

**KEENE STATE COLLEGE
BACHELOR OF SCIENCE
HEALTH SCIENCE
SUBSTANCE ABUSE/ADDICTIONS OPTION**

It is the student's responsibility to follow the official requirements of the degree, found in the Keene State College catalog. This planning sheet is for advising purposes.

Name: _____ Student I.D.#: _____

Institution(s) Attended: _____ Credits: _____

Update: _____

I. **GENERAL EDUCATION** 46 credits

A. **English Language Competence:** ENG 101 is required of all students.

ENG 101: _____

B. **Arts & Humanities:** A minimum of five courses totaling at least 15 credits as follows:

One course in Literature _____
 One course in literature, which may be any 200 or 300-level English course except 202, 203, 204, 208, 301, 302, 303, 304, 308, 312. French 303 and Spanish 303 may also be used to fulfill this requirement.

HIST _____ ART, FILM, MU or TAD: _____

COMM 171 or 175 _____

One additional course from Arts & Humanities disciplines: AMST, ART, COMM, ENG, FILM, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (WS 201* or an IDAH course).

C. **Social Sciences:** A minimum of four courses totaling at least 12 credits in **three** or more of the Social Science disciplines: ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary Course (WS 201* or an IDSS course).

PSYC 101: General Psychology _____

D. **Sciences/Math:** A minimum of four courses totaling at least 16 credits as follows: One course in BIOLOGY. One course in a PHYSICAL SCIENCE (ASTR, CHEM, GEOL, MET, PHYS). Two courses from Sciences/Math disciplines: ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS or an interdisciplinary course (IDSM).

BIO 230/231: Human Anatomy & Physiol. I ____ _4_ CHEM 103/107: Survey of Chemistry/lab ____ _4_

BIO 232/233: Human Anatomy & Physiol. II ____ _4_ _____ ____ _3_

*WS 201 may be used only once, to fulfill either an Arts & Humanities or Social Sciences General Education requirement.

II. MAJOR REQUIREMENTS 53-56 credits

The application process takes place during the spring semester. Each student should take the courses marked with an asterisk during the first two semesters. Admissions Criteria: **Overall GPA of 2.5, Major GPA of 2.5 and C or better** in those courses marked.

A. HEALTH SCIENCE CORE 29 credits

*HLSC 100: Drugs, Personal Health & Risk Management	___	1
*HLSC 101/PE 101: Health and Wellness Trends & Issues	___	3
*HLSC 102: Introduction To Health Science	___	1
HLSC 201/PE 201: Physiology of Exercise	___	3
HLSC 318: Health and Wellness in the Life Cycle	___	3
HLSC 380: Alcohol: Model of Chemical Dependency	___	3
HLSC 385: Behavior Change Facilitation	___	3
HLSC 401: Health Promotion Methods	___	3
HLSC 402: Health Promotion Management	___	3
HLSC 495: Seminar: Health Science	___	3
MGT 101: Introduction to Management	___	3

B. SUBSTANCE ABUSE/ADDICTIONS COURSES 24 CREDITS

HLSC 214: Fundamentals of Nutrition	___	3
HLSC 439: Internship in Chemical Dependency	___	3-6
HLSC 486: Assessment, Diagnosis and Counseling	___	3
HLSC 490: Advanced Special Topics/Treatment	___	3
HLSC 490: Advanced Special Topics/Prevention	___	3
HLSC 490: Advanced Special Topics/Prevention	___	3
<u>An Additional Six Credits in Substance Abuse/Additions</u>		
HLSC : _____	___	3
HLSC : _____	___	3

III. ELECTIVES: minimum 28-31 credits

Pick additional courses of your choice to bring your total number of credits earned to 126.

If you wish to use transferred courses toward major/minor requirements you must use the course substitution process. Contact the Academic and Career Advising Center for more information.