

HEALTH SCIENCE: Sub. Abuse/Addictions Option (124 cr)

Keene State College

2007-2008 Catalog

INTEGRATIVE STUDIES PROGRAM REQUIREMENTS (44 cr)

Note: Students must complete the **Thinking & Writing** requirement within their first two semesters and the **Quantitative Literacy** requirement within their first three semesters.

Foundations

ITW: Thinking & Writing _____

IQL: Quantitative Literacy _____

Perspectives

NOTE: Students may take only **one** course in any specific discipline within the **PERSPECTIVES** area. Disciplines are shown in **BOLD**, such as IAART.

IA: Arts – **IAART, IAMU, IATAD**

1 course: _____

IH: Humanities - **IHCOMM, IHENG, IHFILM, IHFR, IHGER, IHHIST, IHJRN, IHML, IHPHIL, IHSP**

2 courses: _____ _____

IA/IH: 1 additional course in either IA or IH

1 course: _____

IN: Natural Sciences – **INASTR, INBIO, INCHEM, INGEOL, INMET, INPHYS**

2 courses: _____ _____

IS: Social Sciences – **ISANTH, ISCJS, ISECON, ISGEOG, ISPOSC, ISPSYC, ISSOC, ISSOSC**

2 courses: _____ _____

Interdisciplinary

II: Any course beginning with II

1 course: _____

NOTE: Courses fulfilling **PERSPECTIVES** and **INTERDISCIPLINARY** requirements may be at the 100-400 level. All students must complete a minimum of **28** credits at the 100-200 level and a minimum of **8** credits at the 300-400 level to complete the *Integrative Studies Program (ISP)*.

MAJOR REQUIREMENTS (78 cr)

HLSC 101 Health & Wellness HLSC 385 Behavior Change Facilitation

HLSC 285 Health in Society HLSC 485 Health Promotion Practice

HLSC 318 Life Cycle Nutrition & Wellness HLSC 495 Seminar: Health Science

HLSC 380 Addiction: Theory, Research & Practice

Substance Abuse/Addictions Option (26 cr):

HLSC 200 Alcohol & Other Drugs: Fundamentals HLSC 382 Addiction Counseling & Mgt

HLSC 214 Nutrition Fundamentals HLSC 386 Chem Depend Diag. & Treatment

HLSC 265 Exercise Science & Application HLSC 492 Internship: Sub Abuse & Add.

Choose one of the following:

HLSC 489 Drug Abuse Prevention

HLSC 491 Advanced Drug Treatment Methods

Allied Discipline Requirements:

INCHEM 100 Introduction to Chemistry * PSYC 101 General Psychology

BIO 230 Human Anatomy & Physiology I MGT 101 Introduction to Management

BIO 232 Human Anatomy & Physiology II IHCOMM 171 Public Speaking *

***NOTE:** Courses may be used to satisfy the Integrative Studies requirements; credits only count once.

Health Science: Substance Abuse/Addictions Option Coursework

SUGGESTED COURSE SEQUENCE: 4-CREDIT MODEL, 2007-2008

First Year

Fall Semester

| | |
|--------------------------------|-----------|
| PSYC 101: General Psychology | 4 |
| INCHEM 100: Intro to Chemistry | 4 |
| ITW** | 4 |
| Wellness | 4 |
| | 16 |

Spring Semester

| | | |
|---------------------------------|-----------|--------------------|
| BIO 230: Human Anat. and Phys I | 4 | |
| MGT 101: Intro to Mgt | 4 | |
| IHCOMM 171: Public Speaking** | 4 | HLSC 101: Health & |
| IQL** | 4 | |
| | 16 | |

Total Credit Hours 32

Second Year

Fall Semester

| | |
|----------------------------------|-----------|
| BIO 232: Human Anat. and Phys II | 4 |
| HLSC 285: Health in Society | 4 |
| HLSC 200: AOD Fundamentals | 4 |
| IS Course** | 4 |
| | 16 |

Spring Semester

| | | |
|--------------------------------------|-----------|--|
| IS Course** | 4 | |
| HLSC 214: Nutrition Fundamentals | 4 | |
| HLSC 265: Exercise Sci & Application | 2 | |
| Elective | 2 | |
| IS Course** | 4 | |
| | 16 | |

Total Credit Hours 32

Third Year

Fall Semester

| | |
|---|-----------|
| HLSC 318: Lifecycle Nutr/Wellness | 4 |
| HLSC 380: Addiction: Theory, Res, Pract | 4 |
| IS Course** | 4 |
| IS Course** | 4 |
| | 16 |

Spring Semester

| | | |
|---------------------------------------|-----------|--|
| HLSC 385 Behavior Change Facilitation | 4 | |
| HLSC 382: Addiction Cnslng & Case Mgt | 4 | |
| IS Course** | 4 | |
| Elective | 4 | |
| | 16 | |

Total Credit Hours 32

Fourth Year

Fall Semester

| | |
|---------------------------------|-----------|
| HLSC 386: Chem Dep Dx & Tx | 4 |
| HLSC 485: Health Promotion Prac | 4 |
| IS Course** | 4 |
| Elective | 4 |
| | 16 |

Spring Semester

| | | |
|--------------------------------------|-----------|----|
| HLSC 489: Drug Prevention | 4 | OR |
| HLSC 491: Adv Drug Tx Meth and Techs | 4 | |
| HLSC 492: Internship in Addictions | 4 | |
| HLSC 495: Health Science Seminar | 4 | |
| | 12 | |

Total Credit Hours 28 credits

Degree Requirements: 124 Credits:

IS (44 credits) + HLSC Core (28 credits) + SAA Option (26 credits) + Allied Disciplines (16 credits) + Electives (10 credits) = 124 credits

**Indicates IS courses