

Name: _____

ID#: _____

GENERAL EDUCATION

ENGLISH LANGUAGE COMPETENCE:

- English 101-Essay Writing is required of all students.

Write in/check off courses:

ENG 101 _____

ARTS & HUMANITIES:

A minimum of **five** courses totaling at least **15** credits, as follows:

- One course in Literature

(Any 200- or 300-level English course except 202, 203, 204, 208, 301, 302, 303, 304, 308, 312; FR 303 and SP 303 may also be used to fulfill this requirement)

Four courses from Arts & Humanities, including:

- One course in History.
- One course in the Fine Arts (ART, FILM, MU or TAD).
- Two additional courses from Arts & Humanities:

AMST, ART, COMM, ENG, FILM, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (WS 201* or IDAH).

(COMM 171-Fundamentals of Speech is required for the major)

COMM 171 _____

SOCIAL SCIENCES:

A minimum of **four** courses totaling at least **12** credits in **three** or more of the Social Sciences disciplines: ANTH, ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary course (WS 201* or IDSS).

(PSYC 101-General Psychology is required for the major)

PSYC 101 _____

*WS 201 may be used once, to fulfill either an Arts & Humanities or a Social Sciences requirement.

SCIENCES/MATHEMATICS:

A minimum of **four** courses totaling at least **12** credits, as follows:

- One course in Biology.
- One course in Physical Science (ASTR, CHEM, GEOL, MET, PHYS)
- Two additional courses from Sciences/Mathematics:

ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS or an approved interdisciplinary courses (IDSM).

(BIO 230/231-Anatomy & Physiology I w/Lab, BIO 232/233-Anatomy & Physiology II w/Lab, and CHEM 103/107-Fundamentals of Chemistry w/Lab are required for the major)

BIO 230/231 _____

CHEM 103/107 _____

BIO 232/233 _____

MAJOR REQUIREMENTS: 53-56 credits

See catalog for admission criteria and full degree requirements.

HEALTH SCIENCE CORE: 29 credits

- HLSC 100: Drugs, Personal Health and Risk Assessment
- HLSC 101/PE 101: Health and Wellness: Trends and Issues
- HLSC 102: Introduction to Health Science
- HLSC 201/PE 201: Physiology of Exercise
- HLSC 318: Health and Wellness in the Life Cycle
- HSLC 380: Alcohol: Model of Chemical Dependency
- HSLC 385: Behavior Change Facilitation
- HLSC 401: Health Promotion Methods
- HSLC 402: Health Promotion Management
- HLSC 495: Seminar: Health Science
- MGT 101: Introduction to Management

SUBSTANCE ABUSE/ADDICTIONS OPTION REQUIREMENTS: 24-27 credits

- HLSC 214: Nutrition Fundamentals
- HLSC 439: Internship in Chemical Dependency (3-6 credits)
- HLSC 486: Assessment, Diagnosis, and Counseling
- HLSC 490: Advanced Special Topics in Chemical Dependency
- HLSC 490: Advanced Special Topics in Chemical Dependency
- HLSC 490: Advanced Special Topics in Chemical Dependency

Select an additional six credits in Substance Abuse/Addictions:

- HLSC : _____
- HLSC : _____

ELECTIVES: Select additional courses of your choice to bring total number of credits earned to 126.