

**KEENE STATE COLLEGE  
BACHELOR OF SCIENCE  
HEALTH SCIENCE  
SUBSTANCE ABUSE/ADDICTIONS OPTION**

It is the student's responsibility to follow the official requirements of the degree, found in the Keene State College catalog. This planning sheet is for advising purposes.

Name: \_\_\_\_\_ Student I.D.#: \_\_\_\_\_

Institution(s) Attended: \_\_\_\_\_ Credits: \_\_\_\_\_

Update: \_\_\_\_\_

I. **GENERAL EDUCATION** 45 credits

A. **English Language Competence:** ENG 101 is required of all students.

ENG 101: \_\_\_\_\_

B. **Arts & Humanities:** A minimum of five courses totaling at least 15 credits as follows:

One course in Literature \_\_\_\_\_

Any English course other than Eng 101, 202, 203, 204, 208, 301, 302, 303, 304, 308, 312.

FR, GER or SP 498 are acceptable when topics focus on French, German or Spanish literature.

HIST \_\_\_\_\_ COMM 171 OR 175: \_\_\_\_\_

Two courses from Arts & Humanities disciplines: AMST, ART, COMM, ENG, FILM, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (WS 201 or an IDAH course).

C. **Social Sciences:** A minimum of four courses totaling at least 12 credits in **three** or more of the Social Science disciplines: ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary Course (WS 201 or an IDSS course).

PSYC 101: General Psychology \_\_\_\_\_:

D. **Sciences/Math:** A minimum of four courses totaling at least 15 credits as follows: One course in BIOLOGY. One course in a PHYSICAL SCIENCE (ASTR, CHEM, GEOL, MET, PHYS). Two courses from Sciences/Math disciplines: ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS or an interdisciplinary course (IDSM).

BIO 230/231: Human Anatomy & Physiol. I \_\_\_\_ \_4\_ CHEM 103/107: Survey of Chemistry/lab \_\_\_\_ \_4\_

BIO 232/233: Human Anatomy & Physiol. II \_\_\_\_ \_4\_ \_\_\_\_\_ \_\_\_\_ \_3\_

\*WS 201 may be used only once, to fulfill either an Arts & Humanities or Social Sciences General Education requirement.

## II. **MAJOR REQUIREMENTS** 44-47 credits

The application process takes place during the spring semester. Each student should take the courses marked with an asterisk during the first two semesters. Admissions Criteria: **Overall GPA of 2.5, Major GPA of 2.5 and C or better** in those courses marked.

### A. **HEALTH SCIENCE CORE** 29 credits

*HLSC 100: Drugs, Personal Health & Risk Management	___	1
*HLSC 101/PE 101: Health and Wellness Trends & Issues	___	3
*HLSC 102: Introduction To Health Science	___	1
HLSC 201/PE 201: Physiology of Exercise	___	3
HLSC 215: Nutrition Science and Application	___	3
HLSC 301: Behavior Change Facilitation	___	3
HLSC 318: Health and Wellness in the Life Cycle	___	3
HLSC 380: Alcohol: Model of Chemical Dependency	___	3
HLSC 401: Health Promotion Methods	___	3
HLSC 402: Health Promotion Management	___	3
HLSC 495: Seminar: Health Science	___	3

### B. **SUBSTANCE ABUSE/ADDICTIONS COURSES** 18 CREDITS

HLSC 439: Internship in Chemical Dependency	___	3-6
HLSC 486: Assessment, Diagnosis and Counseling	___	3
HLSC 490: Advanced Special Topics/Treatment	___	3
HLSC 490: Advanced Special Topics/Prevention	___	3
<b><u>An Additional Six Credits in Chemical Dependency</u></b>		
HLSC : _____	___	3
HLSC : _____	___	3

### III. **ELECTIVES:** minimum 37 credits

Pick additional courses of your choice to bring your total number of credits earned to 126.

If you wish to use transferred courses toward major/minor requirements you must use the course substitution process. Contact the Academic and Career Advising Center for more information.

04/18/02