

Name: _____

ID#: _____

GENERAL EDUCATION (minimum 43 credits)

ENGLISH LANGUAGE COMPETENCE: (4 credits)

- English 101-Essay Writing is required of all students.

Write in courses / credits:

ENG 101 _____ / 4

ARTS & HUMANITIES:

A minimum of **15** credits, as follows:

- One course in Literature
(Any 200- or 300-level English course except 202, 203, 204, 208, 301, 302, 303, 304, 308, 312; FR 303 and SP 303 may also be used to fulfill this requirement)
- One course in History. (For teacher certification, a US History course is required)
- One course in Art, Film, Music or Theatre & Dance.
- Additional credits from Arts & Humanities: AMST, ART, COMM, ENG, FILM, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (WS 201* or IDAH).

_____ / _____

US HIST _____ / _____

_____ / _____

_____ / _____

_____ / _____

SOCIAL SCIENCES:

A minimum of **12** credits in **three** or more Social Sciences disciplines: ANTH, ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary course (WS 201* or IDSS).

(For teacher certification, a Geography course is required)

GEOG _____ / _____

_____ / _____

_____ / _____

_____ / _____

SCIENCES/MATHEMATICS:

A minimum of **12** credits, as follows:

- One course in Biology.
- One course in Physical Science (ASTR, CHEM, GEOL, MET, PHYS)
- Additional credits from Sciences/Mathematics:
ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS

or an approved interdisciplinary courses (IDSM).

(BIO 230/231-Anatomy & Physiology I w/Lab, BIO 232/233-Anatomy & Physiology II w/Lab, and CHEM 100-Introduction to Chemistry are required for the major)

BIO 230/231 _____ / _____

CHEM 100 _____ / _____

BIO 232/233 _____ / _____

_____ / _____

*WS 201 may be used once, to fulfill either an Arts & Humanities or a Social Sciences requirement.

All students majoring in PE must demonstrate math competency at the level of Applied Algebra & Trigonometry or take MATH 120 during the first year (see catalog).

MAJOR REQUIREMENTS: 76 credits

See catalog for admission criteria and complete degree requirements.

PHYSICAL EDUCATION CORE: 18 credits

- PE 100: Foundations of Physical Education
- HLSC 101: Health and Wellness: Trends and Issues
- PE 200: Applied Kinesiology
- PE 201: Physiology of Exercise
- PE 240: Advanced First Aid
- PE 460: Measurement and Evaluation in Physical Education

PHYSICAL EDUCATION COURSES: 33 credits

Skills and Techniques: (Year/Semester: F=Fall; S=Spring)

- | | |
|---|---|
| <input type="checkbox"/> PE 260: Total Fitness and Conditioning (1/F) | <input type="checkbox"/> PE 261: Fitness Curriculum for K-12 Learners (2/S) |
| <input type="checkbox"/> PE 288: Soccer/Speedball (1/F) | <input type="checkbox"/> PE 283: Gymnastics (2/S) |
| <input type="checkbox"/> PE 278: Racquet Sports (1/S) | <input type="checkbox"/> PE 265: Secondary Activities (3/F) |
| <input type="checkbox"/> PE 286: Basketball (1/S) | <input type="checkbox"/> PE 282: Track and Field (3/F) |
| <input type="checkbox"/> PE 255: Developmental Movement (2/F) | <input type="checkbox"/> PE 256: Rhythms (3/S) |
| <input type="checkbox"/> PE 285: Volleyball (2/F) | <input type="checkbox"/> PE 268: Outdoor Skills (3/S) |
| <input type="checkbox"/> PE 287: Softball (2/F) | |
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See attached grid for proper sequencing of the following classes:

- | | |
|--|---|
| <input type="checkbox"/> PE 360: Teaching Physical Education | <input type="checkbox"/> PE 375: Practicum: Teaching-Elementary |
| <input type="checkbox"/> PE 361: Adapted Physical Education | <input type="checkbox"/> PE 376: Practicum: Teaching-Secondary |
| <input type="checkbox"/> PE 362: Admin. of Physical Education Programs | |
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TEACHER EDUCATION COURSES: 25 credits

See catalog for admission criteria and specific education program requirements.

- | | |
|---|--|
| <input type="checkbox"/> ESEC 100: Introduction to Teaching | <input type="checkbox"/> ESEC 450: Seminar: Educational Principles |
| <input type="checkbox"/> ESEC 150: Dev., Exceptionality & Learning I | <input type="checkbox"/> ESEC 465: Student Teaching: Elementary |
| <input type="checkbox"/> ESEC 250: Dev., Exceptionality & Learning II | <input type="checkbox"/> ESEC 465: Student Teaching: Secondary |
| <input type="checkbox"/> ESEC 387: Creating Social Context for Learning | |
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ELECTIVES: Select additional courses of your choice to bring total number of credits earned to 126.