

Name: _____ ID#: _____

GENERAL EDUCATION

ENGLISH LANGUAGE COMPETENCE:

- English 101-Essay Writing is required of all students.

Write in/check off courses:

ENG 101 _____

ARTS & HUMANITIES:

A minimum of **five** courses totaling at least **15** credits, as follows:

- One course in Literature

(Any 200- or 300-level English course except 202, 203, 204, 208, 301, 302, 303, 304, 308, 312; FR 303 and SP 303 may also be used to fulfill this requirement)

Four courses from Arts & Humanities, including:

- One course in History.
- One course in the Fine Arts (ART, FILM, MU or TAD).
- Two additional courses from Arts & Humanities:

AMST, ART, COMM, ENG, FILM, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (WS 201* or IDAH).

(COMM 171-Fundamentals of Speech is required for the major)

COMM 171 _____

SOCIAL SCIENCES:

A minimum of **four** courses totaling at least **12** credits in **three** or more of the Social Sciences disciplines: ANTH, ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary course (WS 201* or IDSS).

(PSYC 101-General Psychology is required for the major)

PSYC 101 _____

*WS 201 may be used once, to fulfill either an Arts & Humanities or a Social Sciences requirement.

SCIENCES/MATHEMATICS:

A minimum of **four** courses totaling at least **12** credits, as follows:

- One course in Biology.
- One course in Physical Science (ASTR, CHEM, GEOL, MET, PHYS)
- Two additional courses from Sciences/Mathematics:

ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS or an approved interdisciplinary courses (IDSM).

(BIO 230/231-Anatomy & Physiology I w/Lab, BIO 232/233-Anatomy & Physiology II w/Lab, CHEM 111/115-General Chemistry I w/Lab and CHEM 112/116-General Chemistry II w/Lab are required for the major.)

BIO 230/231 _____

CHEM 111/115 _____

BIO 232/233 _____

CHEM 112/116 _____

MAJOR REQUIREMENTS: 75 credits

See catalog for admission criteria and full degree requirements.

NOTE: COMM 171 and PSYC 101 are required for the major and apply toward General Education requirements. BIO 230/231, BIO 232/233, CHEM 111/115, and CHEM 112/116 are prerequisites for major requirements and may be used to fulfill General Education requirements.

HEALTH SCIENCE CORE: 29 credits

- HLSC 100: Drugs, Personal Health and Risk Assessment
- HLSC 101/PE 101: Health and Wellness: Trends and Issues
- HLSC 102: Introduction to Health Science
- HLSC 201/PE 201: Physiology of Exercise
- HLSC 318: Health and Wellness in the Life Cycle
- HSLC 380: Alcohol: Model of Chemical Dependency
- HSLC 385: Behavior Change Facilitation
- HLSC 401: Health Promotion Methods
- HSLC 402: Health Promotion Management
- HLSC 495: Seminar: Health Science
- MGT 101: Introduction to Management

NUTRITION REQUIREMENTS: 34 credits

- HLSC 150: Introduction to the Nutrition Profession
- HLSC 215: Nutrition Science and Application
- HLSC 216: Food and People Interaction
- HLSC 217: Applied Nutrition Science Lab
- HLSC 310: Food Science
- HLSC 313/315: Foodservice Management and Lab
- HLSC 319: Life Cycle Nutrition Lab
- HLSC 410: Experimental Foods
- HLSC 415: Nutritional Biochemistry
- HLSC 416/417: Medical Nutrition Therapy and Lab
- HLSC 419: Nutrition Research Lab
- HLSC 473: Practicum: Nutrition

ALLIED DISCIPLINES: 12 credits (Required for ADA certification.)

- BIO 153/154: Life: Processes and Lab
- BIO 315: General Microbiology
- CHEM 220/224: Fundamental Organic Chemistry and Lab

ELECTIVES: Select additional courses of your choice to bring total number of credits earned to 126.