

**KEENE STATE COLLEGE  
BACHELOR OF SCIENCE IN  
HEALTH SCIENCE  
NUTRITION OPTION**

It is the student's responsibility to follow the official requirements of the degree, found in the Keene State College catalog. This planning sheet is for advising purposes.

Name: \_\_\_\_\_ Student I.D.#: \_\_\_\_\_

Institution(s)  
Attended: \_\_\_\_\_ Credits: \_\_\_\_\_

Update: \_\_\_\_\_

I. **GENERAL EDUCATION** 46 credits

A. **English Language Competence:** ENG 101 is required of all students.

ENG 101: \_\_\_\_\_

B. **Arts & Humanities:** A minimum of five courses totaling at least 15 credits as follows:

One course in Literature \_\_\_\_\_

One course in literature, which may be any 200 or 300-level English course except 202, 203, 204, 208, 301, 302, 303, 304, 308, 312. French 303 and Spanish 303 may also be used to fulfill this requirement.

HIST \_\_\_\_\_ ART, FILM, MU OR TAD \_\_\_\_\_

COMM 171 \_\_\_\_\_

One additional course from Arts & Humanities disciplines: AMST, ART, COMM, ENG, FILM, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (WS 201\* or an IDAH course).

\_\_\_\_\_

C. **Social Sciences:** A minimum of four courses totaling at least 12 credits in **three** or more of Social Science disciplines: ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary Course (WS 201\* or an IDSS course).

PSYC 101: General Psychology \_\_\_\_\_

\_\_\_\_\_

D. **Sciences/Math:** A minimum of four courses totaling at least 16 credits as follows:

BIO 230/231: Human Anatomy & Physiol. I /lab \_\_\_\_\_ 4\_ CHEM 111/115: General Chem I/lab \_\_\_\_\_ 4\_

BIO 232/233: Human Anatomy & Physiol. II/lab \_\_\_\_\_ 4\_ CHEM 112/116: General Chem II/lab \_\_\_\_\_ 4\_

\*WS 201 may be used only once, to fulfill either an Arts & Humanities or Social Sciences General Education requirement.

## II. **MAJOR REQUIREMENTS** 63-75 credits

The application process takes place in the spring semester for freshmen and transfers. Courses marked with an asterisk should be taken the first two semesters. Admission Criteria:

**overall GPA of 2.7 or higher, Major GPA of 2.7 or higher, and C or better in those courses marked.**

### A. **HEALTH SCIENCE CORE** 29 CREDITS

*HLSC 100: Drugs, Personal Health & Risk Assessment	___	1
*HLSC 101/PE 101: Health and Wellness Trends and Issues	___	3
*HLSC 102; Introduction to Health Science	___	1
HLSC 201/PE 201:Physiology of Exercise	___	3
HLSC 318: Health and Wellness in the Life Cycle	___	3
HLSC 380: Alcohol Model of Chemical Dependency	___	3
HLAS 385: Behavior Change Facilitation	___	3
HLSC 401: Health Promotion Methods	___	3
HLSC 402: Health Promotion Management	___	3
HLSC 495: Seminar: Health Science	___	3
MGT 101: Introduction to Management	___	3

### B. **NUTRITION COURSES** 34 CREDITS

HLSC 150: Introduction to the Nutrition Profession	___	1
HLSC 215: Nutrition Science and Application	___	3
HLSC 216: Food & People Interaction	___	3
HLSC 217: Applied Nutrition Science Lab	___	1
HLSC 310: Food Science	___	4
HLSC 313/315: Foodservice Management/lab	___	5
HLSC 319: Life Cycle Nutrition Lab	___	1
HLSC 410: Experimental Foods	___	4
HLSC 415: Nutritional Biochemistry	___	3
HLSC 416/417: Medical Nutrition Therapy/Lab	___	5
HLSC 419: Nutrition Research Lab	___	1
HLSC 473: Practicum: Nutrition	___	3

### B. **ALLIED DISCIPLINES:** (Required for ADA certification 12 credits)

BIO 153/154: Life: Processes/lab	___	<u>4</u>
BIO 315: General Microbiology	___	<u>4</u>
CHEM 220/224: Organic Chemistry and Lab	___	<u>4</u>

### III. **ELECTIVES:** minimum 5 crs.

Pick additional courses of your choice to bring your total number of credits earned to 126.

If you wish to use transferred courses toward major/minor requirements you must use the course substitution process. Contact the Academic and Career Advising Center for more information.

10/2/02