

2003-2004 Catalog  
Bachelor of Science  
**PHYSICAL EDUCATION**  
*Teacher Certification Option*

KEENE STATE COLLEGE

*Note:* For advising support only.  
See catalog for full degree requirements.

Name: \_\_\_\_\_ ID#: \_\_\_\_\_

**GENERAL EDUCATION**

**ENGLISH LANGUAGE COMPETENCE:**

- English 101-Essay Writing is required of all students.

**Write in/check off courses:**

ENG 101 \_\_\_\_\_

**ARTS & HUMANITIES:**

A minimum of **five** courses totaling at least **15** credits, as follows:

- One course in Literature

(Any 200- or 300-level English course except 202, 203, 204, 208, 301, 302, 303, 304, 308, 312; FR 303 and SP 303 may also be used to fulfill this requirement)

Four courses from Arts & Humanities, including:

- One course in History. (For teacher certification, a US History course is required)
- One course in the Fine Arts (ART, FILM, MU or TAD).
- Two additional courses from Arts & Humanities:

AMST, ART, COMM, ENG, FILM, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (WS 201\* or IDAH).

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US HIST \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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**SOCIAL SCIENCES:**

A minimum of **four** courses totaling at least **12** credits in **three** or more of the Social Sciences disciplines: ANTH, ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary course (WS 201\* or IDSS).

(For teacher certification, a Geography course is required)

GEOG \_\_\_\_\_

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\*WS 201 may be used once, to fulfill either an Arts & Humanities or a Social Sciences requirement.

**SCIENCES/MATHEMATICS:**

A minimum of **four** courses totaling at least **12** credits, as follows:

- One course in Biology.
- One course in Physical Science (ASTR, CHEM, GEOL, MET, PHYS)
- Two additional courses from Sciences/Mathematics:

ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS or an approved interdisciplinary courses (IDSM).

(BIO 230/231-Anatomy & Physiology I w/Lab, BIO 232/233-Anatomy & Physiology II w/Lab, and CHEM 100-Introduction to Chemistry are required for the major)

BIO 230/231 \_\_\_\_\_

CHEM 100 \_\_\_\_\_

BIO 232/233 \_\_\_\_\_

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All students majoring in PE must demonstrate math competency at the level of Intermediate Algebra & Trigonometry or take MATH 120 during the first year (see catalog).

## **MAJOR REQUIREMENTS: 76 credits**

See catalog for admission criteria and complete degree requirements.

### **PHYSICAL EDUCATION CORE: 15 credits**

- PE 100: Foundations of Physical Education
- PE 101/HLSC 101: Health and Wellness: Trends and Issues
- PE 200: Applied Kinesiology
- PE 201/HLSC 201: Physiology of Exercise
- PE 460: Measurement and Evaluation in Physical Education

### **PHYSICAL EDUCATION COURSES: 36 credits**

#### **Skills and Techniques: (Year/Semester: F=Fall; S=Spring)**

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|---|---|
| <input type="checkbox"/> PE 260: Total Fitness and Conditioning (1/F) | <input type="checkbox"/> PE 261: Fitness Curriculum for K-12 Learners (3/F) |
| <input type="checkbox"/> PE 288: Soccer/Speedball (1/F)               | <input type="checkbox"/> PE 265: Secondary Activities (3/F)                 |
| <input type="checkbox"/> PE 278: Racquet Sports (1/S)                 | <input type="checkbox"/> PE 282: Track and Field (3/F)                      |
| <input type="checkbox"/> PE 286: Basketball (1/S)                     | <input type="checkbox"/> PE 287: Softball (3/F)                             |
| <input type="checkbox"/> PE 255: Developmental Movement (2/F)         | <input type="checkbox"/> PE 256: Rhythms (3/S)                              |
| <input type="checkbox"/> PE 283: Gymnastics (2/S)                     | <input type="checkbox"/> PE 268: Outdoor Skills (3/S)                       |
| <input type="checkbox"/> PE 285: Volleyball (2/S)                     |   |
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#### **See attached grid for proper sequencing of the following classes:**

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|--|--|
| <input type="checkbox"/> PE 240: Advanced First Aid          | <input type="checkbox"/> PE 362: Administration of Physical Education Programs |
| <input type="checkbox"/> PE 360: Teaching Physical Education | <input type="checkbox"/> PE 375: Practicum: Teaching-Elementary                |
| <input type="checkbox"/> PE 361: Adapted Physical Education  | <input type="checkbox"/> PE 376: Practicum: Teaching-Secondary                 |
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### **TEACHER EDUCATION COURSES: 25 credits**

See catalog for admission criteria and specific education program requirements.

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|---|--|
| <input type="checkbox"/> ESEC 100: Introduction to Teaching             | <input type="checkbox"/> ESEC 450: Seminar: Educational Principles |
| <input type="checkbox"/> ESEC 150: Dev. Exceptionality & Learning I     | <input type="checkbox"/> ESEC 465: Student Teaching: Elementary    |
| <input type="checkbox"/> ESEC 250: Dev., Exceptionality & Learning II   | <input type="checkbox"/> ESEC 465: Student Teaching: Secondary     |
| <input type="checkbox"/> ESEC 387: Creating Social Context for Learning |  |
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**ELECTIVES:** Select additional courses of your choice to bring total number of credits earned to 126.