

**KEENE STATE COLLEGE
BACHELOR OF SCIENCE
PHYSICAL EDUCATION
TEACHER CERTIFICATION OPTION**

It is the student's responsibility to follow the **official** requirements of the degree, found in the Keene State College catalog. This planning sheet is for advising purposes.

Name: _____ Student ID #: _____

Institution(s) Attended: _____ Credits: _____

I. GENERAL EDUCATION

A. English Language Competence: ENG 101 is required of all students.

ENG 101: _____

B. Arts & Humanities: A minimum of five (5) courses totaling at least 15 credits as follows:

Literature: _____

One course in literature, which may be any 200 or 300-level English course except 202, 203, 204, 208, 301, 302, 303, 304, 308, 312. French 303 and Spanish 303 may also be used to fulfill this requirement.

US History: _____ ART, FILM, MU or TAD: _____

Two courses from the Arts & Humanities disciplines: AMST, ART, COMM, FILM, ENG, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (WS 201* or IDAH).

C. Social Sciences: A minimum of four (4) courses totaling at least 12 credits in **three (3)** or more of the Social Science disciplines: ECON, GEOG, POSC, PSYC, SOC. One course may be an approved interdisciplinary course (WS 201* or IDSS).

GEOG _____

D. Sciences/Math: A minimum of four (4) courses totaling at least 12 credits as follows: One (1) course in BIOLOGY. One (1) course in a PHYSICAL SCIENCE (ASTR, CHEM, GEOL, MET, PHYS). One of the science courses must include a lab. Two courses from Sciences/Math disciplines: ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS or an approved interdisciplinary course (designated IDSM*).

#BIO 230/231 Human A&P I/Lab _____ 3/1 _____ CHEM 100 Intro to Chemistry _____ 3_

#BIO 232/233 Human A&P II/Lab _____ 3/1 _____ ## _____

*WS 201 may be used only once, either to fulfill an Arts & Humanities or Social Sciences General Education requirement. You are encouraged to complete at least one interdisciplinary course.

#Prerequisites for major coursework, and may be used for General Education.

All students majoring in Physical Education must demonstrate math competency at the level of Intermediate Algebra and Trigonometry or take MATH 120 during the freshman year (see catalog).

II. MAJOR REQUIREMENTS

Note: Minimum Grade Point Average Requirements

- Teacher Education Core: 2.50, Minimum grade of C in each course
- Physical Education Major: 2.50, Minimum grade of C in each course
- Cumulative GPA: 2.50

PHYSICAL EDUCATION CORE COURSES

(15 credits)

PE 100: Foundations of Physical Educ.	_____	<u>3</u>
PE 101/HLSC 101: Health & Wellness	_____	<u>3</u>
PE 200: Applied Kinesiology	_____	<u>3</u>
PE 201: Physiology of Exercise	_____	<u>3</u>
PE 460: Measurement & Eval. in PE	_____	<u>3</u>

PHYSICAL EDUCATION TEACHER ED. COURSES

(18 credits)

PE 240: Advanced First Aid	_____	<u>3</u>
PE 360: Teaching Physical Education	_____	<u>3</u>
PE 361: Adapted Physical Education	_____	<u>3</u>
PE 362: Administration of PE Programs	_____	<u>3</u>
PE 375: Practicum: Teaching Elementary	_____	<u>3</u>
PE 376: Practicum: Teaching Secondary	_____	<u>3</u>

SKILLS & TECHNIQUES: (16 credits) The following major skills courses must be taken in sequence as follows:

PE 260: Total Fitness	(F:Fr)	_____	<u>2</u>	PE 285: Volleyball	(S:So)	_____	<u>1</u>
PE 288: Soccer/Speedball	(F:Fr)	_____	<u>1</u>	PE 265: Secondary Activities	(F:Jr)	_____	<u>1</u>
PE 278: Racquet Sports	(S:Fr)	_____	<u>2</u>	PE 282: Track & Field	(F:Jr)	_____	<u>1</u>
PE 286: Basketball	(S:Fr)	_____	<u>1</u>	PE 287: Softball	(F:Jr)	_____	<u>1</u>
PE 255: Developmental Mvt.	(F:So)	_____	<u>2</u>	PE 256: Rhythms	(S:Jr)	_____	<u>1</u>
PE 283: Gymnastics	(S:So)	_____	<u>2</u>	PE 268: Outdoor Skills	(S:Jr)	_____	<u>1</u>

ADMISSION TO PHYSICAL EDUCATION/TEACHER CERTIFICATION OPTION: The application process for admission to the Physical Education/Teacher Certification Option begins fall semester of the freshman year. The review of applicants and the official notification of the results of this review would occur at the end of the freshman year. Students applying must have completed a minimum of two courses from the PE Core and 4 credits of PE Major skills courses. For transfer students, the process may occur after one semester of attendance which must include a minimum of one course from the PE Core and 2 credits of PE Major skills courses. Complete information about this application process can be obtained from the PE Department Office. Admission to the Physical Education/Teacher Certification Option precedes the application for admission to Teacher Education.

ADMISSION CRITERIA FOR TEACHER EDUCATION: Refer to the KSC Catalog (Teacher Education Programs section) for guidelines regarding admission to Teacher Education and eligibility for Student Teaching. Students may not take ESEC 320 unless accepted to Teacher Education.

TEACHER EDUCATION CORE (28 credits)

ESEC 100: Introduction to Teaching	_____	<u>1</u>	*Courses designated with an asterisk require a minimum of one to three hours of field work in the schools or service learning.
*ESEC 150: Development, Exceptionality, & Learning I	_____	<u>3</u>	
*ESEC 250: Development, Exceptionality, & Learning II	_____	<u>3</u>	**Taken concurrently with Student Teaching. •Admission to Teacher Ed required for these courses.
• ESEC 320: Educational Environments/Practices	_____	<u>3</u>	
• ESEC 387: Creating Social Contexts for Learning	_____	<u>3</u>	
•**ESEC 450: Seminar: Educational Principles	_____	<u>3</u>	
• ESEC 465: Student Teaching (elementary)	_____	<u>6</u>	
• ESEC 465: Student Teaching (secondary)	_____	<u>6</u>	

III. ELECTIVES (usually 5 credits)

The student will select other courses to bring his/her total to at least 126 credits. **Consider recommended electives below:** PE 150-155: Aquatics, PE 161:Strength Training, PE 162:Tension Control, PE 177:Golf (Fall), PE 181:Tennis(Fall), PE 210:Introduction to Coaching, PE 243: Resistance Training, PE 371:Coaching Practicum

Recommended Electives that may apply toward certification in health at another college: courses in chemical dependency, human sexuality, nutrition.

NOTE: If you wish to use transferred courses toward major/minor requirements, you must use the Course Substitution process. Contact your Faculty Advisor or the Academic & Career Advising Center for more information. 6/27/02