

INTEGRATIVE STUDIES PROGRAM REQUIREMENTS (44 cr)

Note: Students must complete **Thinking & Writing** within their first two semesters and the **Quantitative Literacy** within their first three semesters.

Foundations

ITW: Thinking & Writing _____

IQL: Quantitative Literacy* _____

Perspectives

NOTE: Students may take only **one** course in any specific discipline within the **PERSPECTIVES** area. Disciplines are shown in **BOLD**, such as **IAART**

IA: Arts – **IAART, IAMU, IATAD (1 course)**

IH: Humanities - **IHCOMM, IHENG, IHFILM, IHFR, IHGER, IHHIST, IHJRN, IHML, IHPHIL, IHSP (2 courses)**

IA/IH: an additional course in either IA or IH **(1 course)**

IN: Natural Sciences – **INASTR, INBIO, INCHEM, INGEOL INMET, INPHYS (2 courses)**

IS: Social Sciences – **ISANTH, ISCJS, ISECON, ISGEOG, ISPOSC, ISPSYC, ISSOC, ISSOSC (2 courses)**

Interdisciplinary

II: Any course beginning with II **(1 course)**

NOTE: Courses fulfilling **PERSPECTIVES** and **INTERDISCIPLINARY** requirements may be at the 100-400 level. All students must complete a minimum of **28** credits at the 100-200 level and a minimum of **8** credits at the 300-400 level to complete the *Integrative Studies Program (ISP)*.

MAJOR REQUIREMENTS (84-88 credits)

Allied Discipline Courses (prerequisites to all major courses)

INCHEM 100** -or- INCHEM 103** -or- INCHEM 111**

BIO 230 Anat. & Phys I -and- BIO 232 Anat. & Phys. II

MATH 120 Applied Algebra and Trigonometry*

(or demonstrated competency in Intermediate Algebra and Trigonometry)

Physical Education Teacher Certification Requirements

EDUC 100 Issues in Education (2 cr)

EDSP 202 Development, Exceptionality and Learning

PE 100 Foundations of Physical Education (2 cr)

PE 200 Applied Kinesiology PE 201 Physiology of Exercise

PE 360 Teaching Physical Education PE 361 Adapted PE

PE 362 Organization and Administration of PE Programs

PE 363 Evaluation of K-12 Physical Education Learners (2 cr)

PE 375 Practicum: Teaching Elementary (1-6 cr)

PE 376 Practicum: Teaching Secondary (1-6 cr)

PE 475 Student Teaching: Elementary (6 cr)

PE 476 Student Teaching: Secondary (6 cr)

PE 477 Student Teaching Seminar

Skills and Techniques (Must be taken in sequence, 18 cr)

Freshman Year

Fall: PE 260 Total Fitness (2 cr) PE 288 Soccer/Speedball (1 cr)

Spring: PE 278 Racquet Sports (2 cr) PE 286 Basketball (1 cr)

Sophomore Year

Fall: PE 255 Developmental Movement (2 cr)

PE 287 Softball (1 cr) PE 285 Volleyball (1 cr)

Spring: PE 265 Sec. Activities (1 cr) PE 283 Gymnastics (1 cr)

Junior Year

Fall: PE 282 Track and Field (1 cr)

PE 261 Fitness Curriculum for K-12 Learners (1 cr)

Spring: PE 256 Rhythms (2 cr) PE 268 Outdoor Skills (1 cr)

*Math 120 will fulfill the IQL requirement.

**Courses may also be used to fulfill Integrative Studies requirements; credits count once.

See catalog for complete program requirements. This sheet is for general advising purposes only.