration of Physical Education Programs
- PE 363 Evaluation of K-12 Physical Education Learners (2 cr)
- PE 375 Practicum: Teaching Elementary (4 cr) *NOTE: Must be certified in Standard*
- PE 376 Practicum: Teaching Secondary (4 cr) *First Aid and CPR for the*
- PE 475 Student Teaching: Elementary (6 cr) *Professional Responder for:*
- PE 476 Student Teaching: Secondary (6 cr) *PE 375, 376, 475 and 476.*
- PE 477 Student Teaching Seminar

Skills and Techniques (Must be taken in sequence, 18 cr total, credits noted by course)

- | | | | |
|-------------------|----------------|--|--|
| <i>First Year</i> | <i>Fall:</i> | <input type="checkbox"/> PE 260 Total Fitness (2) | <input type="checkbox"/> PE 288 Soccer/Speedball (1) |
| | <i>Spring:</i> | <input type="checkbox"/> PE 278 Racquet Sports (2) | <input type="checkbox"/> PE 286 Basketball (1) |
| <i>Sophomore</i> | <i>Fall:</i> | <input type="checkbox"/> PE 255 Developmental Movement (2) | |
| <i>Year</i> | | <input type="checkbox"/> PE 287 Softball (1) | <input type="checkbox"/> PE 285 Volleyball (1) |
| | <i>Spring:</i> | <input type="checkbox"/> PE 265 Secondary Activities (1) | <input type="checkbox"/> PE 283 Gymnastics (2) |
| <i>Junior</i> | <i>Fall:</i> | <input type="checkbox"/> PE 261 Fitness Curriculum for K-12 Learners (1) | |
| | | <input type="checkbox"/> PE 282 Track and Field (1) | |
| <i>Year</i> | <i>Spring:</i> | <input type="checkbox"/> PE 256 Rhythms (2) | <input type="checkbox"/> PE 268 Outdoor Skills (1) |

I-prefixed courses may also be used to fulfill Integrative Studies requirements; credits count once.

**MATH 120 will fulfill the Integrative Studies Program IQL requirement; credits count once.*

Integrative Studies Program (ISP) Requirements: 44 cr

Keene State College

2009-2010 Catalog

Integrative Studies classes will make up one-third of your undergraduate education. With both lower- and upper-level requirements, these classes are meant to be taken across your four years. Don't just fill in the blanks, look for classes that intrigue you.

Foundations

- ITW: Thinking & Writing** (Take in either your first or second semester.)
- IQL: Quantitative Literacy** (Take within your first three semesters.)

Perspectives

*Only **one** course in any single discipline can be used to fulfill your Integrative Studies requirements within the **Perspectives** area. Disciplines are shown below in **BOLD** (such as **INBIO**) and may appear in more than one category (such as **IAENG** and **IHENG**). Write the course number and title of the classes you are taking in the spaces below. To review majors, courses and additional information, go to the on-line catalog: www.keene.edu/catalog.*

IA: Arts – *One course beginning with IA: IAART, IAENG, IAMU or IATAD.*

IH: Humanities – *Two courses in two different disciplines beginning with IH: IHAMST, IHCOMM, IHENG, IHFILM, IHFR, IHGER, IHHGS, IHHIST, IHJRN, IHPHIL, IHSP.*

_____ _____

IA/IH: One additional course in either Arts or Humanities in a discipline not used above.

IN: Natural Sciences – *Two courses in two different disciplines beginning with IN: INASTR, INBIO, INCHEM, INGEOL, INMET or INPHYS.*

_____ _____

IS: Social Sciences – *Two courses in two different disciplines beginning with IS: ISANTH, ISECON, ISGEOG, ISPOSC, ISPYSC or ISSOC.*

_____ _____

Interdisciplinary

II: One course in any discipline (even if already used in Perspectives) beginning with II:

NOTE: *In ISP, all students must complete a minimum of 28 credits at the 100-200 level and a minimum of 8 credits at the 300-400 level. A total of 24 100-200 level ISP credits (including both ITW and IQL) must be completed before taking a 300-400 level class.*

*Check your major requirements to see if any may also be used to fulfill an Integrative Studies requirement (look for the "I" prefix). Remember, however: credits count **once**.*