

**KEENE STATE COLLEGE
BACHELOR OF SCIENCE IN HEALTH SCIENCE
SUBSTANCE ABUSE/ADDICTIONS OPTION**

It is the student's responsibility to follow the official requirements of the degree, found in the Keene State College catalog. This planning sheet is for advising purposes.

Name: _____ Student I.D.#: _____

Institution(s) Attended: _____ Credits: _____

Update: _____

I. **GENERAL EDUCATION** 46 credits

A. **English Language Competence:** ENG 101 is required of all students.

ENG 101: _____

B. **Arts & Humanities:** A minimum of five courses totaling at least 15 credits as follows:

One course in Literature _____

Any English course other than Eng 101, 202, 203, 204, 205, 301, 302, 303, 310, 311, 382.

FR 340 or FR, GER or SP 498 are acceptable when topics focus on French, German or Spanish literature.

HIST _____ COMM 171 OR 175: _____

Two courses from Arts & Humanities disciplines: AMST, ART, COMM, ENG, FILM, FR, GER, HIST, JRN, ML, MU, PHIL, SP, TAD or an approved interdisciplinary course (designated IDAH).

C. **Social Sciences:** A minimum of four courses totaling at least 12 credits in **three** or more of the Social Science disciplines: ECON, GEOG, POSC, PSYC, SOC or an approved interdisciplinary Course (designated IDSS).

PSYC 101: General Psychology _____:

D. **Sciences/Math:** A minimum of four courses totaling at least 16 credits as follows:

BIO 230/231: Human Anatomy & Physiol. I ____ _4_ CHEM 103/107: Fund of Chem/lab ____ _4_

BIO 232/233: Human Anatomy & Physiol. II ____ _4_ - _____ ____ _4_

II. MAJOR REQUIREMENTS 44-47 credits

The application process takes place during the spring semester. Each student should take the courses marked w/a * during the first two semesters. **Overall GPA of 2.5, Major GPA of 2.5 and "C" or better** in those courses is required..

A. HEALTH SCIENCE CORE 29 credits

| | | |
|---|-----|---|
| *HLSC 100: Drugs, Personal Health & Risk Management | ___ | 1 |
| *HLSC 101/PE 101: Health and Wellness Trends & Issues | ___ | 3 |
| *HLSC 102: Introduction To Health Science | ___ | 1 |
| HLSC 201/PE 201: Physiology of Exercise | ___ | 3 |
| HLSC 215: Nutrition Science and Application | ___ | 3 |
| HLSC 301: Behavior Change Facilitation | ___ | 3 |
| HLSC 318: Health and Wellness in the Life Cycle | ___ | 3 |
| HLSC 380: Alcohol: Model of Chemical Dependency | ___ | 3 |
| HLSC 401: Health Promotion Methods | ___ | 3 |
| HLSC 402: Health Promotion Management | ___ | 3 |
| HLSC 495: Seminar: Health Science | ___ | 3 |

B. SUBSTANCE ABUSE/ADDICTIONS COURSES 15 - 18 CREDITS

| | | |
|---|-------------|---------|
| HLSC 439: Internship in Chemical Dependency | ___ | 3 to 6 |
| HLSC 486: Assessment, Diagnosis and Counseling | ___ | 3 |
| HLSC 490: Advanced Special Topics (Topics must be selected from Substance Abuse/ Addictions and Chemical Dependency offerings.) | ___ ___ ___ | 3, 3, 3 |

III. ELECTIVES: minimum 37 credits

Pick additional courses of your choice to bring your total number of credits earned to 126.

If you wish to use transferred courses toward major/minor requirements you must use the course substitution process. Contact the Academic and Career Advising Center for more information.

