

Note: For advising support only.
See catalog for full degree requirements.

Name: _____ ID#: _____

GENERAL EDUCATION (minimum 43 credits)

ENGLISH LANGUAGE COMPETENCE: (4 credits)

- English 101-Essay Writing is required of all students.

Write in courses / credits:

ENG 101 _____ / 4

ARTS & HUMANITIES:

A minimum of **15** credits, as follows:

- One course in Literature

(Any 200- or 300-level English course except 202, 203, 204, 208, 301, 302, 303, 304, 308, 312; FR 303 and SP 303 may also be used to fulfill this requirement)

- One course in History.
- One course in Art, Film, Music or Theatre & Dance.
- Additional credits from Arts & Humanities: AMST, ART, COMM, ENG, FILM, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (WS 201* or IDAH).

_____ / _____

_____ / _____

_____ / _____

_____ / _____

_____ / _____

SOCIAL SCIENCES:

A minimum of **12** credits in **three** or more Social Sciences disciplines: ANTH, ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary course (WS 201* or IDSS).

(PSYC 101-General Psychology is required for the major)

PSYC 101 _____ / _____

_____ / _____

_____ / _____

_____ / _____

SCIENCES/MATHEMATICS:

A minimum of **12** credits, as follows:

- One course in Biology.
- One course in Physical Science (ASTR, CHEM, GEOL, MET, PHYS)
 - Additional credits from Sciences/Mathematics:

ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS or an approved interdisciplinary courses (IDSM).

(BIO 230/231-Anatomy & Physiology I w/Lab, BIO 232/233-Anatomy & Physiology II w/Lab, and CHEM 103/107-Fundamentals of Chemistry w/Lab are required for the major)

BIO 230/231 _____ / _____

CHEM 103/107 _____ / _____

BIO 232/233 _____ / _____

_____ / _____

*WS 201 may be used once, to fulfill either an Arts & Humanities or a Social Sciences requirement.

All students majoring in PE must demonstrate math competency at the level of Applied Algebra & Trigonometry or take MATH 120 during the first year (see catalog).

MAJOR REQUIREMENTS: 67 credits

See catalog for admission criteria and full degree requirements.

See attached grid for proper sequencing of courses.

PHYSICAL EDUCATION CORE: 15 credits

- PE 100: Foundations of Physical Education
- PE 101/HLSC 101: Health and Wellness: Trends and Issues
- PE 200: Applied Kinesiology
- PE 201/HLSC 201: Physiology of Exercise
- PE 460: Measurement and Evaluation in Physical Education

ATHLETIC TRAINING COURSE REQUIREMENTS: 52 credits

- PE 140: Orientation to Athletic Training
- PE 240: Advanced First Aid
- PE 241: Mechanics of Taping Techniques
- PE 243: Resistance Training Programs
- PE 246: Clinical Palpation
- PE 340: Athletic Training I
- PE 341: Techniques of Manual Testing
- PE 342: Therapeutic Modalities
- PE 343: Clinical Exercise Therapy
- PE 344: Sports Nutrition
- PE 373: Practicum: Athletic Training (3 credits)
- PE 383: Internship: Athletic Training (6 credits)
- PE 440: Athletic Training II
- PE 441: Athletic Training III
- PE 443: Administration of Athletic Training
- PE 473: Advanced Practicum: Athletic Training (3 credits)
- PE 483: Advanced Internship: Athletic Training (6 credits)
- PE 493: Externship: Athletic Training (3 credits)

ELECTIVES: Select additional courses of your choice to bring total number of credits earned to 126.