

HLSC - Substance Abuse/Addictions Option: B.S. (124 cr)

INTEGRATIVE STUDIES PROGRAM REQUIREMENTS (44 cr)

Note: Students must complete **Thinking & Writing** within their first two semesters and the **Quantitative Literacy** within their first three semesters.

Foundations

ITW: Thinking & Writing _____

IQL: Quantitative Literacy _____

Perspectives

NOTE: Students may take only **one** course in any specific discipline within the **PERSPECTIVES** area. Disciplines are shown in **BOLD**, such as IAART

IA: Arts – IAART, IAMU, IATAD (1 course)

IH: Humanities - IHCOMM, IHENG, IHFILM, IHFR, IHGER, IHHIST, IHJRN, IHML, IHPHIL, IHSP (2 courses)

IA/IH: an additional course in either IA or IH (1 course)

IN: Natural Sciences – INASTR, INBIO, INCHEM, INGEOL, INMET, INPHYS (2 courses)

IS: Social Sciences – ISANTH, ISCJS, ISECON, ISGEOG, ISPOSC, ISPSYC, ISSOC, ISSOSC (2 courses)

Interdisciplinary

II: Any course beginning with II (1 course)

NOTE: Courses fulfilling **PERSPECTIVES** and **INTERDISCIPLINARY** requirements may be at the 100-400 level. All students must complete a minimum of 28 credits at the 100-200 level and a minimum of 8 credits at the 300-400 level to complete the *Integrative Studies Program (ISP)*.

Keene State College

2008-2009 Catalog

MAJOR REQUIREMENTS (78 credits)

Core Courses (28 cr)

- HLSC 101 Health and Wellness
- HLSC 285 Health in Society
- HLSC 318 Life-Cycle Nutrition and Wellness
- HLSC 380 Addiction: Theory, Research and Practice
- HLSC 385 Behavior Change Facilitation
- HLSC 485 Health Promotion Practice
- HLSC 495 Seminar: Health Science

Substance Abuse/Addictions Requirements (26 cr)

- HLSC 200 Alcohol and Other Drugs: Fundamentals
- HLSC 214 Nutrition Fundamentals
- HLSC 265 Exercise Science and Application (2 cr)
- HLSC 382 Addiction Counseling and Management
- HLSC 386 Chemical Dependency Diagnosis and Treatment
- HLSC 492 Internship: Substance Abuse and Addictions

Select one of the following:

- HLSC 489 Drug Abuse Prevention
- or-** HLSC 491 Advanced Drug Treatment Methods

Allied Discipline Requirements (24 cr)

- INCHEM 100 Fundamentals of Chemistry *
- BIO 230 Human Anatomy and Physiology I
- BIO 232 Human Anatomy and Physiology II
- PSYC 101 General Psychology
- MGT 101 Introduction to Management
- IHCOMM 171 Public Speaking*

*Courses may also be used to fulfill Integrative Studies requirements; credits count once.

See catalog for complete program requirements. This sheet is for general advising purposes only.