

KEENE STATE COLLEGE
BACHELOR OF SCIENCE IN PHYSICAL EDUCATION: TEACHER CERTIFICATION OPTION

FRESHMAN		SOPHOMORE		JUNIOR		SENIOR	
FALL	SPRING	FALL	SPRING	FALL	SPRING	FALL	SPRING
MAJOR PE 100 (Foundations of PE - 2 credits)	MAJOR PE 278 (Racquet Sports – 2 credits)	MAJOR PE 255 (Developmental Movement – 2 credits)	MAJOR PE 360 (Teaching PE – 4 credits)	MAJOR PE 361 (Adapted PE – 4 credits)	MAJOR PE 375 or 376* (Elementary or Secondary Practicum – 4 credits)	MAJOR PE 375 or 376* (Elementary or Secondary Practicum – 4 credits)	TEACHER EDUCATION PE 475* (Student Teaching: Elementary – 6 credits)
MAJOR PE 260 (Total Fitness – 2 credits)	MAJOR PE 286 (Basketball - 1 credit)	MAJOR PE 285 (Volleyball – 1 credit)	MAJOR PE 283 (Gymnastics – 2 credits)	MAJOR PE 282 (Track & Field – 1 credit)	MAJOR PE 362 (Org & Admin of PE Programs- 4 credits)		TEACHER EDUCATION PE 476* (Student Teaching: Secondary – 6 credits)
MAJOR PE 288 (Soccer/Speedball - 1 credit)		MAJOR PE287 (Softball – 1 credit)		MAJOR PE 261 (Fitness Curriculum K-12 - 1 credit)	MAJOR PE 363 (Evaluation of K-12 Learners in PE – 2 credits)		TEACHER EDUCATION PE 477 (Student Teaching Seminar - 4 credits)
	TEACHER EDUCATION EDUC 100 (Issues in Education – 2 credits)	TEACHER EDUCATION EDSP 202 (Develop, Except & Learning – 4 credits)	MAJOR PE 265 (Secondary Activities – 1 credit)		MAJOR PE256 (Rhythms – 2 credits)		
Allied Requirement that may be used as Integrative Studies Natural Science INCHEM 100 (Intro to Chemistry – 4 credits)	Allied Requirement BIO 230/231 (Human A&P I – 4 credits)	Allied Requirement BIO 232/233 (Human A&P II – 4 credits)	MAJOR PE 200 (Applied Kinesiology – 4 credits)	MAJOR PE 201 (Physiology of Exercise – 4 credits)	MAJOR PE268 (Outdoor Skills – 1 credit)	Elective (4 credits)	
Integrative Studies Thinking and Writing (ITW 101 – 4 credits)	Allied Requirement (Math 120, if needed – 4 credits) <u>QR</u> Integrative Studies Quantitative Literacy (IQL 101 – 4 credits)			Integrative Studies Arts or Humanities (4 credits)		Integrative Studies Natural Science (4 credits)	
Integrative Studies Social Science (4 credits)	Integrative Studies Humanities (4 credits)	Integrative Studies Humanities (4 credits)	Integrative Studies Arts (4 credits)	Integrative Studies Social Sciences (4 credits)	Elective (4 credits)	Integrative Studies Interdisciplinary (4 credits)	
<i>17 credits</i>	<i>17 credits</i>	<i>16 credits</i>	<i>15 credits</i>	<i>18 credits</i>	<i>17 credits</i>	<i>12-16 credits</i>	<i>16 credits</i>
<i>*Required competency: Certification in First Aid and CPR</i>	<i>Certification in First Aid and CPR</i>	<i>This competency can be fulfilled by the following elective courses:</i>	<i>PE 240 Emergency Response (4 credits)</i> <i>PE 191 ARC Standard First Aid/CP (1 credit)</i>	<i>PE 242 Management of Cardiac and Respiratory Emergencies (1 credit) (for recertification in CPR)</i>	TOTAL CREDITS = 128-132		
<i>Recommended Electives:</i>	<i>PE 162: Tension control (1 credit)</i> <i>PE 154 Lifeguard Training (2 credits)</i>	<i>PE 181: Tennis (1 credit)</i> <i>PE 155 Water Safety Instructor (2 credits)</i>	<i>PE 161: Strength Training (1 credit)</i> <i>PE 141 Personal Health (2 credits)</i>	<i>PE 177: Golf (1 credit)</i> <i>PE 344 Sports Nutrition (1 credit)</i>	<i>PE 150 Beginning Swimming (1 credit)</i> <i>PE 210: Intro Coaching</i>	<i>PE 152 Aquatic Conditioning (1 credit)</i> <i>PE 371: Coaching Practicum</i>	
<i>Recommended Electives that may apply toward certification in health at another college: courses in chemical dependency, human sexuality, and nutrition.</i>							