

**KEENE STATE COLLEGE
BACHELOR OF SCIENCE IN PHYSICAL EDUCATION
ATHLETIC TRAINING OPTION**

It is the student's responsibility to follow the **official** requirements of their degree, which are found in the Keene State College catalog. This planning sheet is for advising purposes.

Name: _____ Student ID # _____

Institution(s) Attended: _____

Initial Credits: _____ Update: _____ Total: _____

I. **GENERAL EDUCATION** 42 Credits

A. **English Language Competence**: ENG 101 is required of all students.

ENG 101: _____

B. **Arts & Humanities**: A minimum of five (5) courses totaling at least 15 credits as follows:

One course in Literature: _____
Any English course other than 101, 202, 203, 204, 205, 301, 302, 303, 310, 311, 382. FR 340, or FR, GER, or SP 498 are acceptable when topics focus on FR, GER or SP literature.

HIST: _____ ART, COMM, FILM, MU, or TAD: _____

Two courses from the Arts & Humanities disciplines: AMST, ART, COMM, FILM, ENG, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (designated IDAH).

C. **Social Sciences**: A minimum of four (4) courses totaling at least 12 credits in **three** or more of the Social Science disciplines: ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary course (designated IDSS).

#PSYC 101: General Psychology _____

D. **Sciences/Math**: A minimum of four courses totaling at least 12 credits as follows: One course in BIOLOGY. One course in a PHYSICAL SCIENCE (ASTR, CHEM, GEOL, MET, PHYS). Two (2) courses from Sciences/Math disciplines: ASTR, BIO, CHEM, CS, ENST, GEOL, MATH, MET, PHYS or an approved interdisciplinary course (designated IDSM).

#BIO 230/231: A. & P. I/Lab _____ 3/1 #CHEM 103/107: Fund. of Chemistry/Lab _____ 3/1

#BIO 232/233: A. & P. II/Lab _____ 3/1 ## _____

#Prerequisite for major coursework or required for the Athletic Training Option, and may be used for General Education

##All students majoring in Physical Education must demonstrate math competency at the level of Intermediate Algebra and Trigonometry or take Math 120 during the freshman year (see catalog pg.47)

ADMISSION CRITERIA FOR THE ATHLETIC TRAINING OPTION: See 2000-2001 keene state college catalog for complete information regarding the admissions procedure, minimum grade point average, etc.

II. MAJOR REQUIREMENTS

PHYSICAL EDUCATION CORE COURSES 15 Credits

PE 100: Foundations of Physical Education	___	<u>3</u>
PE 101: Health Science	___	<u>3</u>
PE 200: Applied Kinesiology	___	<u>3</u>
PE 201: Physiology of Exercise	___	<u>3</u>
PE 460: Meas. & Eval. in PE	___	<u>3</u>

ATHLETIC TRAINING OPTION 47 Credits

PE 140: Orientation to Athletic Training	___	<u>1</u>	PE 383: Internship: Athletic Training	___	<u>6</u>
PE 240: Advanced First Aid	___	<u>3</u>	PE 440: Athletic Training II	___	<u>3</u>
PE 241: Mechanics of Taping Techniques	___	<u>1</u>	PE 441: Athletic Training III	___	<u>3</u>
PE 242: Clinical Range of Motion	___	<u>1</u>	PE 443: Administration of Athletic Training	___	<u>3</u>
PE 243: Resistance Training Programs	___	<u>1</u>	PE 473: Adv. Practicum: Athletic Training	___	<u>3</u>
PE 244: Clinical Exercise Therapy	___	<u>2</u>	PE 483: Adv. Internship: Athletic Training	___	<u>6</u>
PE 245: Manual Muscle Function Testing	___	<u>1</u>	PE 493: Externship: Athletic Training	___	<u>3</u>
PE 340: Athletic Training I	___	<u>3</u>	HLSC 215: Nutrition Science & Application	___	<u>3</u>
PE 342: Therapeutic Modalities	___	<u>3</u>			
PE 373: Practicum: Athletic Training	___	<u>3</u>			

III. ELECTIVES

The student will select other courses to bring his/her total to at least 126 Credits.

If you wish to use transferred courses toward major/minor requirements, you must use the Course Substitution Process. Contact your Faculty Advisor or the Academic & Career Advising Center for more information.

NOTE: The Application Process for Admission to the Athletic Training Option begins the first week of fall semester for freshmen and transfers. All students applying to the program must register for PE 140, Orientation to Athletic Training. Review of applicants and official notification of the results of this review occurs during the spring semester. When a student is not accepted, a consultation will be scheduled with one or more members of the Admissions Committee. During the conference, the student will be notified of any areas of deficiency which need to be addressed. The student will be eligible to reapply for admission during the next year's admission period.