

*Note:* For advising support only.  
See catalog for full degree requirements.

Name: \_\_\_\_\_ ID#: \_\_\_\_\_

**GENERAL EDUCATION** (minimum 43 credits)

**ENGLISH LANGUAGE COMPETENCE:** (4 credits)

- English 101-Essay Writing is required of all students.

**Write in courses / credits:**

ENG 101 \_\_\_\_\_ / 4

**ARTS & HUMANITIES:**

A minimum of **15** credits, as follows:

- One course in Literature  
(Any 200- or 300-level English course except 202, 203, 204, 208, 301, 302, 303, 304, 308, 312; FR 303 and SP 303 may also be used to fulfill this requirement)
- One course in History.
- One course in Art, Film, Music or Theatre & Dance.
- Additional credits from Arts & Humanities: AMST, ART, COMM, ENG, FILM, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (WS 201\* or IDAH).

\_\_\_\_\_ / \_\_\_\_\_

\_\_\_\_\_ / \_\_\_\_\_

\_\_\_\_\_ / \_\_\_\_\_

\_\_\_\_\_ / \_\_\_\_\_

\_\_\_\_\_ / \_\_\_\_\_

**SOCIAL SCIENCES:**

A minimum of **12** credits in **three** or more Social Sciences disciplines: ANTH, ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary course (WS 201\* or IDSS).

(PSYC 101-General Psychology is required for the major)

PSYC 101 \_\_\_\_\_ / \_\_\_\_\_

\_\_\_\_\_ / \_\_\_\_\_

\_\_\_\_\_ / \_\_\_\_\_

\_\_\_\_\_ / \_\_\_\_\_

**SCIENCES/MATHEMATICS:**

A minimum of **12** credits, as follows:

- One course in Biology.
- One course in Physical Science (ASTR, CHEM, GEOL, MET, PHYS)
- Additional credits from Sciences/Mathematics:  
ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS

or an approved interdisciplinary courses (IDSM).

(BIO 230/231-Anatomy & Physiology I w/Lab, BIO 232/233-Anatomy & Physiology II w/Lab, and CHEM 103/107-Fundamentals of Chemistry w/Lab are required for the major)

BIO 230/231 \_\_\_\_\_ / \_\_\_\_\_

CHEM 103/107 \_\_\_\_\_ / \_\_\_\_\_

BIO 232/233 \_\_\_\_\_ / \_\_\_\_\_

\_\_\_\_\_ / \_\_\_\_\_

\*WS 201 may be used once, to fulfill either an Arts & Humanities or a Social Sciences requirement.

All students majoring in PE must demonstrate math competency at the level of Applied Algebra & Trigonometry or take MATH 120 during the first year (see catalog).

**MAJOR REQUIREMENTS: 67 credits**

See catalog for admission criteria and full degree requirements.

See attached grid for proper sequencing of courses.

**PHYSICAL EDUCATION CORE: 18 credits**

- PE 100: Foundations of Physical Education
- HLSC 101: Health and Wellness: Trends and Issues
- PE 200: Applied Kinesiology
- PE 201: Physiology of Exercise
- PE 240: Advanced First Aid
- PE 460: Measurement and Evaluation in Physical Education

**ATHLETIC TRAINING COURSE REQUIREMENTS: 49 credits**

- PE 140: Introduction to Athletic Training
- PE 241: Mechanics of Taping Techniques
- PE 243: Resistance Training Programs
- PE 246: Clinical Palpation
- PE 340: Athletic Training I
- PE 341: Techniques of Manual Testing
- PE 342: Therapeutic Modalities
- PE 343: Clinical Exercise Therapy
- PE 344: Sports Nutrition
- PE 383: Internship: Athletic Training (6 credits)
- PE 440: Athletic Training II
- PE 441: Athletic Training III
- PE 443: Administration of Athletic Training
- PE 473: Advanced Practicum: Athletic Training (2 credits)
- PE 483: Advanced Internship: Athletic Training (6 credits)
- PE 493: Externship: Athletic Training (6 credits)

**ELECTIVES:** Select additional courses of your choice to bring total number of credits earned to 126.