

BACHELOR OF SCIENCE IN PHYSICAL EDUCATION: TEACHER CERTIFICATION OPTION

FRESHMAN		SOPHOMORE		JUNIOR		SENIOR	
FALL	SPRING	FALL	SPRING	FALL	SPRING	FALL	SPRING
GEN. ED. Humanities (ENG 101)		GEN. ED. Humanities (US History)	GEN. ED. Humanities (Literature)	GEN. ED. Humanities (ART, COMM. FILM, MU, or TAD)	GEN. ED. Social Science (Elective)	GEN. ED. Humanities (Elective)	TEACHER ED CORE ESEC 450 (Student Teaching Seminar 3 credits)
GEN. ED. Physical Science CHEM 100 (Intro to Chemistry)	GEN. ED. Science/Math BIO 230/231 (Human A&P I)	GEN. ED. Science/Math BIO 232/233 (Human A&P II)	GEN. ED. Social Science (Geography)	MAJOR PE 201 (Physiology of Exercise)		GEN. ED. Social Science (Elective)	TEACHER ED CORE ESEC 465 Elementary – 6 cr.
	GEN ED Science/Math (Math 120 recommended)			MAJOR PE 361 (Adapted PE)	MAJOR PE 362 (Administration of PE Programs)	GEN. ED. Humanities (Elective)	TEACHER ED CORE ESEC 465 Secondary – 6 cr.
MAJOR PE 100 (Foundations of PE)	GEN. ED. Social Science (Elective)	Major PE 240 (Advanced First Aid)	MAJOR PE 200 (Applied Kinesiology)	MAJOR PE 460 (Measurement & Evaluation) <i>Recommend-Fall Jr. yr.</i>	MAJOR PE 268 (Outdoor Skills – 1 credit)	Electives (2-3 credits)	
MAJOR PE 101 (Health & Wellness)		MAJOR PE 255 (Developmental Movement –2 credits)		Electives (2-3 credits)	MAJOR PE256 (Rhythms – 2 credits)		
MAJOR PE 260 (Total Fitness -2credits)	MAJOR PE 278 (Racquet Sports –2 credits)	MAJOR PE 285 (Volleyball –1 credit)	MAJOR PE 283 (Gymnastics –2 credits)	MAJOR PE 282 (Track & Field – 1 credit)	MAJOR PE 375 (Elementary or Secondary Practicum)	MAJOR PE 375 OR 376 (Elementary or Secondary Practicum)	
MAJOR PE 288 (Soccer -1 credit)	MAJOR PE 286 (Basketball –1 credit)	MAJOR PE287 (Softball – 1 credit)	MAJOR PE 261 (Fitness Curriculum K-12, 1 credit)	MAJOR PE 265 (Secondary Activities – 1 credit)			
TEACHER ED. CORE ESEC 100 (Introduction to Teaching – 1 credit)	TEACHER ED CORE ESEC 150 (Development, Exceptionality, & Learning I)	TEACHER ED. CORE ESEC 250 (Development, Exceptionality, & Learning II)	MAJOR PE 360 (Teaching PE)		TEACHER ED. CORE ESEC 387 (Creating Social Contexts for Learning) -taken concurrently with first practicum		
<i>17 credits</i>	<i>16 credits</i>	<i>17 credits</i>	<i>16 credits</i>	<i>16-17 credits</i>	<i>15 credits</i>	<i>14-15 credits</i>	<i>15 credits</i>
TOTAL CREDITS = 126-128							
<p><i>Recommended Electives:</i> <i>PE 150-155:Aquatics</i> <i>PE 162: Tension control</i> <i>PE 181: Tennis</i> <i>PE 243: Resistance Trg.</i> <i>PE 161: Strength Trg.</i> <i>PE 177: Golf</i> <i>PE 210: Intro Coaching</i> <i>PE 371: Coaching Pract.</i></p>							
<p>Recommended Electives that may apply toward certification in health at another college: <i>courses in chemical dependency, human sexuality, and nutrition.</i></p>							